

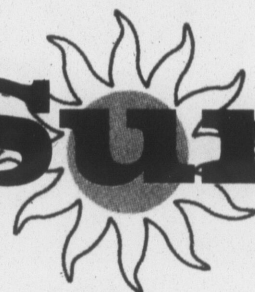


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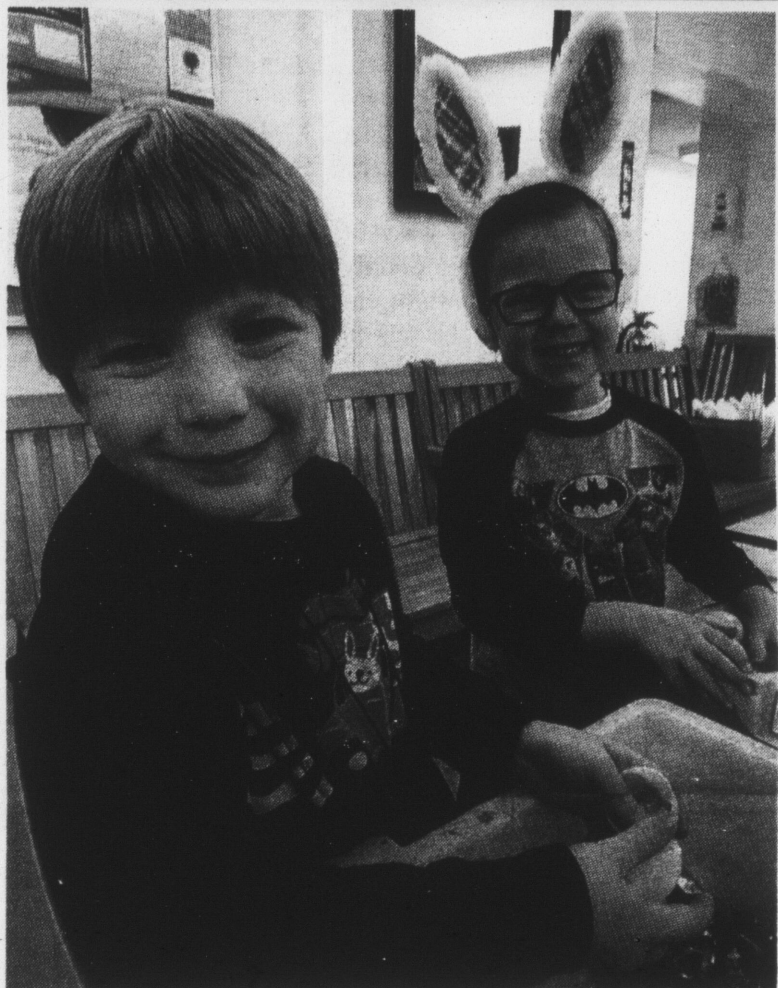


Historic Quincy's Hometown Weekly Newspaper Since 1968

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INTERFAITH SOCIAL SERVICES junior volunteers Forrest Sammons, left, of Quincy, and Oliver Doane, of Randolph, stuff plastic eggs with candy for Interfaith Social Services' annual Bunny Basket Program. More than 400 baskets will be distributed to the children of Interfaith's food pantry clients. Story, other photos on Page 17.

Photo Courtesy Interfaith Social Services

Downtown Items Review At Council Hearings

Public Will Have Chance To Comment On Proposals

By SCOTT JACKSON

The City Council will review plans for the Ross Lot area during a series of committee meetings throughout the month of April, and the public will also have a chance to comment on the proposals.

Earlier this month, Mayor Thomas Koch unveiled a proposed

land disposition agreement with FoxRock Properties, the company that is planning to construct a new medical office building, 140-room hotel and 110 units of workforce housing in the vicinity of the Ross Lot. Under the proposed LDA, FoxRock would pay the city \$4.25 million for about two acres of land

on the Ross Lot. The city would release the reverter clause it now holds on the former Quincy Medical Center site on Whitwell Street, where FoxRock is planning a residential development.

The medical office building, hotel and housing would be con-

Cont'd On Page 19

Quincy College Offering Dual-Enrollment Program

By SCOTT JACKSON

High school students looking to earn college credit can do so this summer at Quincy College, which will offer more than two dozen through a new dual-enrollment program.

Michael Bellotti, the school's president, touted the new Summer Bridge program during a recent interview. The program will cost \$100 a credit; courses at the college are generally \$265 per credit. There are no registration or admis-

sions fees, though textbooks are sold separately.

"We're going to be offering college-level courses to Quincy students and residents. It's going to be \$100 a credit. They will

Cont'd On Page 16

Development, Zoning Topics At Community Forum

By SCOTT JACKSON

Residents had the chance to hear from Quincy's planning and inspectional services directors during a town hall meeting to learn more about development in the city.

About 40 residents attended the meeting on March 20 inside the Wollaston Elementary School. Ward 3 Councillor Ian Cain orga-

nized the meeting, the first of several forums with department heads he has planned for this year.

"It just gives everyone a good opportunity to interact with different departments in the city that serve them on a regular basis," Cain said.

"I think, generally, especially in terms of development and planning and zoning codes, people

don't necessarily have the best idea of what takes place on a day-to-day basis in those departments and how they function, what the structures of those organizations look like and what they're doing on a daily basis to protect you and work for you. That's why I wanted to bring these guys here to start."

The next town hall meeting will take place at 7 p.m. on May

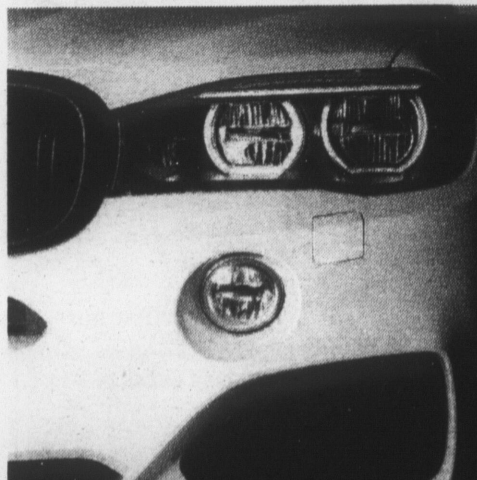
15, featuring David Murphy, the city's commissioner of natural resources, and Al Grazioso, the commissioner of public works. Chris Cassani, the director of the city's traffic and parking department, is slated to appear at September town hall meeting, and Colleen Healy, the chairwoman of the board of assessors, will be at a town hall meeting in November. The dates

for those two meetings have not been scheduled.

Planning Director Jim Fatseas and Inspectional Services Director Jay Duca spoke at the March 20 meeting.

Fatseas provided an overview of the Planning Board's site-plan review process during the meeting. The process, he explained, is

Cont'd On Page 20



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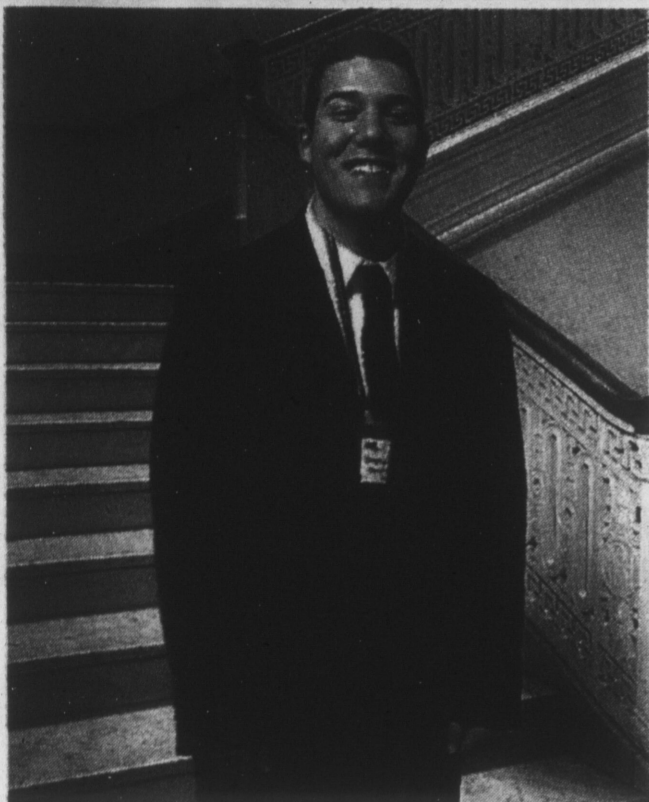
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School Emergency Buttons Installed - Page 2
Sanger Center Closing April 30 - Page 4
Keeping Your Home Healthy - Page 9

More Quincy news:
The Quincy Sun.com



STEPHEN HALLAHAN, a junior at Quincy High School, rehearsed and performed with the Massachusetts Music Educators All-State Music Festival Chorus in Boston on Feb. 28th, March 1st and 2nd. Hallahan was selected through state-wide auditions and performed a concert at Symphony Hall with high school students from across the state. He sings as a tenor in the Quincy High School Choir under the direction of teacher Timothy Carew and he serves as the Choir Council president.

Photo Courtesy Linda Johnson

Art Association Spring Classes

Quincy Art Association is offering spring 2019 classes for both adults and children at all levels.

Classes include beginner's drawing, watercolor, ink wash painting, oil and acrylic painting, portrait sculpture, photography, clay and more. Discounts given to members.

Registration is open. Classes begin the week of April 8. Visit the QCA website to register and enroll as member www.quincyartma.org or send check to Quincy Art Association, 26 High School Ave., Quincy, MA 02169. Forward questions to quincyartma@yahoo.com 617-770-2482.

School Emergency Call Buttons Installed

By TOM GORMAN

School teachers and staff who are unable to get to a phone to alert police to an emergency, now have alert buttons that provide a direct link to police headquarters.

As reported in last week's Quincy Sun, emergency call buttons have been installed in all the city's public school buildings. Each school has at least three buttons located strategically throughout the building.

The alert system was funded by a \$20,000 state Homeland Security Grant secured by the Quincy Police Department. School officials worked with Police Chief Paul Keenan and school safety and security Director Michael Draicchio in applying for the grant and installing the buttons.

According to a memorandum from Draicchio to school personnel, the buttons have been discretely placed in several loca-

tions in each school. When pushed, the button provides a direct alert to the Quincy police dispatch center.

"The intent of the emergency call buttons is to alert the Quincy Police Department to an extreme security issue at a school site when staff members are physically unable to call 9-1-1," Draicchio stated. "In the unlikely event that an emergency call button is activated, a follow-up call to 9-1-1 should be made as soon as possible to provide information to assist in the proper response from Quincy police and fire departments and emergency medical personnel."

The call buttons are part of the school department's plan to upgrade security measures in the city's schools. Remaining money from the grant will be used to upgrade the district's security cameras.

Quincy officials will be applying for a state Safer

Schools and Technology Grant, according to minutes from the school committee's Facilities, Security and Transportation Subcommittee March 13 meeting. This grant will go toward enhancing the district's security systems.

During the subcommittee meeting, Quincy School Supt. Dr. Richard DeCristofaro said funding provided by Mayor Thomas Koch will allow for the repair, replacement, and maintenance of existing security cameras as well as the installation of additional cameras to meet the "unique needs of our older buildings."

School systems throughout the nation, including Quincy, have ramped up security measures in recent years in the wake of school shootings. Shortly after the Newtown, Connecticut school shooting in 2012, Quincy implemented a security plan that includes

preventive measures and protocols.

Quincy officials have installed multiple cameras at each school where Quincy police can patch into if needed. Each high school has security officers who monitor camera feeds.

All exterior doors are locked during the school day and visitors are screened by staff through a video intercom at the front entrance before being allowed in. Additionally, every classroom door can be locked by teachers from the inside.

Lockdown drills are held and Quincy police routinely train for school violence situations. The district has a safety and security team — the largest in Norfolk County — that meets regularly.

Officials said the emergency call buttons provide another security measure for the city's schools. "It is the hope that these will never be used," Draicchio stated.

Historic Walk At Shipyard Area Saturday

In preparation for the 400th anniversary of Quincy's settlement in 2025, the Park Department's Environmental Treasures program will look back on how Quincy celebrated its 300th anniversary in 1925 with a free tour of the shipyard

area on Saturday, March 30 at 2 p.m.

Participants will walk part of the tour route described in the Historical Guide prepared for the celebration to see what was considered important back then and how things have

changed in the last 100 years. The tour will include a description of how Quincy granite was quarried to build King's Chapel.

The walk is co-sponsored by the Quincy Quarry and Granite Workers Museum.

Meet at the parking lot at the intersection of West Howard Street and Quincy Avenue (next to Hajjars Big and Tall). For more information and rain date rescheduling of the tours, call 617-472-0799.

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Croall Seeks Senior Citizen, Student Shoveling Program

By **SCOTT JACKSON**
City Council President Brad Croall wants school officials to explore a program that would allow high school students to earn community service credit by assisting senior citizens with snow removal.

Croall introduced a resolution March 18 asking the School Committee and school administrators to

examine the possibility of letting high schoolers earn community service credit by shoveling out senior citizens. The council approved the resolution in a unanimous vote.

Croall, who represents Ward 2 on the City Council, said he often fields phone calls from senior citizens who require assistance with snow removal.

"This quite honestly is hopefully an answer to a question I get somewhat... frequently during heavier times of snow. The question comes from senior citizens reaching out looking for assistance with snow removal," Croall said.

"It's always interesting as a ward councillor to get that inquiry and not nec-

Cont'd On Page 11

Planning Board Approves Main Street Project

By **SCOTT JACKSON**
The Planning Board approved a developer's plan to build a pair of duplexes on Main Street in Quincy Point, a project neighbors said could alter the fabric of their community.

Yimkun Yu has proposed tearing down the single-family home at 35 Main St., a 13,931-square foot lot in a Residential B zoning district in the neighborhood behind Point Webster Mid-

dle School, and replacing it with two two-unit buildings. The plan includes a total of 12 parking spaces, three for each unit.

The Planning Board approved the project during its meeting on March 13.

Brian Donahue, the project's architect, said the plans had been altered prior to the meeting to address neighbors' concerns about the look of the new buildings. The prior plan, he said,

included an asymmetric streetscape as an homage to the Adams birthplaces on Franklin Street.

"That doesn't seem to be something that was well received by the neighborhood, so we've gone to a little bit more traditional, symmetrical look on the front elevation," Donahue said.

The new buildings, he
Cont'd On Page 11



SOUTH COVE MANOR at Quincy Point Administrator Li Chen, Director of Recreation Tammy Chen, and CEO Bill Graves (left to right standing) assist Lawrence Donnelly in using the wheelchair lift on the rehabilitation community's new van. The 14-passenger van is equipped with a wheelchair lift. The van was greeted with applause by smiling rehabilitation patients, residents and staff. The purchase of the van was made possible through the generosity of an anonymous donor and will provide greater access for residents to engage in community life. "Having the ability to stay connected to the community is so important to all human beings - the fact that someone needs to reside at a nursing and rehabilitation center shouldn't restrict their options to engage in their larger community," said CEO Bill Graves.

Photo Courtesy South Cove Manor

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Ask the GEMOLOGIST

BY **JEFFREY M. BERTMAN**
GRADUATE GEMOLOGIST



EVENING'S GEM

Moonstones have mystical qualities that have been delighting designers and collectors for centuries. Both Tiffany and Lalique incorporated them into their custom jewelry, and they are still extremely popular with jewelers today. Moonstones are often referred to as having a misty glow and the appearance of motion similar to the moon itself enwreathed in evening veils of clouds. This is caused by light refracting through thin layers of feldspar, which makes up the internal structure of this gemstone. This is called "adularescence," and it can even create the appearance of a natural rainbow within the piece. Highly coveted in their blue hue, moonstones are

also found in yellow, gray, pink, peach, and cream.

Some say the shimmering, beautiful, moonstone is a stone for wishing and hoping, bringing flashes of insight. Throughout the ages, gemstones have held a fascination for man. Their mystery and allure go back as far as we can trace, to primitive days when stones were coveted as talismans or amulets to ward off evil. Today, they have a power all their own, the power to express feelings and emotions. Do you have something to say? We'll help you find your voice at Rogers Jewelry, 1402 Hancock St. in Quincy Center. PH: 617-773-3636.

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Moments in time

THE HISTORY CHANNEL

• On April 13, 1360, a hailstorm kills an estimated 1,000 of King Edward III's English soldiers in France. The heavy losses were seen as a sign from God, convincing King Edward to negotiate peace with the French.

• On April 10, 1866, the American Society for the Prevention of Cruelty to Animals (ASPCA) is founded in New York by philanthropist and diplomat Henry Bergh after he witnessed and later wrote about work horses beaten by their peasant drivers in Russia.

• On April 12, 1914, the Mark Strand Theatre opens to the public in New York City, the first of the "dream palaces," known for their impressive size and luxuriously appointed interiors. The Strand seated some 3,000 people.

• On April 11, 1945, the American Third Army liberates the Buchenwald concentration camp, near Weimar, Germany. Among those saved by the Americans was Elie Wiesel, who would go on to win the Nobel Peace Prize in 1986.

• On April 9, 1962, President John F. Kennedy throws out the ceremonial first pitch in Washington D.C.'s new stadium, called simply "D.C. Stadium." He continued a tradition that began in 1910 when President William Taft threw out Major League Baseball's first opening-day pitch in old Griffith Stadium.

• On April 8, 1974, Hank Aaron of the Atlanta Braves hits his 715th career home run, breaking Babe Ruth's legendary record of 714 homers. Aaron would hit 40 more home runs for a career total of 755.

• On April 14, 1986, the U.S. launches airstrikes against Libya in retaliation for its sponsorship of terrorism against American troops and citizens. The attacks were mounted by Navy attack jets in the Mediterranean and Air Force bombers from bases in England. France refused to allow the bombers to fly over its territory, forcing them to make a 3,000-mile detour.

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Sanger Center Closing April 30

Plan To Transition Clients To Interfaith Social Services

By SCOTT JACKSON

Interfaith Social Services is finalizing plans to assist the Esther R. Sanger Center for Compassion's clients with the latter set to close by the end of April.

The Sanger Center, which has provided assistance to those in need in Quincy and nearby communities for the past 40 years, is set to close April 30. Jeremy Scott, the chairman of its board of directors; the Rev. Herbert Newell, the executive director of the Friends of the Homeless of the South Shore; and David Wooster, the Sanger Center's program director, announced the closure in a letter to supporters on March 16.

They said the Sanger Center, which has been an affiliated subsidiary of the Friends of the Homeless of the South Shore since 2014, would be closing because of financial concerns.

Rick Doane, the executive director for Interfaith Social Services, said he spoke to Newell and Scott following the announcement. They are putting together a plan to transition the Sanger Center's clients over to ISS, Doane said.

"The plan is to transition a lot of them over to Interfaith," Doane said in a phone interview March 22. "We want to make sure these clients are able to access resources."

Wooster had said his agency serves about 2,200 clients, primarily in Quincy, Braintree, Weymouth, Hull and Holbrook. The Sanger Center runs a food pantry, with volunteers who deliver food to those unable to travel, and a 24-hour crisis hotline.

Doane said the goal is to serve the Sanger Center's clients at Interfaith Social Services' food pantry. Interfaith will not be able to provide delivery services, Doane said, because the organization would need to hire additional staff to oversee that aspect of the program.

"We don't have the band-

width to do home delivery," he said. "We don't have the capacity."

Doane said it was likely other food pantries located in Quincy would begin providing service to the Sanger Center's clients. He encouraged the Sanger Center's donors to support those food pantries, as well as Interfaith's.

"It's not just Interfaith that will be helping. Their clients will be going to all the food pantries throughout Quincy," Doane said. "All the pantries would welcome donations as we deal with the influx of clients."

"Esther Sanger 40 years ago reached out to people in need and the community rallied behind her," he added. "The need still exists and the community is still rallying. This is just a new challenge."

Esther Sanger began ministering to the homeless in 1979, serving food from a van and offering counseling through a 24-hour hotline. The center was established two years later. Wooster said he was grateful for the support the Quincy community gave the Sanger Center in the decades that followed.

"We really appreciate the support folks in Quincy have given over the years, both in terms of volunteers and donations," he said on March 20.

In their letter to supporters, Scott, Newell and Wooster, said the Sanger Center's cash reserves had been exhausted, leading to the decision to shut it down.

"Due to a lasting significant financial deficit, the ERSCE will be closing on April 30th," they wrote in the March 16 letter. "About 6 years ago the Sanger Center Board, with the help of an outside consultant, began a self-study and strategic planning process that resulted in the decision to move towards affiliating with another agency."

"The Esther R. Sanger Center for Compassion and Friends of the Homeless of the South Shore had partnered together in various

projects over the years and FHSS was an obvious option. The purpose was to strengthen both agencies, reduce administrative costs and improve both fundraising and service capacity. In 2014, the Sanger Center became an affiliated subsidiary of Friends of the Homeless of the South Shore and Rev. Herb Newell became executive director of both agencies. This transition has progressed over the last few years. By 2016, all ERSCE programs were being staffed by FHSS employees (former ERSCE employees) and one board was governing both agencies.

"Throughout this duration, however, the financial situation did not improve and cash reserves have been exhausted, leading to this very difficult decision by the board of directors."

The organizations were working to determine who will serve the Sanger Center's clients after it closes at the end of April, they said.

"Is there anything we can do? What about those who are being served?" Scott, Newell and Wooster wrote. "These are good questions. The staff is working diligently to do the best that they can to connect clients with other resources."

"We are glad that there are many other resources available now in the city of Quincy and beyond. Even so, there is still work to do and holes to fill. ERSCE as it currently exists is not able to continue. It is our deep prayer and concern that the gaps that are created can

be filled by other passionate organizations, churches, and individuals in the days to come."

The three officials said they are grateful for the support the organization has received from the community.

"When the compassion of Esther Sanger first began making itself known in the streets of Quincy back in 1979, there were few services available to those in need," they wrote. "So many of you know the countless hours, individuals, companies, and donations that have gone in and through the efforts of the Quincy Crisis Center, food distribution, the Mary Martha Learning Center, the hot lunch program, Home with Friends, the crisis hotline, and many other related efforts to provide services and resources while advancing a culture of compassion."

"We are grateful that in these last 40 years, so many thousands of people have given and volunteered. We are grateful for churches, institutions, and other organizations who have set aside resources and time to come alongside the effort. We are grateful for the dozens of staff members who have worked for less to be able to give more. While it is clear that this end is necessary, we want to celebrate the faithfulness of God and people."

A closing service of celebration for the Sanger Center will be held Sunday, April 28, at 3 p.m. inside the Wollaston Church of the Nazarene.

Free Legal Clinic April 2

The Bar Association of Norfolk County will sponsor a free legal clinic at Quincy District Court Tuesday, April 2 from 6 to 8 p.m.

A panel of attorneys experienced in all areas of the law will be available for a one-on-one consultation with you to discuss legal questions. All consultations are confidential.

For those who wish to telephone, rather than visit the clinics, the Bar Association will assist you with

a free referral by calling 617-471-9693. You will be referred to an attorney who specializes in your legal matter. The referral service is a full fee paid service covering personal injury, automobile accidents, estates/wills, criminal, consumer, real estate and more.

For more information, contact Adrienne Clarke, Bar Association of Norfolk County at 617-471-9693 or admin@norfolkbarassn.org.

Social Security Alerts Public About Telephone Impersonation Scheme

The Social Security Administration (SSA) and its Office of the Inspector General (OIG) launched a joint Public Service Announcement (PSA) campaign addressing a nationwide telephone impersonation scheme.

Social Security and the OIG continue to receive reports from across the country about fraudulent phone calls from people falsely

claiming to be Social Security employees. Calls can even "spoof" Social Security's national customer service number as the incoming number on the caller ID. The new PSAs will air on TV and radio stations across the country to alert the public to remain vigilant against potential fraud.

"We urge you to always be cautious and to avoid providing sensitive information

such as your Social Security number or bank account information to unknown people over the phone or Internet," said Nancy A. Berryhill, Acting Commissioner of Social Security. "If you receive a call and are not expecting one, you must be extra careful - you can always get the caller's information, hang up, and contact the official phone number of the business or

agency the caller claims to represent. Do not reveal personal data to a stranger who calls you."

Social Security employees do occasionally contact people - generally those who have ongoing business with the agency - by telephone for business purposes. However, Social Security employees will never threaten a person or promise a Social Security benefit approval,

or increase, in exchange for information. In those cases, the call is fraudulent and people should not engage with the caller. If a person receives these calls, he, or she should report the information to the OIG Fraud Hotline at 1-800-269-0271 or online at <https://oig.ssa.gov/report>.

"These calls appear to be happening across the country, so we appreciate SSA's partnership in this national

public outreach effort," said Gail S. Ennis, the Inspector General for the Social Security Administration. "Our message to the public is simply this: If you or someone you know receives a questionable call claiming to be from SSA or the OIG, just hang up."

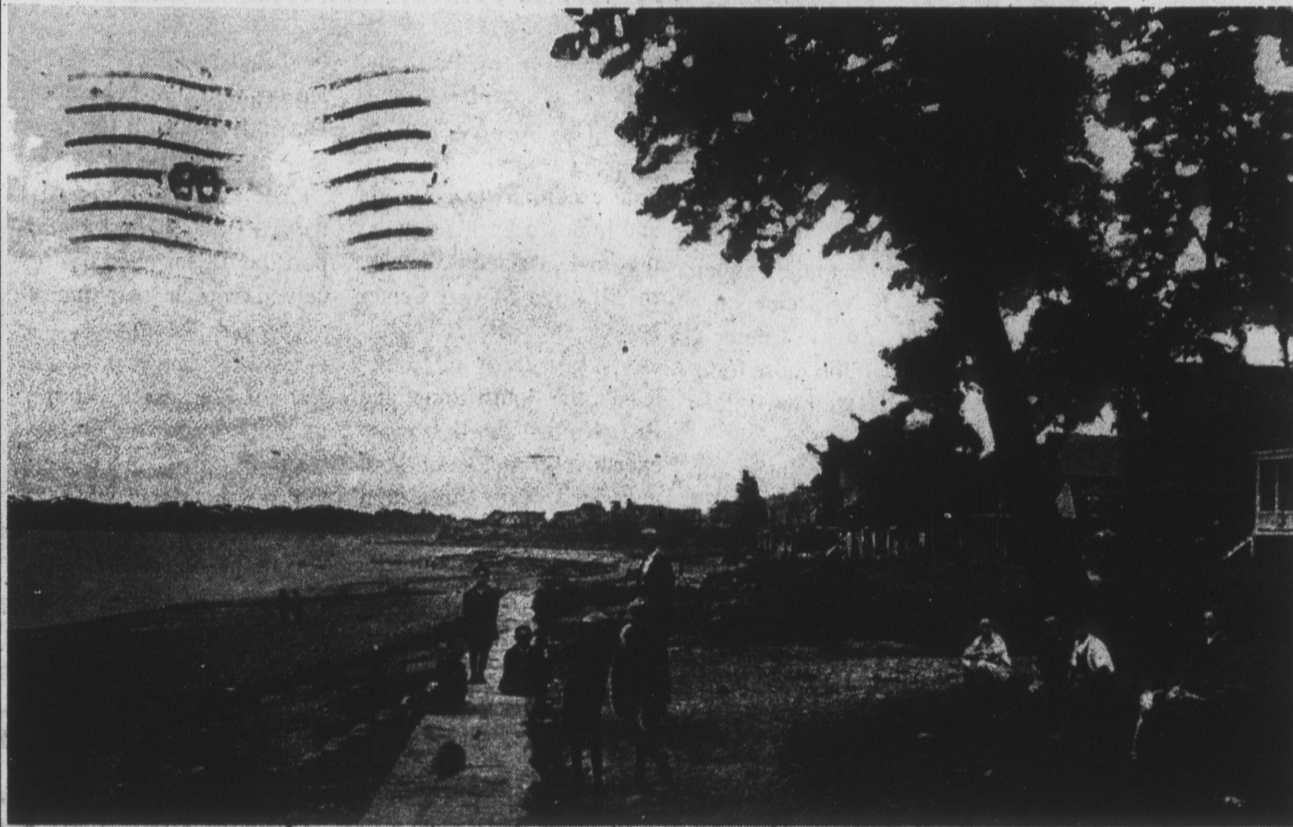
The new PSA addressing the telephone impersonation scheme is available online at www.youtube.com/socialsecurity.

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Scenes From Yesterday



THIS 1926 POSTCARD is a view of Manet Beach on the south shore of Houghs Neck looking west towards the Fore River. The area in the right foreground runs up today's Edgewater Drive that was known then as River

Road. The old granite seawall was an early attempt to control storms that often wreaked havoc along this shoreline.

From the Postcard Collection of Tom Galvin

Providers Should Call The Shots In Mental Health Care, Not Insurers

By PATRICK J. KENNEDY

Since leaving the U.S. House of Representatives in 2011, I've dedicated my professional life to fighting for full implementation and enforcement of the Mental Health Parity and Addiction Equity Act of 2008 — a law I had the honor of authoring with Congressional colleagues in true bipartisan spirit.

The law requires most insurers to cover illnesses of the brain, such as depression or addiction, no more restrictively than illnesses of the body, such as diabetes or cancer.

MHPAEA was written to ensure equitable prescription drug coverage for mental health conditions. Equitable drug coverage means that we are able to work with our doctors to try different prescription medi-

cations until we find what works. The process can take months, sometimes years. Having more choices means having more opportunities to get well.

This reality is now being threatened for millions of seniors and people with disabilities who depend on Medicare Part D.

As an advocate for others with mental health and substance use disorders, I am extremely concerned by a new rule proposed by the Trump administration that will weaken the "six protected classes" provision in Medicare's Part D prescription drug benefit.

This important patient protection requires Part D plans to cover "all or substantially all" anticonvulsants, antidepressants, antineoplastics, antipsychotics, antiretrovirals, and immunosuppressants. These

Op Ed

drugs treat depression, anxiety, and bipolar disorder, as well as HIV, cancer, and other conditions.

Without the provision, insurers could exclude protected-class drugs from Part D plans.

The new rule would also enable insurers to expand the use of "step therapy," which allows them to force Medicare patients to try cheaper protected-class drugs even if they have been stable on a different drug for years. Older drugs may have to be proven ineffective, before newer treatments are made accessible.

Such restrictions are flat-out dangerous. Medicare beneficiaries may abandon their prescriptions entirely, with potentially fatal results. Each year, some 125,000

Americans die from a failure to take their medicines as directed.

Mental health care is not one-size-fits-all. It is the responsibility of lawmakers to listen to trained professionals who are on the front lines of care, and consider the true impact of short-sighted "policy solutions" on patients.

I urge my former colleagues in Congress to do everything in their power to block the rule.

Patrick J. Kennedy, former U.S. Representative (D-RI), is the founder of the DonDenyMe.org and author of the New York Times bestseller "A Common Struggle: A Personal Journey Through the Past and Future of Mental Illness and Addiction."

READERS FORUM

A Thought For The 'Politically Correct'

Just a thought for all the "politically correct" folks.

Re: Mr. Kevin Jago's letter in the March 14th Quincy Sun: Yakoo has been around for quite a while. It's nice, he reminds you of the American Indian.

You know, the real Americans — that we immigrants have moved and downgraded for a very, very long time. If Yakoo can do this for you he's worth even more than the good doctor probably ever hoped for. So please help these Americans and send a few dollars to: St. Labre Indian School, P.O. Box 216, Ashland, MT 59003-9989.

I do! They just got a new heating system so the kids don't have to wear their

coats all the time.

Gert Knowles
Class of 1945

North Quincy
High School

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Quincy's Yesterdays

This Week
1963
56 Years Ago

Shipyard Awarded 2nd Nuclear Sub Contract

The Fore River Shipyard has been awarded a contract for a second nuclear-powered submarine at a cost of \$33 million dollars.

The award was announced jointly by Congressman James A. Burke and Senators Leverett Saltonstall and Edward M. Kennedy.

The contract is the second to be awarded the Quincy-yard for a nuclear-powered submarine.

COUNCIL TO STUDY METER REMOVAL PLAN

The City Council will include a study of the parking meter removal question when the special committee headed by Councillor George G. Burke meets in his office.

Councillor James S. McCormack who proposed the study committee and Councillor Carl W. Anderson, who is a leader in the movement for the abolition of parking meters, are the other committee members.

The Quincy-South Shore Chamber of Commerce through its traffic and parking committee opposed removal of the meters from the big parking areas.

LEE BACKS MAYOR ON RETIRING METERED PARKING

Planning Director James Lee, in a letter to Mayor Amelio Della Chiesa, supported the mayor's position in opposing the removal of parking meters. Both Della Chiesa and Lee noted that parking meters control parking and bring annual revenue of \$110,000 a year to the city.

(Editor's note: The parking meters were not removed from the parking areas until the mid-1980s when they were replaced with a validated parking system.)

QUINCY-ISMS

Mr. and Mrs. Arthur Newton, 45 Dysart St., Quincy Point, celebrated their 50th wedding anniversary at a party held at the Christ Church parish hall... Mrs. Robert F. Tweedy, president of St. Ann's Women's Club, will be among those taking part in "Those Wonderful Years at St. Ann's" April 16 and 17 at St. Ann's School in Wollaston... Maurice J. Daly, director of the Quincy Trade School and School Committeeman James F. McCormick, Sr., spoke in support of a new technical school at a meeting of the Montclair Men's Club... Paul C. Serene, 45 Summit Ave., Wollaston, was elected president of the Quincy Rotary Club for the years 1963-1964. Serene will succeed Dr. Charles Djerf... Joseph F. Brophy, president of the Broad Meadows Junior High PTA, announced that Carmen Pizzuto of the State Youth Services Board, will discuss "Dope and Drinking" at the March 25 meeting of the PTA... Lawrence Taylor, 67 Sea Ave., Donald Rowell, 10 Sixth Ave., William Campitelli, 22 Baker Ave., and Thomas Libby, 458 Washington St., were undergoing nine weeks of basic training at the Naval Training Center, Great Lakes, Ill... First National Stores was advertising "Chuck Steak for \$.49 a pound"... Dean Martin and Lana Turner were starring in "Who's Got the Action?" at the Strand Theater, Chestnut St., Quincy Center... Capitol Super Markets, 1508 Hancock St., were advertising "Garden Fresh Cabbage for \$.07 a pound"... Richard J. Koch, Sr., executive secretary of the Quincy Park and Recreation Board, was scheduled to speak at the Baker Beach Improvement Association. His topic "Improvements and Maintenance to Baker Beach and the Playground"... Legislation was pending in the state legislature to allow City Historian William Churchill Edwards to continue in his position despite his reaching the mandatory retirement age of 70... William H. Mitchelson, 153 Whitwell St., has been admitted to Sigma Pi Sigma, a national honor society at Boston College... Miss Susan Holland, 115 Summit Ave., Wollaston, was named to receive Upsala College's highest award, the Upsala Award. Miss Holland will receive the award at the June Commencement exercises... Mrs. John Dobbie was elected chairman of the Evening Division of the Quincy Women's Club. She succeeds Mrs. Joseph Lind... Sam Mele, who managed the Minnesota Twins to a second-place finish in the 1962 season, is whipping his pitching staff into shape for another crack at the world champion New York Yankees... Kreuger Beer was advertising "A King Size Special: 5 (16 oz) bottles for only \$.90"... The Quincy High School Class of 1953 was planning to hold its 10th reunion June 1 at Dreamworld in Scituate... Mayor Amelio Della Chiesa announced the 1963 tax rate for the city of Quincy would be \$79.50, an increase of \$2.20 over the 1962 tax rate... Carl A. Ericson, 42 Carlson St., Quincy, received a 50-year service award from W.R. Kunkel, general manager of Boston Gear Works.

Arts & Entertainment



MORE THAN 200 beach lovers braved not only the chilly winter waters but also snowy weather March 10th and plunged into Boston Harbor at the BCYF Curley Community Center in South Boston as part of the 9th annual Harpoon Shamrock Splash to benefit Save the Harbor/Save the Bay and the Department of Conservation and Recreation's Better Beaches Program.

Photo Courtesy Save The Harbor/Save the Bay

Shamrock Splash Raises Over \$50,000 For Beach Programs

More than 200 beach lovers braved not only the chilly winter waters but also snowy weather March 10th and plunged into Boston Harbor at the BCYF Curley Community Center in South Boston as part of the 9th annual Harpoon Shamrock Splash to benefit Save the Harbor/Save the Bay and the Department of Conservation and Recreation's Better Beaches Program.

This year, the "pledge and plunge" fundraiser raised more than \$50,000 for the Better Beaches Program, which provides grants

to community organizations that host free events and programs on the region's public beaches. Participants could direct their fundraising to their favorite local beach, and teams raised \$1,515 for free beach events on Wollaston this year.

Michael and Maureen Mazrimas of the Friends of Wollaston Beach attended the event, raising \$435 to support Michael's splash.

Each year the program supports free concerts and beach festivals, sand-sculpting competitions, and youth programs on public beaches

in Lynn, Nahant, Revere, Winthrop, East Boston, South Boston, Dorchester, Quincy and Hull.

"Thirty years ago nobody wanted to go swimming at the region's beaches and today, they are some of the cleanest urban beaches in the country," said Save the Harbor President Tani Marinovich. "It's amazing to see the community that supports this event and supports our beaches from Nahant to Nantasket."

Before the sprint into the ocean, Boston 25 Meteorologist Vicki Graf was on

hand to deliver a real-time weather report -- although the air temperature was 34 degrees, the water itself was a balmy 40 degrees.

Even though everyone

was already wet from the snow and rain before splashing into the Harbor, 2019's Harpoon Shamrock Splash was the best one yet with splashes enjoying delicious brunch burritos from Baja

Taco Truck and fresh, hot chowder from Daily Catch while Mix 104.1 played music on the beach. Harpoon beers invigorated participants after their plunge.

The Great Alone, Educated: The Fine Print Book Reviews

By BETH VACCA

A teacher friend recommended I read these two books - *The Great Alone* and *Educated* - together. Ugh. An assignment.

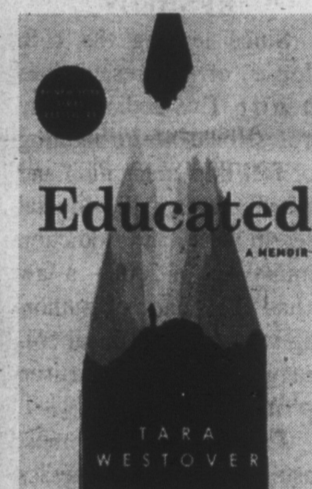
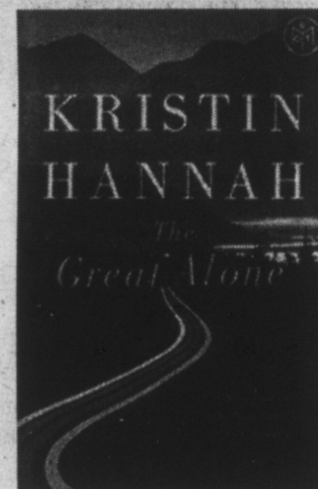
I haven't had to compare/contrast works of writing since college A long, long time ago. It sounded like a challenge which means she knows me well. One a novel, one a memoir. I thoroughly enjoyed them both.

I read the novel, *The Great Alone*, by Kristin Hannah first. I have read other books by this author and have always enjoyed her work. She is a gifted storyteller who puts a great amount of time and effort into researching her topics, geographical locations and time periods.

This story is about a young girl named Leni. Her parents married and had her at a young age. Her father, Ernt, then went off to fight in the Vietnam war and, having been captured, did not return home until many years later. He did not return the same man as Leni remembered.

He was abusive towards her mother. He couldn't hold down a job and he became distrustful of the government. He then learns a friend, who did not survive the POW camp, left him land in Alaska. Leni's family packs up a VW van and makes their way to rural Alaska to become "homesteaders." They were to live off the land and off the grid. They were woefully unprepared.

Hannah does Alaska



proud with her descriptions of the awe inspiring beauty of the land alongside its unforgiving harshness. Survival takes many forms. Leni must survive brutal winters with never ending darkness. She must survive her father while trying to understand her mother. She must survive the loss of the only other person her age in town when he is sent to an Aunt's house to cope with his own loss.

As a city girl I was starting to think the long list of dangerous situations, strange behavior and tragedies was bordering on a bit much. Until I read *Educated*, by Tara Westover.

Memoirs, in my opinion, are tough. I often find them difficult to read. Not this one. I consider myself a bit more "educated" after having read this book.

Westover grew up on a mountain in Idaho. Her parents are Mormon and deeply religious. They believe modern medicine is for people who lack faith in God. Her father also distrusts the government and desires to live "off the grid."

Educational institutions are not to be trusted. Westover's mother taught her to read and "life experiences" accounted for the rest of her primary education.

The "life experiences" that this family endured surpassed what I had read in the novel. I now have to rethink the "city girl" status I gave myself and assess just how ignorant I am about the lives of others right here in my own country.

Westover does an amazing job of walking, in my opinion, an extremely difficult line. I don't believe she wrote this memoir to garner sympathy concerning her upbringing from her readers. Nor do I think she wrote it down to show the world how she overcame her difficult situation with a good mind and determination. She writes with a tone of self-analysis. She does not self-deprecate nor does she boast in her accomplishment. I walked away from this memoir thinking of the quote attributed to Socrates, "The unexamined life is not worth living." Don't forget to read The Fine Print.

Quincy Symphony Orchestra Free Family Concert March 31

Quincy Symphony Orchestra, Yoichi Udagawa music director, invites the public to its first family concert Sunday, March 31 at 2:30 p.m. at the Quincy High School Lloyd Hill Auditorium, 100 Coddington St.

Before the concert there

will be an "instrument petting zoo" from 1:30 to 2:15 p.m.

Admission is free to the concert but donations are suggested.

Free parking with handicapped access) is available at the school.

Introduce children to

a symphony orchestra. Program includes Mozart, Beethoven and Prokofiev's Peter and the Wolf with special guest narrator Joe Catalano of QATV.

For more information visit QuincySymphonyOrchestra.org

Quincy Access Television
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Public Access Channel 8

Thursday, March 28
6:00pm: Bethany Congregational Church
7:00pm: CIQ Interview: Mary Houghton

Friday, March 29
11:30am: LIVE: Currently in Quincy
2:00pm: CIQ Interview: QPD Boating Classes

Saturday, March 30
12:00pm: Quincy in Focus
7:00pm: QAA Tony Andrade Watercolor

Sunday, March 31
10:00am: Bethany Congregational Church
11:30am: Good News

Monday, April 1
11:30am: LIVE: Currently in Quincy
7:00pm: LIVE: Eye on Quincy

Tuesday, April 2
6:00am: LIVE: AM Quincy with Joe Catalano
7:30pm: Quincy in Focus

Wednesday, April 3
6:00pm: Good News

Government Access Channel 9

Thursday, March 28
5:30pm: Quincy in Focus
7:30pm: At the Kennedy Center: Dick Flavin

Friday, March 29
12:00pm: Massachusetts Joint Committee:
Healthcare Finance 3/13
6:00pm: AM Quincy: License Board Update
9:30pm: At Your Library: March Happenings

Saturday/Sunday, March 30/31
9:30am: At Your Library: March Happenings
2:30pm: In the Know: Senior Tax Credit
3:00pm: At the Library Concert: Arneis Quartet
4:30pm: AM Quincy: License Board Update
9:00pm: At Your Library: April Happenings

Monday, April 1
6:00pm: LIVE: City Council Environmental & Pub
Health Committee: Long Island Bridge
7:30pm: LIVE: City Council

Tuesday, April 2
12:00pm: City Council 4/1

Wednesday, April 3
6:30pm: LIVE: City Council/Ordinance/Finance

Programming is subject to change.

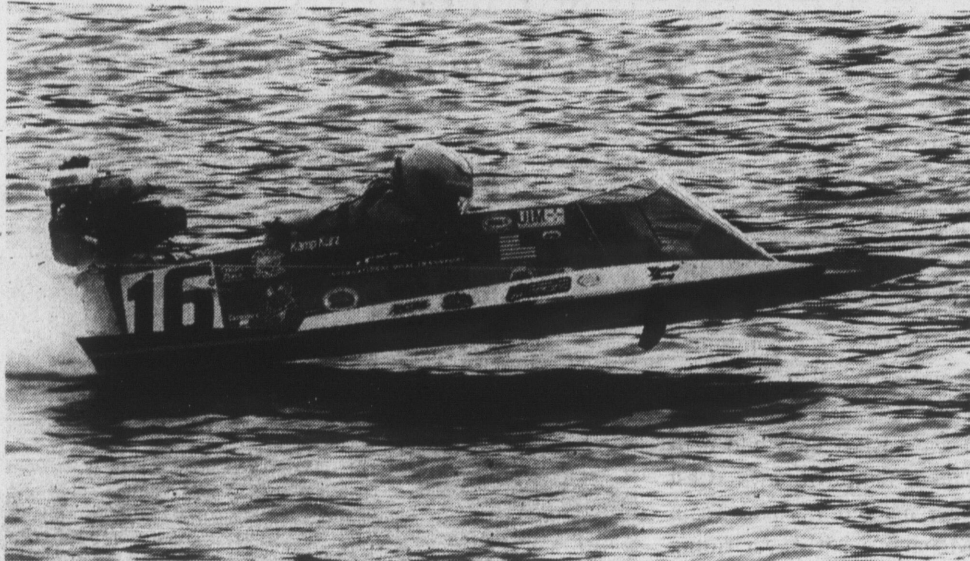
For a complete list of programs, please visit our website at qatv.org

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Social



A FUNDRAISER to benefit Quincy's U.S. A-Team will be held Friday, April 12 from 6 to 10 p.m. at the Nickerson American Legion Post, 1 Moon Island Rd. Proceeds will go towards the shipping of the team's equipment to Europe for the 2019 World Hydroplane Championship.

Fundraiser April 12 Benefits Quincy Hydroplane Racing Team

Quincy's U.S. A-Team will be hosting its 2019 fundraiser party at The Nickerson Post, 1 Moon Island Road in Squantum on Friday, April 12th from 6-10 p.m.

There will be music, dancing and Barbeque by Larry J. Film maker Valerie Lighthart will also be debuting her video documentary of the 2018 World Championship race in Poland.

Attendees will have the opportunity to have their picture taken with the team's race boats and last year's bronze medal. All proceeds will go towards the shipping of the team's equipment to Europe for the 2019 World Hydroplane Championship.

This year's race will be held in Mora, Sweden on July 25-28. The Americans will field two entries this

year; Cowboy Matt Allen from Hurst, Texas, will make his international racing debut in the #21 "Texas Tiger." This boat was formerly the #8 "Iron Head" which was raced internationally with much success by Mike Akerstrom from Westford.

The other American, defending bronze medalist Billy Allen from Quincy, will once again be piloting the #16 "RUSH." The U.S. A-Team will be the only U.S. representation at this year's World Championship.

Suggested donation is \$20 at the door. For those unable to make it to the party but would still like to support the team, donations can be sent to: U.S. A-Team, 143 Parke Ave., Quincy, MA 02171.

The Quincy-based U.S. A-Team is the only team committed to representing the United States at the UIM World Championship events in Europe. These events feature drivers from over 20 different countries and are recognized by the International Olympic Committee (IOC). Olympic Gold, Silver, and Bronze Medals are awarded to the top 3 podium finishers, so come out and show your support for a local team with international accolades.

Crane Library Bookstore Offers Spring Specials

The clocks have been moved ahead, the snow has melted, and as Rodgers and Hart wrote, Spring Is Here! It's time to move on with those plans to redecorate the bedroom, start that quilt, try out that new recipe or begin building that work bench in the basement.

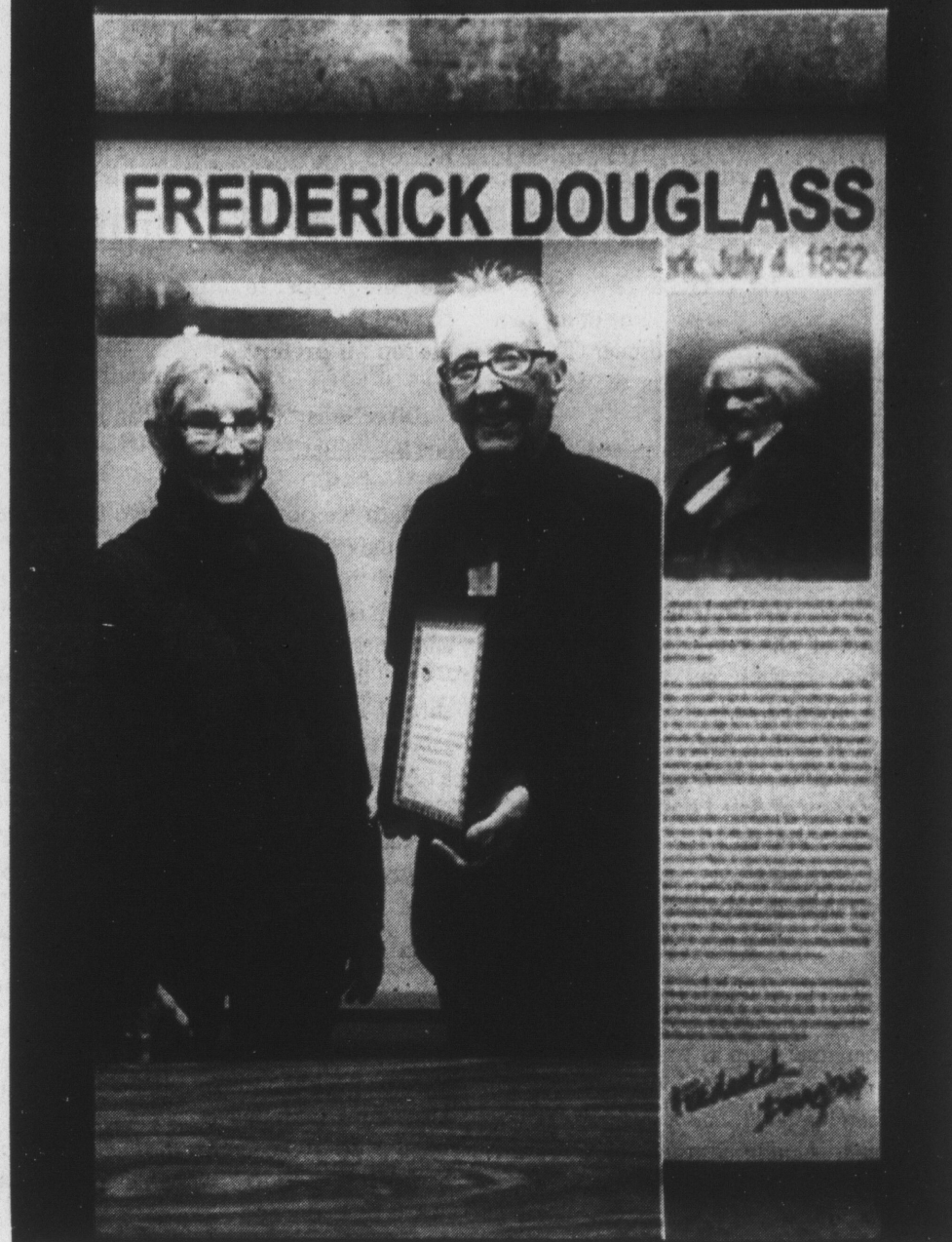
During the months of April and May the Crane Library Bookstore will offer a buy-one-get-one-free on all books on home and garden, such as cooking, crafts, interior design, food and wine, etc. Most hard-cover books sell for \$2 and paper backs for \$1.

Our large selection includes over-sized books with extensive and colorful illustrations. All are in gen-

tly-used condition and just waiting to be put to good use as you spring forward with your home design or repair ideas!

The shop, which has extended through month's-end its offer of buy-one-get-one-free of \$2 DVDs, is open on Thursday evenings from 6 p.m. to 8 p.m. and on Saturdays from 10 a.m. to 4 p.m., with direct entrance on Spear Street in the rear of the Thomas Crane Public Library.

Sponsored and managed by volunteers of The Friends of the Crane Library, net proceeds of the intimate bookstore are used to fund and support the library's many programs offered to the Quincy community.



THE SOUTH SHORE Coalition for Human Rights recently held their Conversations on Race Amity Meeting at United First Parish Church (Church of the Presidents) in Quincy Center. In honor of Black History Month, they recognized Pattie Hainer of Norwell for her years of research and publications on the enslaved, servants and free people of color in Scituate-Norwell, Massachusetts: 1635 - 1875. She is a former reporter for *The Patriot Ledger* and the local newspapers in Scituate and Norwell.

Photo Courtesy SS Coalition for Human Rights

Maeve Hegarty Volunteers During College Spring Break

During the week of March 4th, Maeve Hegarty of Quincy was one of eight Emmanuel College students who participated in the College's annual Alternative Spring Break (ASB) trip to New Orleans, LA.

ASB is a week-long, faith-based service trip held during the college's traditional spring break that bridges volunteer work with education and reflection on

larger social issues.

The group spent the week working with SBP (formerly the St. Bernard Project), a nonprofit, disaster relief organization that is helping rebuild the homes of residents still recovering from the effects of Hurricane Katrina.

The organization has rebuilt nearly 700 homes for residents in the New Orleans area since 2006.

Altrusa Birthday Party Sunday Benefits Less Fortunate Children

The public is welcome to celebrate Altrusa International's Birthday at a party to help others locally on Sunday, March 31 from noon to 2 p.m. at Wollaston Congregational Church, 48 Winthrop St., Quincy.

Birthday in a Box, Inc. is a local program that provides Birthday Party sup-

plies for less fortunate children. Altrusa of Quincy is hosting a gathering of donations to make Birthday boxes to donate. Come and donate simple items such as paper/plastic tablecloths, birthday banners and wrapping paper.

There will also be a cake. QuincyAltrusa@gmail.com for more information.

QCA To Present 'Beauty And The Beast' April 4-5

Over 80 students at Quincy Catholic Academy in grades 4-8 will participate in the production of "Beauty and the Beast" as cast and crew on Thursday and Friday, April 4th and 5th at 7 p.m. in the Quincy Catholic Academy auditorium, 370 Hancock St.

The hard working, talented cast will sing and dance to classic songs from the Academy Award winning film score. Amazing

sets and costumes have been created by parent and student volunteers that will allow the audience to feel as if they are dining with the characters.

The cast is led by director, Grant Kuehl, musical director, Marisa Clougher, and choreographer, Cheri Kelly.

"Everyone has been practicing tirelessly for many hours. We look forward to a fabulous performance,"

said QCA Principal Cathy Cameron.

Atlantic Youth Orchestra Concert Friday

The Atlantic Youth Orchestra, Susan Bill, conductor, will present its next concert on Friday evening, March 29th at 7 p.m.

The program, entitled "I Lost It At The Movies: Music from Nine Decades of the Singing Silver Screen," will feature music from everything from Disney mov-

ies to Hollywood blockbusters, plus some classical selections and seasonal favorites.

The concert will be held at St. Chrysostom's Episcopal Church, 1 Linden St., Wollaston. A reception will follow.

A \$10 donation is suggested.

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WHAT'S COOKING

with
Marie & Susie

By MARIE D'OLIMPIO and SUSIE FALCO



Chicken Tenders With Mini Rigatoni

By MARIE

It is rare when I can get some of my family together for a Sunday dinner. The kids are either busy with sports or with their friends.

Recently I was both surprised and successful in getting some of them together for a traditional Sunday dinner. I served them chicken tenders with mini rigatoni.

RECIPE:

- 1 pound of chicken tenders, cut up in small bite-sized pieces
- 1 small onion, diced
- 2 cloves of garlic, diced
- 1 large can of crushed tomatoes
- 1 tablespoon of dried basil (optional)
- 1 pound of mini rigatoni or large rigatoni (I used the mini)
- 2 tablespoons of olive oil

Salt and pepper to taste
Grated Romano or Parmesan cheese for the top (if preferred)

Directions: (This recipe can be done in one big skillet.)

Place the olive oil in a large skillet and sauté the onion and garlic.

Add the chicken pieces and cook until chicken is slightly brown. Remove chicken and set aside.

Add the tomatoes and the basil and cook stirring occasionally for another 10 to 15 minutes.

Add chicken back and simmer until chicken is tender.

Add the cooked pasta, mixing it thoroughly and serve with grated cheese topping.

Minestrone Soup

By SUSIE

Minestrone soup is an easy and hearty way to get in all your healthy vegetables in one steaming bowl.

I grew up on minestrone soup. Usually served with hot Italian bread and a drizzle of olive oil with grated Parmesan cheese of course!

This soup has everything you need nutritionally, is delicious, and wonderful to freeze even, for future use.

MINESTRONE SOUP

- 2 tablespoons olive oil
- 1 chopped onion
- 3 carrots, diced
- 2 stalks celery, diced
- 3 cloves garlic, minced
- 7 cups vegetable stock
- 1 bay leaf
- 1 28 ounce can tomatoes

- 1/2 cup quinoa
- 1 16 oz can kidney beans
- 1 10 oz package frozen green beans
- 1 zucchini, chopped
- 1 red pepper chopped
- 1 nice big handful of baby spinach to throw in at the end
- 1/4 cup fresh chopped parsley
- sea salt and pepper to taste

In stock pot, saute onion, celery, carrots, pepper, and zucchini until softened.

Add garlic and stir a bit more. Now add stock, tomatoes, bay leaf, and quinoa.

Bring to boil and simmer for about 45 minutes or so. Now add green beans, kidney beans and parsley, along with spinach, and cook for another 10 minutes or so.

Remove bay leaf before serving. Season with sea salt and pepper. Drizzle servings with olive oil and pass the cheese!

March Women's History Month

Dr. Emma Sanborn
Tousant - 1893 - 1970

Her motto - "Don't waste time. Use it," best exemplified the life of Emma Sanborn Tousant, the first woman president of the Quincy YMCA.

A native of Vermont, Dr. Tousant came to Massachusetts to practice law. Although, a brilliant lawyer, she extended her interests towards civic, social and religious pursuits. She served as president of the Quincy

YMCA from 1961 to 1965.

Her concern for children's activities led her to an interest in public health. She became an instructor at the Harvard School of Public Health and extended this interest into her community by serving as a member of the Quincy United Fund and The Health Foundation.

Her interest in the physical, mental and spiritual health and growth of people was an important part of her

life. This led her to establish a Chair of Pastoral Theology and Psychology at the United Theological Seminary in Dayton, Ohio.

Dr. Emma Sanborn Tousant is an inspiring example of a woman who used her time to make a difference in law, public health, children's activities and religion in her community and outside her community. She was truly an outstanding and extraordinary Quincy woman.

Quincy Catholic Academy Second Term Honor Roll

Quincy Catholic Academy lists 58 students on its second term honor roll.

They are:

HIGH HONORS

Grade 6: Tanmay Chandra and Madhu Giridhar.

Grade 7: Matthew Farrell, Aaron Fernandes, Sophia Ngo, Neve McHugh and Isabella Zhang.

Grade 8: Chika Akukwe, Liam Bailey, Olivia Bailey, Anthony Cheung, Laura DePass, Ashna Guha, Caroline Kelly, Mia Pecevich, Danny

Tran, Enzo Vallee, Samantha Wong and Ciney Cheng.

HONORS

Grade 6: Chloe Chu, Austin Kwan, Francesca Luy, Tyler Mergel, Nancy Ng, Keila Pierre, Brandon Wu and Dennis Zhang.

Grade 7: Kevin Cai, Matthew Chiu, Giselle Ferreira, Grace L'Or Jean, Ryan Li, Jiahua Lin, Kalea Mon, Eros Ng, Tristan Quach, John Rixham, Abigale Szeto and Kimi Vallee.

Grade 8: Kate Billard,

Ella Connolly, Hana Coppenrath, Tyler Holmes, Lily Mei and Hugh Scott.

PRINCIPAL'S LIST

Grade 6: Ian Gillan, Ryan Pham and Collin Waldron.

Grade 7: Rebecca Chan, Angela Connelly, Sophia Fabrizio, Raleigh Gu, Brielle Schlager and Francis Zheng.

Grade 8: Zyla Cappelano, Ella Stafford, Maxwell Toomey and Lena Waldron.

Quincy's Doug Haskins Riding To Benefit Lung Association

Participating In 26th Autumn Escape Bike Trek

Twenty-five years is a long time to be involved in any one cause or event, but for Quincy's Doug Haskins, 25 years is not nearly enough.

Haskins is a committee member of the American Lung Association's Autumn Escape Bike Trek and captain of Team Mohawk. Last year marked his and Team Mohawk's 25th year riding the Trek, and he's currently training for Trek 26 this fall, when he will once again join over 400 cyclists and 120 volunteers for the 35th Annual Autumn Escape Bike Trek. Together they'll cycle 160 miles over 3 days to the finish line in Provincetown in hopes of raising more than \$400,000 for the American Lung Association.

Since their first Trek in 1994, Haskins and his Team Mohawk has helped raise over a half a million dollars to fight lung disease. He is regularly recognized as being a top individual fundraiser for the event, and is constantly recruiting new members to his team, which consisted of 22 people for last year's event, making Team Mohawk one of the largest teams participating in the Autumn Escape Bike Trek.

On his start with the Trek, Haskins says, "When it all started I had very little personal connection with Lung Disease, but starting in year one, I met people who had personal connections, and that inspired me to keep coming back. As the team grew, so did all of our personal connections and now we all see the Trek as an exciting reunion every year - and we can't wait to ride together."

According to Haskins, while many on his team joined the Trek without a personal lung disease story, after 25 years, many have earned lung disease survivor and fighter stripes of their own. He now dedicates his rides to his parents Joan and Frank Haskins who were both smokers, though his dad quit smoking later in life. Haskins has also recently recruited his daughter Nicole to join him on the Trek, and 2019 will mark her sixth ride.

"Lung disease has now hit most of the team in one way or another - and it's nice to have this family to go to that understands the challenge lung disease presents. The Trek has not only given us this great group of friends, but it empowers us to fight for each other in this unique and meaningful way."



DOUG HASKINS of Quincy and his daughter, Nicole, will be cycling in this fall's Autumn Escape Bike Trek. The ride covering 160 miles over three days benefits the American Lung Association.

On his fundraising page, Haskins points out the Lung Association's effort to increase smokefree policies, which limit exposure to secondhand smoke in restaurants, workspaces and public parks, saying its "made an impact on all of our lives."

The annual event will begin on Friday, Sept. 27th at the Hilton Garden Inn in Plymouth and riders will close out the day at Camp Burgess, Sandwich. Saturday, Sept. 28, riders will continue on to Cape Cod Sea Camps in Brewster and trekkers will conclude the race on Sunday, Sept. 29, completing the 160-mile route at Veteran's Memorial School/Community Center in Provincetown.

As a long-time member of the Autumn Escape Bike Trek Committee, Haskins encourages new riders to sign up, "Whether you have a personal reason to ride and want a supportive network

- or just need some new cycling buddies - we welcome one and all to the Trek!"

All participants committed to raising a minimum of \$250, depending on how many days they ride, for the American Lung Association and paid a registration fee (\$45 for the one-day ride, \$55 for the two-day, or \$75 for the full three-day ride) covering all accommodations for the weekend, including cabin lodging and food. The event is expected to raise over \$400,000 by the end of the weekend.

Registration is now open. To sign up as a rider or with a team visit:

https://action.lung.org/site/TR/Cycle/ALANE_Northeast?pg=entry&fr_id=17972

To Support Doug and Team Mohawk visit:

https://action.lung.org/site/TR/Cycle/ALANE_Northeast?team_id=150365&pg=team&fr_id=17972



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Keeping Your Home Healthy: Cleaning Guidelines

A Message From Ruth Jones, Director Of Nursing, Quincy Health Dept.

By RUTH JONES
MSPH, BSN, RN,
BC, CP-FS

Keeping your house clean can be a plus in terms of your health. Infectious viruses and bacteria can be dispersed if a household member is ill, and can spread illnesses, leading to new outbreaks.

Additionally, there's also the risk of dander and other allergens, which can jeopardize your respiratory health and linger in your house. Particular areas in your home are more apt to harbor germs and allergens than others and the frequency with which you should clean the spaces in your home varies depending on the task.

The following guidelines can help you choose how frequently cleaning should be conducted to keep your home and family as healthy as possible.

Smartphone: Daily

According to one study, the average person clicks, taps, and swipes more than 2,600 times a day over 75 separate sessions. That results in your phone becoming a hotspot for germs. A separate study showed that of 150 phones, 124 revealed signs of bacterial growth. Keep in mind that this de-

vice touches your ears, your lips, and the side of your face. The most effective way to keep your smartphone clean is to wipe it with rubbing alcohol. Before you do, though, check your manufacturer's instructions to avoid damaging the device. And while you clean the phone, be sure the case gets wiped down as well.

Kitchen Countertops: Daily

Cross-contamination can be a severe problem in the kitchen. Every time you cook with raw foods, you run the risk of spreading foodborne pathogens like Salmonella. One of the best ways to keep your kitchen meals free contamination with foodborne illnesses is to wipe down kitchen counters daily as well as after each use. Use a sanitizing product, and be sure to wipe down any surface that may come into contact with food.

Bath Towels: Every 3 or 4 Uses

Bath towels don't need to be laundered with each use. However, they should be used frequently enough to discourage mold and mildew. The experts recommend washing these every three or four uses or more frequently if you're a sporty

person or otherwise sweat a lot. When you aren't using your bath towel, make sure it's hung up. This lets it air out, and additionally helps to prevent mold, mildew, and bacteria from growing in one of the dark, damp places where they thrive.

Bed Sheets: Weekly

Your bed sheets collect a lot of skin flakes, actually about a million a night on average. Dead skin encourages dust mites, which feed off of it. To suppress this common allergen, be sure to launder your bed linens once a week using hot water around 140 F.

TV Remote Controls: Weekly

Areas where you put your hands are more likely to accumulate bacteria and viruses. Remote controls are one of these places. While scanning through movies and TV line-ups, your fingertips are shedding their germs. Additionally, if you snack in front of the set as so many of us do, you're conveying the germs left on the remote straight to your food. And if some of those germs carry disease, you become a major target for infection. To avoid getting sick, wash your remotes once a week. You don't want to ruin your electronics while you clean,

so make sure the batteries are out first. Next, take a cotton swab and dip it into a mild, soapy solution. Then scrub the buttons with the swab, along with anywhere else you tend to place your hands on the remote. Next, wipe everything down with a solution that is one part vinegar, two parts water. That's enough vinegar to ward off many pathogens. Finally, before replacing the batteries, make sure everything is nice and dry.

Rugs and Carpets: Weekly

Allergy triggers like pet dander and dust are tiny, sometimes microscopic. But as minute as they are, they still are affected by gravity. Initially they may hover above your floors, but eventually make their way down. Carpeting traps dust and other allergens in its fibers, only to be thrust back into the air once you walk on your carpets. Carpets need to be cleaned once a week to keep allergy triggers from overwhelming your immune system. That means vacuuming for large carpets. For small rugs, throw them in the wash once a week.

Mop the Kitchen Floor: Weekly

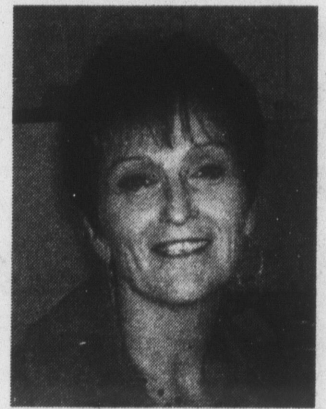
Kitchen floors get dirty, and they're the final refuge

for spills and splashes that linger on the counters. If you have a sticky spill, mop it up immediately. Additionally, on a routine basis, get the mop out once a week and wash the kitchen floor. You'll want to sweep more frequently than that, especially if you have kids and pets. Depending on how messy the eaters are in your home, daily sweeping or after each meal will keep pests and germs from multiplying where you dine.

Toothbrush:

Every Three Months

Your mouth is residence to hundreds of different microorganisms. Some of these hitch a ride onto your toothbrush after every use. There haven't been any studies showing that these microscopic creatures cause harm, but they do proliferate on your toothbrush. The American Dental Association recommends that you rinse your toothbrush thoroughly after use with tap water and store it in an upright position if possible to help it dry out faster. While storing your toothbrushes, don't let the bristles touch one another. While this should suffice for the first three or four months, after that point it's time to replace your toothbrush.



RUTH JONES

Mattresses: Every Six Months

Mattresses do need to be cleaned occasionally, specifically every six months or so. Experts recommend approximately 20 minutes of vacuuming. The reasoning behind this is dust mites, those microscopic eight-legged creatures that cause allergies for many people. Reactions to dust mites involve eczema, runny nose, watery eyes, itching, and sneezing. Dust mites feed on skin cells from both humans and pets. Since you spend about a third of your life in bed, your dead skin cells culminate there too, encouraging dust mite populations to thrive. Cleaning your mattress not only discourages dust mites from proliferating, but also helps prolong the life of the mattress.

Ruth Jones is the director of Nursing for the City of Quincy Health Department.

Quincy College Nursing Enrollment Information Sessions

With the March 13th announcement by the Massachusetts Board of Registration in Nursing (BORN) granting Quincy College Initial Approval status for an Associate in Science Degree in Nursing (ASN) Program and the Certificate of Completion in Practical Nursing (PN) Program, Quincy College is accepting applications for enrollment for these programs.

Quincy College will host information sessions on their Quincy and Plymouth Campuses prior to the May 1st Application Deadline for the new Quincy College Nursing Programs.

Attendance at a nursing information session is a mandatory criteria for all applicants. Information sessions will be held on:

- Saturday, April 6 at 10 a.m., Quincy campus
- Thursday, April 11 at 5 p.m., Plymouth campus
- Wednesday, April 17 at 5 p.m., Quincy campus
- Saturday, April 27 at 10 a.m., Plymouth campus

To register for an upcoming Quincy College Nursing Program Information Session, visit: quincy-college.edu/nurse.

The admissions criteria for the Quincy College Nursing program is compet-

itive and selective. Prospective students must complete prerequisite classes with a Grade of C or better, pass the ATI TEAS test, and applicants are formally reviewed by Quincy College Division of Nursing with a formal interview process and a required Informational Session for entrance into the program.

Quincy College will admit 80 students in the Associate in Science in Nursing (ASN) degree program and 40 students in the Practical Nursing Certificate program which will be offered on both the Quincy and Plymouth campuses, and the first cohorts of students will begin in the Fall of 2019.

The Quincy College Nursing program is a brand-new program, re-designed, re-focused, and reflective of the changing landscape facing today's professional nurses," Quincy College President Michael G. Bellotti said of the new Quincy College Nursing programs.

The college will now offer an Associate in Science Degree in Nursing and a Certificate of Completion in Practical Nursing. The Quincy College Associate in Science Degree in Nursing is a full-time, 2-year program.

The Associate Degree nurse applies critical thinking skills working with an interdisciplinary team for the development, implementation, evaluation, and modification of nursing care for individuals, families, and communities. This nurse functions in a competent, ethical, and safe manner within the established Standards of Nursing Practice. The associate degree nurse manages resources for care delivery, delegates and supervises licensed and unlicensed assistive personnel. The graduate has a responsibility to be a part of the professional body of nursing. In that regard, the associate degree nurse accepts his/her responsibility to participate in public policy dialogue as it affects the changing contemporary health care systems and advocates for his/her client and the profession as well as promotes health in a complex health care environment.

The Quincy College Certificate of Completion in Practical Nursing is a Full-Time, 10 Month (40 Week) Certificate Program. The Licensed Practical Nurse (LPN) is a valued member of the interprofessional healthcare team, providing competent, evidence-based

nursing care in a variety of health care settings. The Licensed Practical Nurse is instrumental in meeting the healthcare needs of older

adults and other diverse groups. Within their scope of practice, LPNs utilize the nursing process as the framework for delivering

patient-centered nursing care. Standards of Practice and The Code of Ethics for the LPN provide guidelines for professional practice.

BID Hospital-Milton Diabetes Fair April 6

Beth Israel Deaconess Hospital-Milton (BID-Milton) will hold its 10th annual spring Diabetes Fair on Saturday, April 6th, from 9 a.m. until 1 p.m. at the Lantana in Randolph.

This year's event includes presentations from a panel of doctors and a physical therapist on the latest in diabetes care including diabetes effects on the heart and hearing. The panel includes BID-Milton

endocrinologist Ioana Fat, MD; cardiologist Apranta Deka-Patel, MD; ear, nose and throat specialist Edward Reardon, MD, and physical therapist Therese Robinson, PT. The fair will also feature free blood pressure screenings, foot evaluations, information on local diabetes programs and products and a complimentary diabetic-friendly lunch.

"This event is an excellent opportunity for diabetic

and their loved ones to learn more about the condition from a panel of experts," said William Cobb, MD, endocrinologist and chair of the event. "There is a wealth of experience available at the fair and something of value for everyone."

The event is free of charge, and open to the public. Pre-registration is required as space is limited. Call 617-696-8810 to register.

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QUINCY HIGH SCHOOL recently hosted its annual community service fair. Representatives from local non-profits gathered to share their organization's mission and needs for volunteers. During their lunch periods students were able to talk with representatives and sign-up for upcoming opportunities. Pictured left to right are: Helen Tran and Katie Sunahara, Quincy Asian Resources; Justine Kane, Project Bread (Walk for Hunger); Peter and Kathy Swanson, Honduras Hope; Mike Wood, Prison Book Program; Virginia Rosa and Kim Kroeger, Manet Community Health; Tammy Chen, South Cove Manor Nursing; Kathy Dullea Hogan and Manuel Barroso, Positive BCS South Shore Science Festival; Meg McMillen, Community Service Coordinator Quincy High School; and Angel Marquis, student leader Quincy High's Adopt-a-Grandparent program. Photo Courtesy QHS

Wollaston Garden Club Members Taking Part At 'Art In Bloom' At Museum Of Fine Arts

Two members of the Wollaston Garden Club are participating in this year's Art in Bloom at the Museum of Fine Arts, Boston.

The annual celebration of art and floral draws approximately 20,000 visitors from New England and beyond. This year's event will run from Saturday, April 27 to Monday, April 29.

Participating from the Wollaston Garden Club this year will be Ruth Griffin and Jo Costello. Each garden club team has been assigned one art object which they will interpret with a floral arrangement to be displayed next to the art. Different arrangements will be on display throughout the museum by 50 garden clubs from across New England.

Arrangers were introduced to their art objects, which could be a painting, sculpture, piece of furniture or musical instrument, in February, and have carefully planned their floral interpretation, often based on color, shape and style.

Throughout the weekend, visitors can share their best floral photos on social media with #mfaInBloom. Art in Bloom launches with an Evening Preview of freshly installed arrangements on Friday, April 26 from 3-10 p.m. Daily events include, tours of arrangements throughout the galleries; floral-arranging demonstrations for the home; snacks and lunch in the Art

in Bloom Café among European masterpieces; and outdoor walking tours of the MFA's campus and beyond.

A Community Day with children's activities takes place on Sunday, April 28. Special Guided Group Tours are available beginning Friday evening, and free Ikebana (Japanese floral arranging) demonstrations occur on Saturday from 3 to 4 p.m. This year's featured speaker is Remco Van Vliet, celebrated Dutch florist and creative director of Van Vliet & Trap Event Design NYC. Van Vliet will host two master classes and one lecture demonstration in floral arranging during Art in Bloom. Art in Bloom is sponsored by Wilmington Trust. Supporting Sponsors are Fitch Law Partners and Fox Hill Village. Art in Bloom Community Day is sponsored by Arbella Insurance Foundation.

Art in Bloom is included within Museum admission—\$25 for adults and \$23 for seniors and students age 18 and older. Admission is free for children 17 and under. Art in Bloom is presented by the MFA Associates, a group of dedicated volunteers who lead gallery tours and create the Museum's flower arrangements throughout the year.

In addition to experiencing the Art in Bloom arrangements on view throughout the galleries, MFA visitors can also ex-



HEAD ARRANGER, Ruth Griffin (left) with Assistant Arranger, Jo Costello (right) will represent the Wollaston Garden Club at this year's Art in Bloom at the Museum of Fine Arts, Boston, April 27-29.

Photo Courtesy Art in Bloom Publicity Committee

plore the Museum's current exhibitions, including Graciela Iturbide's Mexico; Made Visible: Contemporary South African Fashion and Identity; Postwar Visions: European Photography, 1945-60; Radical Geometries: Bauhaus Prints, 1919-33; Frida Kahlo and Arte Popular; Gender Bending Fashion; Bouchra Khalili: Poets and Witnesses; Toulouse-Lautrec and the Stars of Paris; and Georgie Friedman: Fragments of Antarctica.

Maps of the 50 arrangements are available on Friday afternoon April 26 beginning at 3 p.m., giving visitors their first opportu-

nity to discover this year's art and arrangements.

Daily Activities (April 27-April 29, 10 a.m. - 5 p.m.)

Included with Museum admission are guided tours of arrangements (10 am-3:45 p.m. daily), continuous demonstrations of floral arranging for the home (noon-3 p.m.), and an outdoor walking tour of the MFA's architecture, outdoor sculpture and neighboring gardens (1-2 p.m.).

On Saturday, Master Classes with Remco Van Vliet (10:30 a.m.-12:30 p.m.; and 2-4 p.m.) offer hands-on flower design instruction creating arrangements to keep (members \$225, nonmembers \$270). During Sunday's "Still Life, Still Alive!" Van Vliet lectures and demonstrates his techniques for creating dramatic designs (members \$40, nonmembers \$50).

Groups of 10 or more can book a guided tour of the floral arrangements in advance on mfa.org.

Social Security Matters

Ask Rusty – No Special 'Extra Dollars' For Vet's Monthly Benefit

By RUSSELL GLOOR

AMAC Certified Social Security Advisor
Association Of Mature American Citizens

Dear Rusty: I am within a few weeks of applying for SS. My 70th birthday is in April and I have stayed in my job for the maximum benefit from SS. I am also a veteran and so am taking my DD-214 with me to apply for the \$300.00 or so extra dollars that is offered per month. Are there any other extra items I need to apply for? I keep hearing about a \$16,000 benefit that I should apply for from SS but of course they never actually give you the specifics. Signed: Veteran Applying for SS

Dear Veteran: Please accept my gratitude for your service to our country, and congratulations for choosing a great strategy by waiting until you are 70 to get the maximum Social Security benefit available to you. However, I'm afraid I must clarify something regarding that "\$300 or so extra dollars that is offered per month." What you're referring to is called "special extra earnings" for military service, but that provision doesn't provide you with \$300 in additional monthly SS benefits because of your military service. Rather it is a provision, which adds dollars to your recorded military earnings, with the amount added dependent upon the years during which you served.

Those who served between 1957 and 1977 get \$300 added to their military earnings record for each quarter of active duty service. For example, if their actual military earnings for a given year of active duty were \$2,700, their military earnings for that year for Social Security purposes will be shown as \$3,900 (\$300 per quarter times 4 quarters = \$1200 additional earnings for that service year). Those who served between 1978 and 2001 would also receive an addition to their military earnings record, but it would be computed somewhat differently – they receive an additional \$100 in earnings for every \$300 in active duty military pay, up to a maximum of \$1,200 additional for each service year.

But these credits are not added to your monthly Social Security benefit payment; they are additions to your military earnings record, which may influence the amount of your Social Security benefit if your military service years are among the 35 years used to compute your SS benefit amount. Put simply, your earnings records for each year of active military service are increased by up to \$1200 per year for each year of active duty so that when your SS benefit is computed the higher earnings may increase your benefit amount. You can read all about this at the following link to Social Security's rules on this topic: <https://www.ssa.gov/planners/retire/military.html>. As you will see in this document, if you served between 1968 and 2001 you do not need to do anything to receive these additions to your military pay record; the special extra earnings have already been credited to your military pay records. And no "special extra earnings" are credited for military service after 2001.

As for your question about "any other extra items" you need to apply for, there really aren't any for you. By claiming your SS benefit to start in the month you attain 70 years of age you will be getting a benefit which is 32% more than you would have received at your full retirement age of 66, and that is the maximum you can receive.

Regarding what you hear about "a \$16,000 benefit" you should apply for; those advertisements are marketing hype designed to get you to buy something or enroll in some program. If you keep digging (as I have) you will find that they'll finally suggest that you may be able get that much more if you delay claiming benefits until you are 70 years old, which, of course, you have already done. Please keep this adage in mind – "if it sounds too good to be true, it usually is." And once more, thank you for your military service and congratulations for choosing a Social Security strategy that yields you the highest possible Social Security benefit available.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

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Planning Board Approves Main Street Project

Cont'd From Page 3

added, would be no taller than a single-family home.

Residents who spoke at the meeting said they were still concerned about the proposal. Four residents said they were opposed on the plan.

Larry Gangi, who lives next door to 35 Main St., said the new buildings would infringe on his privacy.

"I have a pool that I'm very concerned about," he said. "We're always out there and it's very, very private, and I enjoy the privacy. This unit is going to be too high. They're going to be looking out the windows seeing what's going on in the Gangi pool party. I'm very concerned about that. I don't like that."

Elizabeth Dennantis, a South Walnut Street resident, spoke against the proposal for more than 10 minutes during the Planning Board hearing. Neighbors opposed to the plan, she said, want to protect their investments.

"I know you have guidelines and laws that you have to work within, and common sense cannot be legislated, but common sense

has to have a place in any decision," Dennantis said. "The neighbors of 35 Main St. are hoping you will look at our continuing concerns as if they were the concerns of your own homes. Please help us to get some peace of mind in our investments."

Ward 2 Councillor Brad Croall said the project would still require approval from the Zoning Board of Appeals, which he said could consider neighbors' concerns about density, while the Planning Board was more concerned with parking and stormwater management.

"The chance to have that conversation about density – the number of units – will take place outside this board, since this project is subject to planning and zoning," Croall said. "For here, a lot of your job as I understand it is a test of merit on the parking requirements and a complete stormwater and drainage report."

The stormwater management plan was reviewed by experts, Croall said, but neighbors' input should be considered too.

"Those reports are done by people who work in that field, however, I also

feel strongly that people who work in the neighborhood have a good handle on what's going on," he said.

In other business March 13, the board:

Approved the Massachusetts Budhi Siska Society's plans to build a four-story learning center at 54-62 Massachusetts Ave. and 15 Glenwood Way. The project includes two levels of parking in the rear of the site with a combined 33 spaces. The learning center will house the society's texts and will only be open to scholars and monks.

Heard plans from the Galvin Development Company for its proposal to build a three-story, 24,000-square-foot office building at 218 Willard St. The plan for the site includes a total of 77 parking spaces. The board could approve the new office building as soon as April 10.

Heard plans for a four-story, nine-unit residential building at 178 Robertson St. The applicant, Baker Court LLC, included 18 garaged parking spaces in the plan. The project will be up for discussion again on April 10. The Zoning Board of Appeals approved the project in November.

Ask Barbara Graceffa: Secretary Of The Interior

Who Decides Color Of The Year?

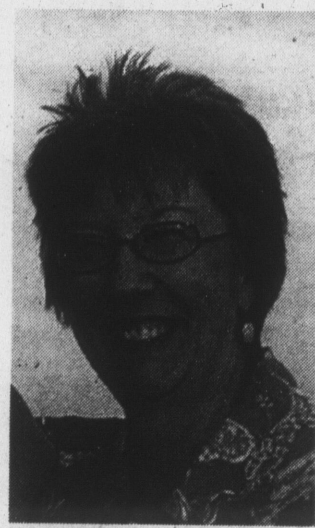
How do the major paint companies determine their Color of the Year? Why do different companies have different colors of the year? Do you see grey going away soon? Jane

Paint companies spend between six months and two years in preparing their color forecasts.

Pantone assembles an international team of color experts like professors of color theory and fashion and product designers who come together to brainstorm around an abstract theme like time or wellness. Each brings 4-5 pages of photos of colors gaining in popularity, then spend six months choosing the color of the year.

Benjamin Moore sends a team of seven researchers across the world for one year to bring back photos representing art, auto manufacturing, fashion, and housewares to similarly hunt for growing color trends.

Cultural influences also weigh into the decision as forecasters examine political and economic environments. For example, after 9/11, blue became very popular – a color representing trust, reliability, authority, and peace.



BARBARA GRACEFFA

In the end, Pantone created Living Coral this year, a vibrant salmon color. For Benjamin Moore, it's Metropolitan Grey, a sophisticated grey with hints of sage green. Sherwin Williams and HGTV Home also forecasted greens with Nightwatch, a rich dark green, and Reflecting Pool, a muted teal green.

So why do these teams choose different colors? I suspect it is to sell their own paints!

Neutral color trends typically last 7-10 years. Because grey was introduced in 2010, it is approaching the end of its cycle. However, from decorators to paint department managers, many

experts do not see grey going away any time soon. It is a classic color and, when paired with livelier colors in furniture and accessories, works very well.

The industry is flip flopping between warm and cool greys and we have seen a strong growth in greige – a grey/beige. Some believe that it is now morphing into taupe while others predict a trend toward French vanilla or the use of both whites and creams together.

I know that choosing paint colors for your home can be intimidating. In fact, my most requested service, in over ten years in business, has been helping clients with this very task.

Do you have a decorating challenge needing a professional solution? Send your questions to Secretary of the Interior at barbara@sec-interior.com.

Barbara Graceffa owns and operates Secretary of the Interior, an interior decorating company in Quincy. For more information on her services, to view her portfolio, and to read testimonials about her work, visit www.sec-interior.com or call 617-921-6033.

Croall Seeks Senior Citizen, Student Shoveling Program

Cont'd From Page 3

essarily have a tool in the toolbox outside of neighborhood kids you've been in contact with to help folks out with snow shoveling."

Students at both public high schools in the city are required to complete 40 hours of community service before they graduate. Croall

said the program would be a good way to help out high schoolers needing to fulfill that obligation while providing assistance to senior citizens.

"I thought that this could be a good connection with some of the local youth in the community who are fulfilling the obligation to...

graduate from high school and fulfilling a need with the senior citizens who may need help with snow removal," he said.

Croall said he reached out to Superintendent Dr. Richard DeCristofaro, Mayor Thomas Koch and members of the School Committee prior to the meeting, and

all said the idea was worth exploring.

Councillor Noel DiBona said school officials should look into similar initiatives while exploring the snow

removal program.

"I think this is a nice start right here," he said. "There are also other ideas, like recycling programs and other things, that maybe will spark

from this snow shoveling program for community service hours. I'm looking forward to this discussion and I think it's going in the right direction."

Lifeguard Training Course

The City of Quincy Recreation Department will conduct an American Red Cross Lifeguard Training Course at the Lincoln Hancock Community School Pool during April school vacation.

The course is open to participants who are at least 15 years of age and capable of passing a pre-requisite water skills test. The pre-requisite swim test will be given to all candidates on Tuesday, April 16, at 10 a.m. at the Lincoln Hancock Community School Pool.

Class will be held on Tuesday, April 16th through Friday, April 19th from 10 a.m. to 3 p.m. at the Lincoln Hancock Community School Pool. Registration for the course is limited and can be done online at QuincyRec.com, or in person at the Quincy Recreation of-

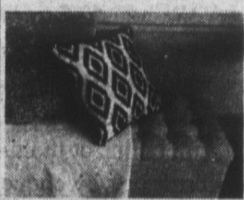
fice, One Merrymount Parkway, between 9 a.m. and 4 p.m. Monday through Friday. The cost of the program is \$180, which includes all books, supplies, and Red Cross fees.

Upon successful completion of the course, an Amer-

ican Red Cross Lifeguard Training Certificate, CPR for the Professional Rescuer and First Aid Skills will be issued.

More information is available on QuincyRec.com and by calling 617-376-1394.

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Local Man Honored To Attend Reception At White House

Invited By President To Help Welcome Irish Prime Minister

By PATRICK WALSH

It's an honor to be invited to a White House reception by President Donald J. Trump and First Lady Melania Trump.

On March 14, I attended a reception welcoming the Irish Prime Minister who traditionally visits the White House for St. Patrick's to give the U.S. president a bowl of shamrocks. I serve on a National Catholic Advisory Committee Board for the President and was an Attache and Chief Secretary for the late Ambassador Margaret Heckler.

Guests were instructed to be at the White House gate by 4 p.m. for the reception. A group of Irish diplomats and business people were already gathered there and I addressed them in Gaelic and found I had more of the language than they did.

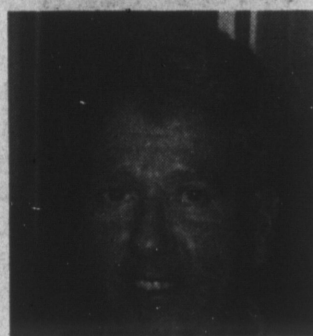
Both my parents were born in the Gaeltacht (Irish Land) in County Galway.

Unlike modern Ireland I never conformed myself to the faithless consensus of modernity. Though I received a graduate degree from Trinity college in Dublin Ireland, I'm an unreconstructed Irishman. I never forgot my father reciting in Irish from Virgil's Eclogues mentoring us to - "Feed your cows as before, breed your bulls and keep the old ways."

My mother Ann Connolly from Lettercallow, Leitrim, and my father Patrick Walsh from, Halfmace, Carna were Irish speakers. I was a mischievous child and picked up the language so I could listen in on my parents and run for cover when I was going to be punished.

President Trump's mother also spoke Gaelic fluently as she was born in the Hebrides and Donald in Gaelic is 'Domhnall' and translated into English means 'world leader.'

Being from Quincy and having edited and researched John Adams for David McCullough, I knew John Adams was the first president to occupy the still unfinished White House.



PATRICK WALSH

My own reading informed me that the White House was designed by Irish Catholic architect, James Hobin and modelled after Leinster House in Dublin.

The White House is America's House and I met many fine people from the South, several faithful Roman Catholic priest from both Ireland and the Washington DC area. I was proud to shake the hand of Supreme Court Justice Kavanaugh, and Commerce Secretary Wilbur Ross.

President Trump gave a gracious speech welcoming the Irish Prime Minister, Leo Varadkar. Everyone at the White House, its military, White House staff are extremely polite and accommodating.

Celtic Aire, the premier Celtic and folk ensemble of the United States Air Force played many a lively tune. And the McGrath Academy of Irish Dance stepped out. The smoked salmon, Baby Rack Lamb, Crispy Cod, Shepherd's Pie, Guinness battered sausages were superb. The champagne divine.

Departing the White House at the end of the evening I thought of the prayer President John Adams composed upon leaving the White House after he lost the bitter election of 1800- 'I pray Heaven to bestow the best of Blessings on this House and all that shall hereafter inhabit it. May none but honest and wise Men ever rule under this roof.'

I also prayed for President Trump who is protecting our nation and sovereignty from those who would make it part of an unelected undemocratic world bureaucracy.

Taking A Step Back To Move Forward

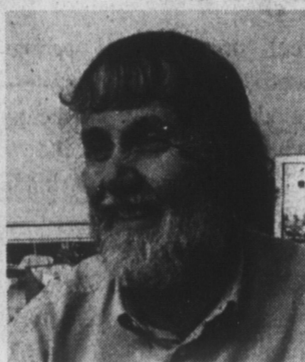
The Clergy Corner

By DAVID GODFREY

As we head into another election season, and prepare to dive into the shallows of political discourse, I've been thinking about how challenging it can be when people have differing points of view. I'm remembering how I handled that issue, or, I should say didn't handle it, several years ago.

I'm sure all of us at times have felt frustrated when decisions haven't gone our way. It wasn't long ago that I found myself railing against people I called friends during a particularly tumultuous time. What resulted was anger, confusion, and broken friendships. The Bible says, "Pride goeth before destruction, and an haughty spirit before a fall" (Prov. 16). And fall I did!

After many months of angry retorts and unhappiness, family responsibilities necessitated that I move out of state. Still feeling frustrated, I began to think



DAVID GODFREY

that God was providing me space to consider my actions, what had precipitated them, and what if anything was I willing to do to make reparations.

Initially, I felt quite justified in my actions until I read this; "It is our pride that makes another's criticism rankle, our self-will that makes another's deed offensive, our egotism that feels hurt by another's self-assertion" Miscellaneous Writings, by Mary Baker Eddy, the Discoverer and Founder of Christian Science.

That's a pretty humbling message. As I continued

to ask God for guidance, what came was going to test my sincerity: if you really want to move forward and repair the friendships and hard feelings, you're going to have to pay a visit to that group. I remember saying out loud, OH PLEASE, LET THERE BE ANOTHER WAY!

After struggling with this message for several days, I finally said, Okay, God, I'll do it. But I knew that, first, I would have to forgive the people I felt had wronged me. Another statement from that same book says, "Nothing short of our own errors should offend us."

The Sermon on the Mount provided more supportive passages for my prayers. "Blessed are the meek: for they shall inherit the earth," and "Blessed are the peacemakers: for they shall be called the children of God" (Matthew 5). My colleagues, I admitted, had expressed wonderful examples of meekness and peacemaking over the years, and sometimes to me! They

hadn't lost those qualities, I had just stopped appreciating them.

Now I was ready to go. Despite my unexpected arrival I was greeted warmly. Some people were a little reticent, just as I was, but for the most part I felt at ease. I was able to have several cordial exchanges and even a handshake or two, and when I left, there was no doubt in my mind that God had been directing me to love and forgive.

While I'm still tempted to regret some of the things I'd done and said to them,

I've been shown that we don't need to hang on to past mistakes. When we release them we're free to accept the prize for our obedience: one being the gaining back of old friends.

David Godfrey is a Christian Scientist and has previously conducted worship services as First Reader. He currently serves on his church's Executive Board, and is Chairman of its Lecture Committee.

April Events For Children At Library

By JULIE RINES

The Thomas Crane Public Library announces the following events and activities for children at the library during April.

Spring 2019 Storytimes

Weekday morning storytimes begin again starting Friday, March 22nd. Storytimes are offered for children ages 4 months to 8 years old. Please check the following schedule for dates and locations of drop in programs. Please note storytimes do not meet during April school vacation week or any time Quincy Public Schools are closed for inclement weather.

Main Library Storytimes

Rock-a-Bye Babies (4-11 months) Tuesdays, @ 11:00 a.m. 3/26, 4/2, 4/9, 4/23, 4/30

Family Pajama Storytime (1-5 years) Wednesdays @ 6:30 p.m. 3/27, 4/3, 4/10, 4/24, 5/1

Preschool Storytime (3-5 years) Fridays @ 9:30 a.m. 3/22, 3/29, 4/5, 4/12, 4/26

Branch Storytimes

North Quincy Branch Preschool Storytime (3-5 years) Mondays @ 10:00 a.m. 3/25, 4/1, 4/8, 4/22, 4/29

Adams Shore Branch Toddler Storytime (2-3 years) Tuesdays @ 10:00 a.m. 3/26, 4/2, 4/9, 4/23, 4/30

Wollaston Junior Explorers Ages 3-5 Mondays @ 3:00 pm 3/25, 4/8, 4/22, 4/29, 5/6

Dinosaurs: Roar with a T-Rex! Stomp with an Apatosaurus! Fly with a

Pteranodon! Join us for five weeks of dinosaur stories and crafts. No registration is required for this program

Wollaston Explorers Ages 6-8 Wednesdays @ 3:00 p.m. 4/3, 4/10, 4/24, 5/1

Medieval: Travel back in time to read about knights and royalty, make your own helmet and shield and face off with dragons. We'll be reading stories about medieval times and making crafts to help a medieval adventurer. No registration is required for this program.

Music and Movement with Rubi

On Saturday, April 6th at 10 and 10:30 a.m. sing and dance with Rubi Lichauco! Rubi brings her popular preschool program to Quincy so put on your favorite dancing shoes and join us for this lively mix of music and movement for children ages 0-4 accompanied by an adult.

This program is presented as 2 half hour sessions to ensure that there is space for everyone to dance and move around.

Mr. Lemoncello's Library Event

On Tuesday, April 9th from 1-3:30 p.m. students in grade 5 and up are invited to join us as we celebrate Chris Grabenstein's Escape From Mr. Lemoncello's Library with an afternoon of fun and games.

Join us for crafts, life-size Candy Land, scavenger hunts, trivia and more! Light snacks will be provided and we will be raffling off boxed sets of the series at the end.

Cosponsored by the Quincy Public Schools Middle Schools.

Preschool Discovery @ Wollaston

Drop by the Wollaston Library with your preschooler, ages 3-5, any time between 10 and 11 a.m. on Thursday, April 11th to do some fun simple science together. Activities, experiments and instructions will be provided for science you can do with your child.

Explore the Ocean

This month we'll be sorting shells, getting a close look at sand, eating like whales, and maybe even making our own waves!

Science Saturday - Coding with Dash robots

This month we'll be exploring robotics and coding with Dash robots on Saturday, April 13th from 10 to 11:30 a.m. Up your S.T.E.M. skills with Tony Ghelfi from FrankenS.T.E.A.M.

Children ages 8-12 are invited to learn the basics of block coding using Dash robots. Can you make your robot follow a maze, shoot some hoops or score a soccer goal?

In order to ensure that there are enough robots for everyone registration is required and is limited to Quincy residents. Registration begins Monday, April 1st at 9 a.m. online at thomascranepubliclibrary.org, by phone at 617-376-1300 ext. 4 or in person at the Main Library Children's Room. This program is for children ages 8-12.

Book Clubs for Kids

Do you like to read?

Would you like to talk to others about books? Then you will like our book discussion groups. Join us each month to discuss all kinds of books

The Night Owls Book Club for children in grades 3 and 4 will meet on April 11th at 7 p.m. at the Main Library

This month we will be reading Where the Sidewalk Ends by Shel Silverstein

Celebrate National Poetry month with this outrageously funny collection of poems and drawings where you'll meet a boy who turns into a TV set, and a girl who eats a whale. The Unicorn and the Bloath live there, and so does Sarah Cynthia Sylvia Stout who will not take the garbage out. It is a place where you wash your shadow and plant diamond gardens, a place where shoes fly, sisters are auctioned off, and crocodiles go to the dentist.

Pick up a copy of Where the Sidewalk Ends at the main library children's desk to read before our meeting.

The Phoenix Book Club for children in grades 5-8 will meet on April 9th at 7 p.m. at the Main Library.

Take a trip back in time this month with historical fiction and nonfiction. Pick any historical fiction book you like! It could take place twenty years ago or two thousand years ago! It could take place in the United States, or anywhere else in the world! Once you've picked your historical fiction book, look at what time

Cont'd On Page 31

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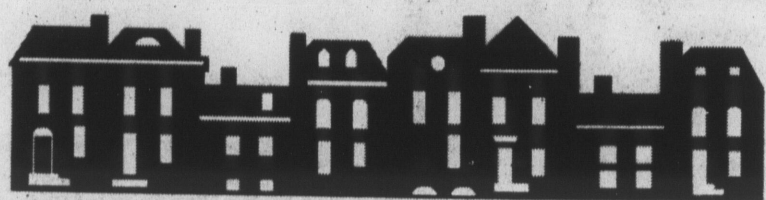
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Real Estate

Quincy Real Estate Transactions March 18 - March 22

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
42 Brunswick Street Realty Trust	Christopher Meehan	\$507,000.00	42 Brunswick Street
Jie L Cho & Kam Chui	Yu Ling Duong	\$540,000.00	263 West Street
Likyu Chow & Chien K Lee	Wipha White	\$365,000.00	749 Southern Artery
Faxon Development Nominee Trust	John Doyle	\$525,000.00	150 Quincy Avenue Unit 4B
Kenneth A & Beverly B Jones	DM Lins Property LLC	\$875,000.00	68 Beach Street
Lee M Gagnon	Ri W Tan & Yixiang Jiang	\$623,000.00	210 Franklin Street
Cherdan Realty Trust	54-56 Newbury Avenue LLC	\$500,000.00	54-56 Newbury Avenue
Phuoc X Cao & Michelle V Tran	Yanbiao Zhen & Caiqiong	\$522,000.00	72 Federal Avenue
Colman McDonagh	David J Riley	\$580,000.00	87 Independence Avenue
Copeland Street Realty LLC	Peter Carleen & Colleen Maloney	\$289,500.00	328 Copeland Street
Timothy J Murphy	35-37 Leyden Street Realty Trust	\$1,150,000.00	444 Adams Street
Eoghan D Kelly	Athena Lioukas & Elias M Silva	\$440,000.00	80 Main Street
Joseph F Brophy Jr & Dennis Brophy	Josh & Alaina Giordani	\$420,000.00	156 Babcock Street
Jose L Diaz	Joseph Bradley	\$310,000.00	22 Fensmere Avenue Unit L

Foreclosure Assistance Programs Available

Norfolk County Register of Deeds William O'Donnell reminds homeowners who are in the midst of struggling to pay their mortgage or facing foreclosure that there are consumer programs available to assist them during these trying times.

"While the eastern Massachusetts economy has been robust, some of our neighbors have faced economic hardship. Foreclosures can result from a number of reasons including an illness, a job loss or being on a fixed income," O'Donnell said.

To help consumers, the Registry of Deeds has partnered with several reputable agencies by promoting their services when it comes to mortgage modification and foreclosure programs. Consumers can either contact the Quincy Community Action Programs at (617) 479-8181 x-376 or NeighborWorks Southern Mass

at (508) 587-0950 x-46. Another option would be the Massachusetts Attorney General's Consumer Advocacy and Response Division (CARD) at 617-727-8400.

"These agencies," noted O'Donnell, "provide a range of assistance from helping with the mortgage modification process to providing legal services, to staying off a foreclosure, and to offering several forms of credit counseling. Additional resource options can be found on the Registry's website, www.norfolkdeeds.org under the Support tab."

O'Donnell also provided a cautionary note to consumers.

"Unfortunately, foreclosure rescue and mortgage modification relief is becoming a growing business scam. Some of these unscrupulous companies look to charge consumers outrageous prices for services by making unrealistic promises to them. If what they are

telling you seems too good to be true, it probably is. Please check out any mortgage modification or foreclosure relief company before entering into a contract with them," O'Donnell said.

Norfolk County Registry of Deeds statistics show that during the past several months, a mostly downward trend has occurred when it comes to Notice to Foreclose Mortgage filings, the first step in the foreclosure process. "With that said," O'Donnell said, "we realize that while Norfolk County is a destination location to both live and work, one foreclosure in the county is one too many."

"The Registry is always glad to help those facing a mortgage delinquency or foreclosure crisis by directing them to the appropriate agency," O'Donnell said. "These organizations are there to serve your needs in

the most professional and honorable ways."

To learn more about these and other Registry of Deeds events and initiatives, like us at [Facebook.com/NorfolkDeeds](https://www.facebook.com/NorfolkDeeds) or follow us on twitter.com/NorfolkDeeds and/or [Instagram.com/NorfolkDeeds](https://www.instagram.com/NorfolkDeeds).

The Norfolk County Registry of Deeds is located at 649 High St. in Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record information. All land record research information can be found on the Registry's website www.norfolkdeeds.org.

Residents in need of assistance can call the Registry of Deeds Customer Service Center at (781) 461-6101, or email registerodonnell@norfolkdeeds.org.

QCAP Homebuyer Workshop April 11 And April 13

Quincy Community Action Programs, Inc. (QCAP) will host a set of comprehensive workshops designed for first time home buyers.

The First Time Home Buyer Workshop will be held in two sessions: Thursday, April 11th from 6 to 9 p.m. and Saturday, April 13th from 9 a.m. to 3 p.m. at Quincy Community Action Programs, 1509 Hancock St., Quincy.

The workshop focuses on all aspects of the home buying process. Real estate professionals will present information on topics from mortgages to home insurance. Attendees must attend both sessions in order to receive a certificate of attendance. Participants may

use their certificate to obtain a low rate loan through MassHousing or MassHousing Partnerships. Free individual counseling is also available.

Registration is open until Tuesday, April 9th. Space is limited. The cost is \$30 per person and the fee is non-refundable.

For more information about the program or to register for the workshop, visit www.qcap.org or contact Keely Elta at 617-657-5315 or kelta@qcap.org.

Future two-day workshops will be held April 25th and April 27th at Quincy Community Action Programs; and May 9th and May 11th at Quincy Community Action Programs.

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TEAM HYPER, TJ2, and Morpheus pose for a group photo after becoming SE Mass District Finalists. Photos Courtesy Edward Smith/QPS

Strong Showing For Robotics Team At SE Competition

QPS Students To Travel To NH For District Event

In the chilly morning of Saturday, March 9th, the Quincy Public Schools HYPER Robotics team gathered at Quincy High School awaiting the bus. Everyone was filled with excitement; it was finally competition day.

The Quincy and North Quincy High School students spent six weeks in the robotics area of Bethany Congregational Church building a functioning robot from scratch. Students and mentors worked together designing, building, and coding for hours and the team hoped that their efforts would pay off. At 7 a.m., students and teachers boarded the school bus headed to Bridgewater-Raynham High School for the South East Massachusetts competition.

Thirty-eight robotics teams from all over New England gathered to compete in this year's game, Destination: Deep Space. The premise of the game was to place cargo and hatch panels onto rockets

and climb onto platforms to "lift-off" at the end of a match.

HYPER put on a good showing and by the end of Saturday's qualifications matches had won six and lost two. HYPER earned many points by scoring hatch panels but was most notable for their consistent ability to deploy ostrich legs (stilt-like extensions that elevate the robot) and rollers to climb to the highest level of the HAB platform at the end of the match!

Their win/loss record and ability to consistently climb ranked second at the end of the day! The bus ride home to Quincy had the students anticipating doing even better the next day.

Reflecting on day one of competition, Eric Manter, Junior Pit Crew Member said, "The other teams' hard work as well as ours really showed through and it was fun. Six weeks led up to this and everyone's robots were great."

HYPER travelled back



TEAM HYPER is all smiles after collecting their SE Mass District Finalists trophy.

to Bridgewater on Sunday, March 10th and competed in four more qualification matches, finishing with an

overall record of 7-5. This had them tied for second in ranking points and seeded fourth for Alliance Selection

in the afternoon.

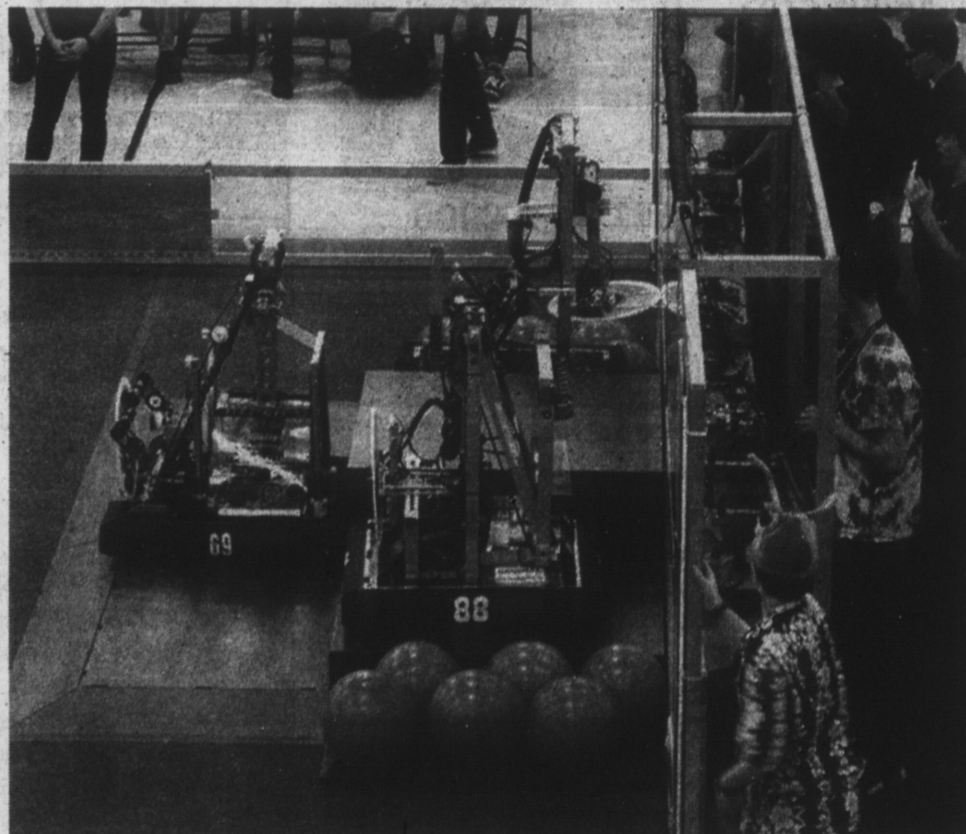
As alliance captain, HYPER chose teams TJ2 (88) from Bridgewater-Rayn-

ham, and Morpheus (5813) from Concord, NH to join their elimination round alli-

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HYPER mentors and students work on the robot in the pit area between matches.



QPS HYPER's robot ready to roll just prior to a match.

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Anna Jaques Hospital

BayRidge Hospital

Beth Israel Deaconess Medical Center

Beth Israel Deaconess Hospital-Milton

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Beverly Hospital

Lahey Hospital & Medical Center

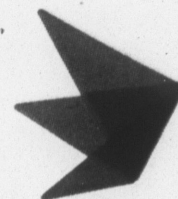
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Quincy College Offering Dual-Enrollment Program

Cont'd From Page 1

get high school and college credits. They will actually go to the college and sit in a college class with college students," Bellotti said.

The college has offered dual-enrollment programs in the past, but this is the first time the courses will be held inside the school itself.

"We've had dual-enrollment. It's not uncommon to have professors in the schools. This is really the first time we've offered it in our college setting and at this rate," he said.

The program will be open to rising high school juniors and seniors; current high school seniors are also eligible as long as they enroll prior to graduating from high school. Quincy and Plymouth residents are eligible to enroll and classes will be offered at both campuses.

Five- and ten-week courses will be offered through the Summer Bridge program. The first set of five-week courses begin the last week of May and end by July 1. The second set of five-week courses commence the week of July 8 and end by Aug. 8. The ten-week courses run from the last week of May to Aug. 8.

More than two dozen courses will be offered during Summer Bridge, in areas such as accounting, art, biology, business, chemistry, criminal justice, English, government, history, math, Spanish and theater arts. A complete list of courses can be found online at quincy-college.edu/bridge.

Bellotti spoke to The Sun soon after the state Board of Registration in Nursing gave the college permission to re-open its nursing program starting in the fall. Bellotti called the decision a "great opportunity" for the

college and credited Mayor Thomas Koch and Roxanne Mihal, the school's dean of nursing, among others, for their work in getting state approval to bring back the nursing program.

"We're in a position to start reviewing applications and admitting students. It's a great opportunity for the school to show Quincy and other communities that we've really turned things around and that we're positioned to create a nursing program that's second to none," Bellotti said.

"For us, it's been a real challenge over the past several months. With the leadership of the mayor and Dean Roxanne Mihal - and everybody involved in the school - we've been able to re-establish this program as if it is brand new. It is going to be a rigorous curriculum redesigned, renovated, so that it can meet the changing landscape of the nursing profession."

Bellotti assured prospective students the new nursing program would be "here to stay" and would lead to employment in the field.

"The program is here to stay and it's going to lead to employment because it will be recognized as a program that reflects the changing nature of the nursing profession. We're creating a nurse for the future," he said.

"We've got very strong clinical affiliations which are in place. Those are our partners in terms of on-site training, which will probably lead to employment."

The deadline for prospective nursing students to apply is May 1. The college will hold a series of information sessions for would-be students interested in the program leading up to the deadline. Mihal and members of the nursing faculty will be in attendance for those events.

"It will be kind of a nice atmosphere and environ-

ment for them to have a give and take with staff and faculty regarding the new program and admissions process," Bellotti said.

Quincy College will be able to enroll up to 120 students in its nursing program. Of those, 80 students will be able to enroll in the associate degree in nursing program and 40 in the practical nursing program. Half of each group will attend classes at the school's Quincy campus with the other half doing so in Plymouth.

Bellotti is hopeful about growing the enrollment in the future.

"The plan is in the future to slowly increase that number," he said.

BORN withdrew approval for the college's associate degree in nursing and practical nursing programs in May 2018, though students set to graduate last spring and summer remained eligible to take the National Council Licensure Exam. BORN had placed the college's nursing program on approval with warning status in June 2017 with the school's graduates passing the national licensure exams at the lowest rate of all schools in the state.

Koch, who was named principle executive of the college less than one week after BORN's decision last year, did not appeal the board's vote. Bellotti, who took over as the college president on an acting basis in November, said school officials worked with the state board from that point forward to get the nursing program back up and running.

The process included a site visit by BORN officials in November. Then, on Jan. 11, the school submitted detailed plans regarding the nursing program to the state board. BORN granted the school permission to re-establish the nursing program at its meeting on March 13.

QHS CTE News Spotlights Graphic Design, Health Services

The Quincy High Film and Television Production class has just filmed the latest episode of CTE News.

This is a program that highlights the vocational programs at Quincy High School.

The new episode features Graphic Design and Health Services. It will air on channel 22 March 28-April 4.

It can also be seen on the Quincy High School Film and Television Broadcasting channel on youtube.

Five Quincy Students On Clark Dean's List

Five students from Quincy are on the Dean's List for the fall semester at Clark University in Worcester. Earning high honors

were Cassandra T. Feeney and Jenny M. Thi.

Earning second honors were Katy Deng, Leonard Strauss and Nicole Strauss.

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SEVERAL OF Interfaith Social Services' Bunny Basket program junior volunteers pose in front of a wall of finished baskets after the March 16 volunteer event. Two dozen volunteers from Quincy, Braintree, Hingham, Norton and Randolph assembled more than 400 baskets to be distributed to the children of Interfaith's food pantry clients.



ASSEMBLING baskets at Interfaith Social Services' Bunny Basket Program volunteer day on March 16 are (left to right) Logan Doane, of Randolph, Joyce Feeney, of Quincy, and Thomas Chenette and Cindy Lee, of Braintree. Two dozen volunteers assembled more than 400 baskets for the children of Interfaith's food pantry clients.

Volunteers Assemble Hundreds Of Bunny Baskets

To Be Distributed To Interfaith Social Services Food Pantry Clients

Surrounded by a sea of chocolate bunnies, colorful plastic eggs, pastel grass and small toys, a group of volunteers gathered at Interfaith Social Services March 16 to assemble more than 400 Bunny Baskets.

At the annual family volunteer event, two dozen volunteers assembled brightly colored Spring baskets for the children of Interfaith's food pantry clients. The baskets brighten the lives of

children who may be living in difficult circumstances and are enthusiastically received each year by families of all religions.

Interfaith operates one of the largest emergency food programs in Greater Boston. Their seasonal initiatives, such as the Bunny Basket Program, Back to School Backpack Program, Halloween Costume Drive and Help for the Holidays gift program, bring happi-

ness to hundreds of children on the South Shore living in tough situations.

Interfaith's Bunny Basket Program is supported by generous donations from local individuals and businesses.

In addition to the food pantry, Interfaith operates the New Directions Counseling Center, which provides mental health counseling and addiction recovery

treatment to hundreds of local individuals and families, as well as HomeSafe, a budget counseling and homelessness prevention program. Interfaith also houses the volunteer-run Bureau Drawer Thrift Shop, a boutique-style shop whose proceeds support the organization.

Find out more about the organization at www.InterfaithSocialServices.org.



FINISHED BASKETS await distribution.

Photos Courtesy Interfaith Social Services

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Tennis: The Game Of A Lifetime

Carolyn Dacker, Dorothy Donahue Have Played For Decades

For many, exercise helps us thrive as we age. When it comes to longevity in life, staying active allows people to enjoy everyday life with energy and vigor.

A prime example of this are tennis players Carolyn "Hooky" Darack and Dorothy "Dottie" Donahue. Recently, Darack and Donahue were welcomed to the South Shore YMCA to meet one another, spend time playing

together, and share life lessons they've each learned over the years through the sport for which they share a mutual love.

Darack, who turns 100 in October, has been playing Tennis for about 90 of those years and Donahue, who will turn 94 come May, has been playing tennis since she was a teen.

The pair took to the court with ease, fielding volleys

from Bob Carroll, Senior Tennis Director at the South Shore YMCA, as if they had been playing together for years. After their time together on the hard court had come to a close, they sat down with Carroll to celebrate their newfound friendship, share fond memories and pass down advice for up and coming players.

"Nothing pleases me more than coming here and

hitting the tennis ball," said Darack of the experience. "It's really exciting. It's the highlight of my life coming here and being able to hit and [continue to] do something that I did for all these years... it's a sport that can stay with you whereas the others fade away. But this you can do individually, it's a fabulous way to keep going. I like the exercise, moving around, and being able to connect with the ball in any way is terrific. I like the ambiance of this club."

Options to stay engaged are plentiful at the South Shore YMCA. Offerings for seniors looking to maintain and improve their health in spirit, mind and body include the Live Y'ers, yoga, balance, diabetes and arthritis management, tai chi, water and group fitness exercise classes, and of course, Tennis.

"The health benefits of tennis are well documented; from better cardio condition to its mental challenge and how it can keep the mind sharp," said Carroll. "But one aspect I think is overlooked - and is so perfectly demonstrated by Dottie and Hooky - is the way tennis can truly be the game of a lifetime. Tennis doesn't have to have an ending. It can be played solo or with a partner; in the sun or under a roof; on strong legs or from a wheelchair; as a child or in our golden years. I realize no one picks up a racquet and says I'm going to play until I'm 100. But, as we can see with these two inspirations, it's not out of the question."

Each of the South Shore Y's classes and programs are led by caring, friendly instructors like Carroll, who serve to guide people of all



AVID TENNIS PLAYERS Dorothy Donahue (left), and Carolyn Darack (right) with Bob Carroll, senior tennis director at the South Shore YMCA. Dorothy, who turns 94 in May, and Darack, who will be 100 in October, continue to play the sport they have loved for decades. Photo Courtesy YMCA

ages safely, and at every step of the way.

"The helpfulness of my friend Bob... this all emanates from him," said Darack. "His generosity is overwhelming to me and I thank him tremendously. The fact that a Pro gave up his time here at the South Shore YMCA to play with us took my breath away. It was so exciting. It may be a little thing to others, but this was a big event in my life."

Joining Darack and Carroll was Dorothy "Dottie" Donahue. For Donahue, the sport became a family affair as her household grew. With her spouse and 6 children all involved in tennis at the Emilson YMCA, her familiarity with the game as well as the location is greatly personal.

"My husband was one of the owners of the original tennis club here [at the Emilson YMCA]. I played here on a team and then when I had 6 children, I got them all playing tennis too. It's very much a part of my life. I feel very fortunate I still can play. I love every minute of it, and I'm enjoying the memories I have. I enjoy indoor tennis because it stays the same and I like the teams and the competition, and I like the fact that it's on a schedule means I don't have to worry about the weather," said Donahue. "I know it's good for me. It lifts my spirits, what more do I need?"

For Carroll, Donahue and Darack serve as motivation for all those who think staying active needs to end as age progresses.

"Talk about an inspiration," said Carroll. "You're talking about two people with a combined age of over 190. It gives inspiration to those who think you can play a sport until a certain age. You don't, you play until your body says you can't

play. And for those two, I don't think their bodies are ever going to stop playing."

Taking the time to offer advice to the next generation of tennis competitors, Hooky and Dottie focused on dedication, commitment, and practice making perfect.

"Practice, because the better you play, the more you'll enjoy it" shared Donahue. "Just keep getting out there."

"Keep going as long as you possibly can," added Darack. "Don't let the time go by - make every effort beyond the court as much as you can, whether its indoor or outdoor."

Players as young as 4 can begin their tennis careers at the South Shore YMCA, where the branch's 10 courts (both hard and clay) welcome children and their families, active older adults, and everyone in between. And for many players just like Hooky and Dottie, the sport turns from something that starts young and transitions over the years to become the game of their lifetime.

"My favorite part about tennis here at the Y is the family aspect," said Carroll. "The fact that you see so many familiar faces, everyone seems to know everyone here - we're the cheers of tennis clubs. We're one big group that knows each other and cares about each other. Here, we do think of ourselves as a community. If you want to try tennis, we're the place to come to. You'll find yourself very comfortable here."

For anyone looking for more information on how to get involved in Tennis at the South Shore YMCA, no matter their age, contact Bob Carroll at bcarroll@ssymca.org or 781-829-8585 x 8229.

Michaela Pettinelli On Endicott Dean's List

Michaela Pettinelli of Quincy has been named to the Dean's List for the fall semester at Endicott College in Beverly.

Pettinelli is majoring in education and is the daughter of Ronald Pettinelli and Diane Pettinelli.

QUINCY HS & NORTH QUINCY HS
Combined Wrestling Team

PRESENTS

The Fifth Annual
HEAVY WEIGHTS
OF COMEDY
Saturday, April 6th - 7pm
Featuring
3 of Boston's Best Comedians

Saturday April 6th • 7pm @ The Sons Of Italy
120 Quarry Street, Quincy, MA
Comedy Show • Buffet Dinner • DJ • Raffles • Cash Bar
Tickets \$25 pp in Advance Or \$30 pp Day of Show
For tickets go to:
QNQW-Tickets.eventbrite.com

QNQ COMBINED WRESTLING TEAM

STUDENT ATHLETES OF THE MONTH

Sponsored by



Abby Murphy

Cross Country, Track - Quincy H.S.

"Abby is a very talented runner and one the most accomplished athletes I have coached. She has qualified for more state meets than any other QHS female runner."

- Geoff Hennessy

Abby played on the Varsity Cross Country indoor and outdoor track and field team since her freshman year. She has been recognized as a 4-time Patriot League All-Star and All-Scholastic Athlete, an All-State qualifier for Cross Country and a 3-time All Star League for Indoor

Track and field. Her impressive statistics include a 19:22 5K record, a 3:10.26 1000 meter record and a 2:26.68 800 meter record. Abby has a 3.61 GPA and will be studying Nursing in college.



Ilan Valencius

Soccer, Baseball, Volleyball - N.Q.H.S.

"Ilan has been a pleasure to coach and a 4 year asset to our program. He epitomizes what a student athlete should be."

- Kevin Barrett



Ilan is truly a well-rounded athlete. He is the Captain of the Soccer, Baseball and Volleyball teams. He was selected for many awards and distinctions including MVP for Soccer, Basketball Patriot League Scholar Athlete, Volleyball Patriot League All-Star and All-Scholastic. He attained 216 kills and lead the Volleyball league with 90 blocks. Ilan is a member of the National Honor Society. He competed as a Science Olympiad and is the Captain of the Quiz Bowl team. Ilan is interested in studying Environmental Engineering in college.



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Construction Of New Quincy Center Bridge Begins

• Travel Lanes Reduced On Burgin Parkway • New Span To Connect To Cliveden Street

By SCOTT JACKSON

Travel on a section of Burgin Parkway has been reduced to one lane in each direction this week as construction on the new Generals Bridge begins.

The lane reduction on Burgin Parkway between Granite Street and Hannon Parkway began Tuesday evening. The roadway will remain in the new configuration until March 2020, according to the Massachusetts Department of Transportation, to facilitate the construction of the new bridge and improvements to Burgin Parkway. A different configuration, also with one lane in each direction, will be in place after that point for another year.

The Generals Bridge is slated to open in 2021.

The state is paying for the construction of the \$10 million bridge, which will connect Burgin Parkway to Cliveden Street. The bridge will provide access from Burgin Parkway to the Ross Lot area, where FoxRock Properties is proposing a development with a medical office building, a 140-room hotel and 110 residential units. The city also plans to extend Cliveden Street across Hancock Street and into a new public parking garage under construction on the Hancock Lot, which is slated to open this fall.

The construction of the new bridge will also require some changes in the Ross parking lot.

Monthly passholders who park in the north section of the lot will continue to enter the parking area from the Granite Street side. The exit for that section of the lot will remain on the Parkway, but motorists will now have to detour around the construction zone. The detour will take drivers east towards Ross Way. From there, drivers can take a left onto the Ross Way headed towards Granite Street, continue straight onto Cliveden



Street headed towards Hancock Street, or take a U-turn onto the unsigned Cliveden Place, which runs parallel to the Parkway and ends at the Hannon Parkway.

"We are preserving all the moves, even though the route will be a little different," Chris Cassani, the head of the city's traffic and parking department, said March 22.

The south section of the Ross Lot will remain open to transient parkers. Drivers will enter that part of the lot from the Ross Way and exit onto Cliveden Place.

Cassani said signage would be installed to alert drivers to the new traffic pattern in the Ross Lot. Those who parked in the lot last week also received a flier with a chart showing the new traffic pattern.

Some parking spaces in both the north and south sections of the lot will be lost with construction of the new Generals Bridge starting, Cassani said, but enough parking spaces will remain to accommodate those who use it.

CLIVEDEN STREET is shown here in the foreground. Straight ahead in the background is the Burgin Parkway. A new bridge is being constructed that will connect Burgin Parkway to Cliveden Street. Phase one of the construction began this week and requires travel lanes to be reduced to one lane in each direction on the Burgin Parkway in the vicinity of where the new span is being built (background) for one year.

Quincy Sun Photos/Robert Bosworth



THIS VIEW IS from the area in front the Burgin Parkway looking towards Cliveden Street located between the two buildings. At the end of Cliveden Street is Hancock Street. A new bridge is building built that will connect the Burgin Parkway with Cliveden Street.

Downtown Items Review At Council Hearings

Cont'd From Page 1

structed on the land now owned by the city and the site of 37R Parkway, also known as the Commonwealth Building, which FoxRock owns presently. Construction on site could start as soon as the spring of 2020, the mayor said in February, and would take about 18 months to complete.

Koch also submitted to the City Council a request to borrow \$61 million for improvements in Quincy Center, primarily in the vicinity

of the Ross Lot, including money to design a new public parking garage. The \$61 million would be borrowed using the District Improvement Financing program, which means new tax revenue from Quincy Center would pay off the debt. Additionally, the mayor submitted a new amendment to the Urban Revitalization and Improvement Plan for the downtown. The revised URDP identifies additional parcels for potential taking in the future.

The City Council will discuss all three items next month during a series of committee hearings.

Leading off the committee meetings will be an April 3 finance committee meeting to review the \$61 million borrowing request. That meeting will begin at 6:30 p.m.

On April 10, the finance and downtown committees will hold a joint meeting at 6:30 p.m. to begin their review of the land disposition agreement with FoxRock.

A public hearing will take place on April 24 at 6:30 p.m. on the amendment to the URDP for Quincy Center. The council's ordinance committee will begin its review of the URDP following the public hearing.

A public hearing on the FoxRock LDA will be held on April 29 at 6:30 p.m., followed by a joint finance and downtown committee meeting to review the agreement.

The ordinance committee is slated to meet again on May 1 at 6:30 p.m. to

continue its review of the URDP.

Regular council meetings will take place next month on April 1 and 22, both of which will be preceded by committee meetings.

At 6 p.m. on Monday, April 1, the environmental and public health committee will hear testimony from Native American organizations regarding the preservation of potential burial grounds on Long Island.

At 6:30 p.m. on April 22, the council will hold a

public hearing on a proposal by Council President Brad Croall to amend the city's zoning code to require two parking spaces per dwelling unit in Residential B and C zoning districts. The zoning code now requires 1.75 parking spaces per dwelling units in those districts. The ordinance committee will review that item following the public hearing and will also review an ordinance concerning small-cell wireless facilities.

Development, Zoning Topics At Community Forum

Cont'd From Page 1

meant to stop adverse outcomes of development.

"The purpose of site-plan review is to promote development that will be beneficial to the community and to protect the community from potential harmful impacts by determining the most appropriate use of the land consistent with the city's zoning code," Fatseas said.

The process is primarily concerned with drainage, he said; projects are not allowed to increase runoff to neighboring properties. The board also considers light glare, erosion, traffic hazards, obstruction of scenic views, obstruction of views off the site, traffic, and trash removal.

The Planning Board, he added, cannot reject projects during the site-plan review process.

"Our job isn't to say no," Fatseas said. "If someone has a piece of property that doesn't need really a whole lot of relief on the site for what they propose, then they can move along pretty well."

He noted, however, that developers sometimes ini-

tially propose a higher number of units on a site than the board would allow. That number then gets reduced during meetings with the Planning Department and through the Planning Board process.

"They think if they come in with the higher number, it's easier to obtain the real number they want, but sometimes those numbers are just impossible," Fatseas said.

The board, he added, pays attention to parking requirements for the projects it reviews. Fatseas said the parking issues in the city are not being caused by new buildings going up; instead older homes were not built with enough off-street spaces to meet current demand.

"Generally speaking, what we're going to see out of a two-family house today is more cars than the house was built for," he said.

One woman in attendance asked Fatseas if he thought there was too much development. She said she lives two blocks from the Neponset Bridge and it takes her 30 minutes to get on the bridge each morning

on the way to Boston.

Fatseas said drivers from across the South Shore have to pass through Quincy on the way to and from Boston, which is the root of Quincy's traffic problem.

"Everybody is going through Quincy. If you're in Weymouth, if you're in Cohasset, if you're in Scituate - if you're anywhere along the coast - you're coming through Quincy, either on the expressway, [Route] 53 or 3A," he said. "We're a funnel."

Various smartphone apps allow commuters to pick the fastest route in real-time, he added, which sometimes leads drivers to exit I-93 and cut through Quincy during rush hour.

Fatseas said his department encourages developers to reach out to ward councilors and hold a community meeting before going to the Planning Board or Zoning Board of Appeals. Some applicants go directly to those boards without approaching the Planning Department, he added, and some projects pitched to his department never advance to the boards.

Various city departments,

such as public works and the traffic department, review each project. An independent peer reviewer does so as well; that peer review is paid for by the applicant.

Fatseas encouraged any residents with questions or concerns about development to reach out to his department.

"If you want to engage us, that's what we're there for. We're there every day, five days a week. We're happy to field any questions that you have," he said. "Don't hesitate to reach out to us."

Duca, the inspectional services director, said his department issued 8,000 permits last year, including 3,500 building permits. The department also took in about \$3 million in construction fees.

Many of those building permits were by-right permits, he said, for items including new decks, new pools and additions that meet the zoning code. About 200 permits were issued to projects that went before the ZBA or Planning Board.

Duca said it is important

for residents to weigh in on projects when those boards review them.

"It's really important that these boards hear from these neighbors and the neighborhood - what they think of the project - so they can understand what the feeling is. That's part of the process," he said.

Duca fielded several questions about illegal apartments during the March 20 meeting. He said his office receives about 100 complaints for illegal apartments annually and each complaint is investigated. Thirty were found to be illegal last year.

Several residents asked Duca if his department fines residents for code violations, like taking trash to the curb more than 24 hours before scheduled pickup or leaving barrels at the curb too long. Duca said Ken Burke, the city's code enforcement officer, issued more than 300 tickets for those violations in 2018.

"Kenny has given over 300 tickets last year just for trash, overgrowth, abandoned cars. He's very busy,"

Duca said, noting other inspectors in the department also issue tickets.

Burke also checks to ensure businesses have removed snow from sidewalks after snowstorms.

"Right after a snowstorm, he goes to all the places that are frequent fliers," Duca said. "They get the first tickets and then he slowly makes his rounds."

The department also answers complaints it receives, including ones that come from the city's elected officials.

"We'll go to any one of those properties and issue a violation," Duca said.

Residents should not hesitate to contact the Inspectional Services Department with their concerns, he said.

"Please call my office. If you see something you think is illegal or you have a blighted property, you really should call my office," Duca said. "We investigate every complaint, we log it and we get an answer."

"We might not find anything illegal we think is going on, but we will investigate every complaint."

Schools Help Students With Career Path

By TOM GORMAN

North Quincy and Quincy high school students get an early jump start on their college and career paths thanks to the district's student support counseling program.

The school department's Senior Director of Student Support Services Maura Papile was joined by Quincy High School guidance Chairperson Paula McGeady and North Quincy High guidance Chairperson Helena Skinner in outlining the district's "Creating Successful Pathways" program

during a recent school committee meeting.

"In Quincy Public Schools, we are fortunate to have so many opportunities for students and so many resources to support students as they explore their post-graduate plans," said Papile. "We want students to aspire to their college and career choices. We want to help them plan and engage in activities that begin their pathway early in their high school careers."

Papile explained that two years ago the state updated its comprehensive school

counseling model. That, along with in-house assessments, student performance data, and staff and student surveys, provided guidelines for Quincy to shape its career support components for students.

"This helped form our practice in providing guidance on what is essential for students to be better prepared for the rigors of post-secondary training, college work, and citizenship," she said. "It's a comprehensive systemic approach for school counselors to use to inspire students to prepare

for college and career success."

The pathways program offers various lessons, activities, interventions, technical training, and individual planning for high school students as they plan for their post-high school years - entering the work world or furthering their education.

Students and families are offered college planning including information about financial support.

"We offer and encourage early college planning," Papile said, adding, "We guide students and families through the college admissions and financial aid process."

Starting in grade 9, students are introduced to Naviance, an online career and college assessment program that helps match students' high school work with post-secondary planning. The program helps students explore their current high school courses to apply to their post-secondary goals.

Students also complete a six-year educational planning guide that lists courses and career interests. The guide is updated in each subsequent year.

"Throughout the year, guidance counselors work with grade nine students on four components, individual planning, guidance curriculum, responsive services, and system support," Skinner said. "We provide structured, developmental expe-

riences which are presented in the classroom or group activities."

In Grade 10, career assessments are conducted and career seminars offered.

"There's a real focus on career in grade 10," said Skinner.

Grade 11 students begin post-graduate planning and seniors are instructed on scholarship applications and have college and career classroom lessons. Additionally, college fieldtrips are offered.

Students in grades 9 through 11 have individual meetings with counselors for planning and course selection as they prepare for their college major or technical training. Career exploration, academic progress, and college selection are discussed.

"We work with each student to address their individual needs," said Skinner.

If students are not interested in pursuing college, they are offered help with other avenues.

"There are a wide range of interventions," said McGeady. "A student can consider joining a union if it's the right choice for them."

The support program includes responsive services including social and emotional support, English Language Learners transition to college, and substance use prevention.

Among the pathway courses are accounting,

health, information technology, music, vocational such as carpentry and electrical, engineering and fashion.

"There truly is something for everyone," said McGeady.

Committee member Douglas Gutro questioned how parents should be notified if their child is struggling in a certain course.

"We don't know until the report card comes out," he said.

Colleague Paul Bregoli suggested that warning slips be issued to parents if a child is in danger of failing.

Quincy School Supt. Dr. Richard DeCristofaro said teachers must communicate with parents if a student is failing.

"Some things may fall through the cracks, but, both high schools do a good job keeping parents informed," he said.

In another matter, Papile informed the committee that, as part of high school teacher professional development, author Charlie Applestein will discuss his book, "No Such Thing as a Bad Kid" at a workshop in May.

The book focuses on understanding students' emotional challenges and taking an engaging and positive approach to "changing negative mind sense." The workshop is funded by the Quincy Masonic Lodge and Mayor Koch's wellness funding.

DPW Partners Again With Great American Rain Barrel

The Quincy Department of Public Works is again partnering with the Great American Rain Barrel Co. to offer residents the opportunity to purchase rain barrels at a discount.

Regular use of a rain barrel can pay for itself in one season. One tenth of an inch of rain on a 1,000 square foot roof - about 25 minutes of moderate rainfall - will fill a 60-gallon rain barrel. New England typically receives 17 inches of rain during the growing season from May through September. This provides enough water to fill 170 rain barrels. At two cents a gallon, home-

owners can expect to \$204 worth of water.

Droughts stress residential landscaping and town water facilities. In 2016, 168 communities in Massachusetts faced restrictions on nonessential outdoor water use - 47 percent of the cities and towns in the state. There is no restriction on rainwater use.

Quincy chose to work with the Great American Rain Barrel Co., a local food importing company that has been repurposing shipping drums into Rain Barrels since 1988. Last year 30 percent of Massachusetts' cities and towns partnered with The Great American

Rain Barrel Co., selling over 3,000 barrels.

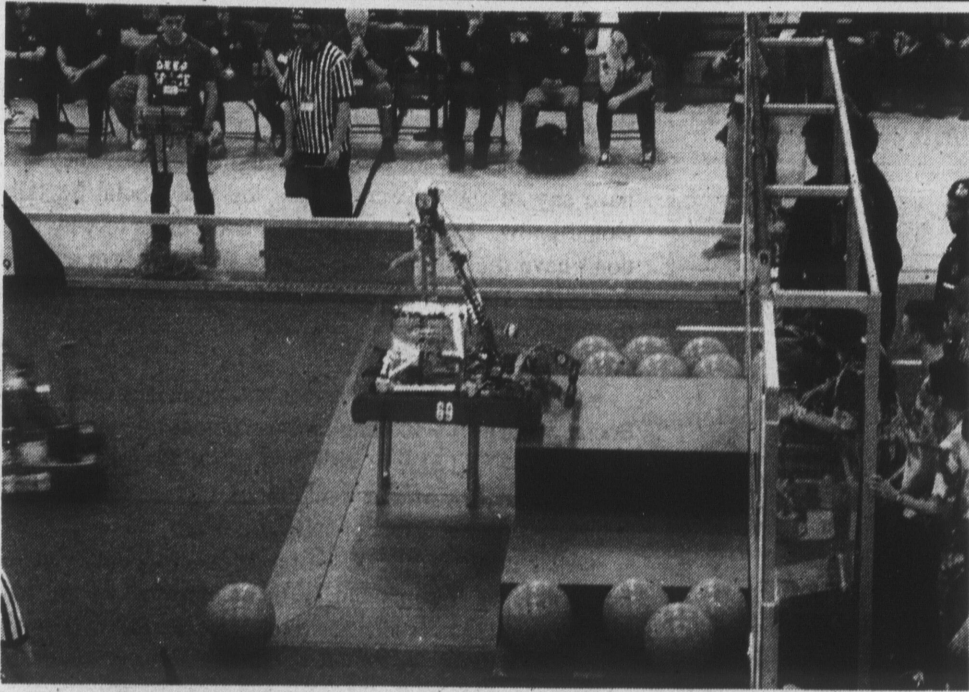
Great American Rain Barrel Co. has been approved vendors by the MASSDEP for the state since 2010. Barrels are being offered to residents for \$79 and will be available for pick up on May 7th at the Quincy DPW, 55 Sea St. Quincy, between 5 and 7 p.m.

Deadline for purchase is April 30th, midnight. To participate in the Town Water Program and find out more about the barrels, visit: www.greatamericanrainbarrel.com/community and select your town.

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HYPER's robot deploys its "ostrich" legs in order to make that final climb.



HYPER drive team getting ready just before a playoff match.

Strong Showing For Robotics Team At SE Competition

Cont'd From Page 14

In the semi-final round they competed against the higher seeded second alliance, winning the first match 79-64, losing the second 73-84, and came back strong to win the tie-breaker 79-59. In the competitions final, HYPER's alliance matched up against the number one seed

and while they did not win, HYPER was thrilled to have made it to the finals! The entire team was extremely proud, both students and mentors celebrated their amazing efforts. The whole event was riveting for everyone taking part.

"It was a great experience. It was so much more different from the FIRST Lego League competitions. I loved being part of the team," said freshman Dhanvi Puttur.

The QPS HYPER Robotics team next travels to

New Hampshire, March 29-31 for the FIRST Robotics Competition - UNH District Event in hopes to earn enough qualifying points for the New England Championships that will be held at WPI April 10-13.

America FC United Wins Titles



AMERICA FC United U11 and U18 Girls teams recently won indoor league championships.

The America FC United (AFC) U18 and U11 Girls teams (pictured above) were victorious last Sunday, bringing home championships in the University Sports Complex Indoor League.

Both teams captured the title in dramatic fashion with 1-goal victories, and saved their best performance for the final. Additionally, AFC had three other teams play in the semi finals, and two other teams play in the final, making them one of the most successful clubs this season. Congratulations to the AFC U11Girls, U14Girls,

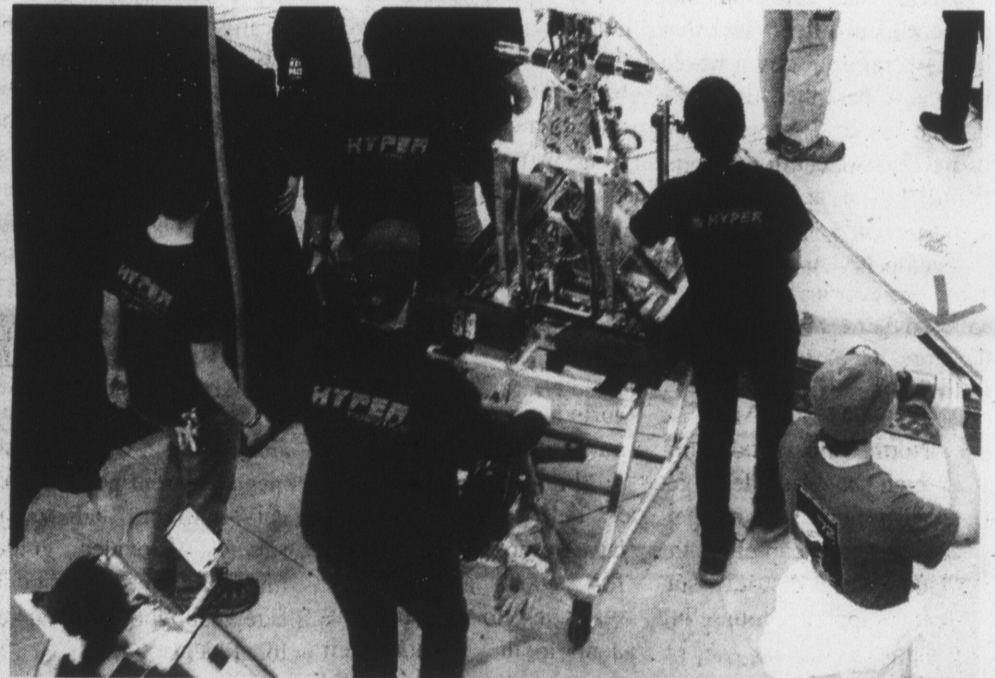
U15Boys, U16Girls, and U18Girls for making the playoffs.

AFC focuses on developing both its players and the team, creating highly skilled players that work as a tight knit group. While AFC is based in Quincy, players are selected to its teams from all over the South Shore.

AFC teams are known for their commitment to playing a highly technical game, keeping the ball, and utilizing their skilled players to create opportunities to score. Players go through very technical training that focuses on in-

dividual technique and skill at the younger ages and tactical teamwork at the older ages. Additionally, AFC believes in having high quality coaching with 5 current or former college coaches on staff. Director of Coaching Conrad Whyte leads AFC Coaches. Whyte was a former Antiguan national team player and current Division 1 soccer coach at Merrimack College.

Coaches cite the partnership with the club's families, committed players, and technical development model as the key to their success.



TEAM HYPER rolling the robot out onto the field.

Photos Courtesy Edward Smith/Quincy Public Schools

Quincy B.C. High Students Advance In Robotics Competition

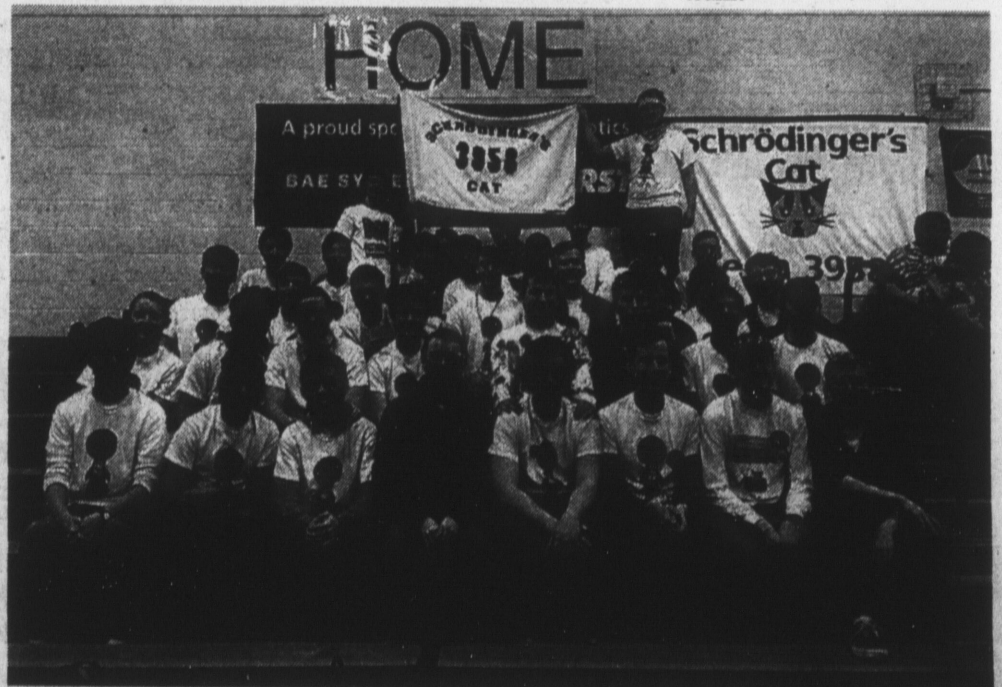
Thomas Potts '20, William Lau '21 and Colman Gillis '19 of Quincy, students at Boston College High School, and three of the 39 members of BC High's Robotics team, Schrödinger's Cat, had an excellent season-opening competition at the Granite

State District Event in New Hampshire on March 1-2.

Under the leadership of Team Captain Chase Thomas '19 and Drive Coach Jack Duggan '19, their robot was driven (literally) to huge success by the drive-team of Praveen Kalva '21 and Avery Jennings '21, and "hu-

man players" Colman Gillis '19, Jason Murray '19, Rohan Joshi '20, Charlie Jacobson '21.

After 12 qualifying matches, Schrödinger's Cat ranked #9 out of the 36 competing teams and advanced to afternoon playoffs as the Captain of the #6 Alliance team.



On Saturday, March 16, at approximately 2 p.m., Officers Potter and Donovan were dispatched to Family Dollar on a report of a male who just passed a counterfeit bill.

Upon arrival, Officer Potter was approached by the victim who identified himself as the owner of an adjacent business and stated a male came into his store and purchased a "Daily Number" lottery ticket for one dollar. He said the male passed him a \$20 bill and was given back \$19 in change. The victim said he thought it was strange that the suspect used a \$20 bill because he had two \$1 bills in his hand.

The victim said he instantly noticed the \$20 bill did not look real so he used his counterfeit money detector pen which confirmed it was bogus. The victim ran out of the store to follow the suspect while calling the Quincy Police. He followed the suspect into The Family Dollar store and waited for the police to arrive.

Officer Potter met with the victim, who pointed out the suspect standing in line waiting to purchase an item. Officer Potter approached the suspect, who appeared very nervous and shaking, especially when the officer asked to speak to him off to the side. The officer asked the suspect if he just purchased a lottery ticket in the nearby store and he said yes. The officer told him the \$20 bill was counterfeit and asked where he got it from.

The suspect responded, "Can I just give him back his money? I have the change here." When asked where he got the counterfeit money from, the suspect said, "I just got paid last week by my boss," yet he couldn't provide a last name of the boss or his cell phone number. Officer Potter asked to see the rest of the money he was paid with by his boss. The suspect produced 11 more counterfeit bills with the same serial number on them.

During this time, the manager of Family Dollar approached the officers and stated he had counterfeit bills in his cash register and believed the suspect may have been the one to pass the bills at his store recently. The manager opened his cash drawer and produced six counterfeit \$20 bills. The suspect blurted out this was his first time ever in Family Dollar; however, the manager refuted this by stating he has seen him in his store many times before.

The suspect admitted to being in the store before, but stated he never made a purchase and just browses the aisles. After advising the suspect that there is video footage inside the store, he then admitted that he has purchased items from the store before. The suspect then said he just got paid this

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

morning and didn't know the money was counterfeit. Officer Potter questioned this statement, reminding the suspect he just said he was paid last week.

The Family Dollar manager said the suspect comes into his store every Saturday. A criminal record check of the suspect showed that he has multiple larceny, forgery, and uttering charges on his criminal record. At this point, Officer Potter determined that there was probable cause to arrest the 28-year-old suspect from Hyannis, so he was placed in handcuffs and transported to the station and charged with uttering a forged instrument and possession of a counterfeit note. A total of 18 counterfeit \$20 bills were seized as evidence. Nice Work!



LT. DAN MINTON

SOCIAL SECURITY SCAMS ATTEMPTS ARE BIG RIGHT NOW

Residents are telling me they are receiving telephone calls (both recordings and live calls), letters and emails claiming to be from Social Security, stating they owe money and the FBI, the local police or cops will be coming to their home to arrest them.

The main reason scammers keep doing this is because it continues to work and high amounts of money are stolen from victims. How do they want you to make payment? One popular way is to go to stores and buy green dot cards, gift cards or money orders and wire the money to them.

Once the scammer gets you on the telephone, he (almost every case a male voice and sometimes with an accent) will use high pressure tactics and often threatening conversation to intimidate you into making payments.

NEVER NEVER make any payments! As I have written numerous times before, Social Security, the IRS and almost any federal or state agency are not going to initiate contact with you via a telephone call. By mail, they will instruct you to contact a designated agent and provide you with a telephone number.

• No federal, state, utility agency is going to demand pay-

ment via gift cards and wire transfers.

• Ask questions: what is my Social Security number? What is my date of birth?

Where did I work last? It is highly unlikely they will have any of the answers, which the real Social Security would know. Don't listen to their excuses as to why they don't have this information right in front of them on their computer. There is a good chance that the scammer will cut the conversation short and move on to someone else since you challenged them.

• Still not convinced? There is no immediacy to act. Call Social Security by looking up their actual telephone number (1-800-772-1213) or visit their office in Quincy Center at 1515 Hancock St. At a minimum, talk to a neighbor, a friend, a family member or call the police.

• After reading this, please reach out to people you believe could be victims and let them know about this and other scams. One citizen forwarded me the following conversation she received:

Greeting Voicemail Edit

+1 (202) 417-6305

Washington, DC
March 19, 2019 at 12:06 PM

Transcription Beta

" notice concerning the name so before this matter goes to the Federal claims court house when you got arrested under the charges call immediately after you receive this message on our department number 202-417-6305 repeat 202-417-6305 do not disregard this message and do return the call thank you..."

Was this transcription useful or not useful?

0:00 -0:35
Speaker Call Back Delete

NOTE THE WASHINGTON TELEPHONE NUMBER AND ADDRESS TO CREATE AUTHENTICITY!

In the above case, knowing that it was a scam, the citizen called back to investigate and when she told them they were scamming people, the scammer let out a tirade of swears at her and hung up!

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics

March 15 - March 21

Calls: 992

Arrests: 22

Stolen Vehicles: 1

FRIDAY, MARCH 15

ASSAULT AND BATTERY, 8:16 a.m., Hancock St. Male. West Squantum side of MBTA. MBTA on scene. Officer on detail in area. Arrest made.

VANDALISM/PROPERTY, 8:56 a.m., Cross St. Passenger side front tire and driver's side rear tires slashed. No suspect info.

LARCENY, 12:20 p.m., 2 Seaport Dr. Ring.

ASSAULT AND BATTERY, 2:39 p.m., Seaport Dr. Between two tenants. Neither require medical attention.

ASSAULT AND BATTERY, 4:50 p.m., Seaport Dr. Officer to respond. No EMS needed.

LARCENY, 6:29 p.m., Broadway Ave. Package containing a cellphone.

VANDALISM/PROPERTY, 11:02 p.m., 95 Martensen St. Front passenger side tire slashed.

SUNDAY, MARCH 17

BREAKING AND ENTERING, 8:59 a.m., Domino's Pizza, 61 Hancock St. Window had been smashed but no entry appears to have been gained. Doors secure.

LARCENY, 3:00 p.m., 75 South St. Missing medication. No suspect info.

ASSAULT AND BATTERY, 10:24 p.m., Glendale Rd. Son and female friend has verbal argument. Both have since left. Caller would like to speak with officer over this issue. Caller had argument with son's coworker. No disorder between family members.

MONDAY, MARCH 18

VANDALISM/PROPERTY, 3:44 p.m., Quarry St. Caller states multiple mailboxes at complex have been tampered with.

LARCENY, 5:12 p.m., IHOP, 115 Parkway. Cellphone and credit card. Happened about 30 minutes ago.

Black male in orange jacket. Already made purchase at newsstand at 1500 Hancock St.

TUESDAY, MARCH 19

LARCENY, 12:32 p.m., Moffat Rd. Lock box.

BREAKING AND ENTERING IN PROGRESS, 4:27 p.m., Quincy Shore Dr. Caller thinks she hears someone in her house; 17-year-old female home alone. She said she heard a voice that was not her stepdad. Conducted walk through, check out. No signs of break. Caller's stepfather is home at this time.

LARCENY, 7:02 p.m., 45 Winter St. Caller says she has proof someone stole the rent for the building.

BREAKING AND ENTERING IN PROGRESS, 7:27 p.m., Wollaston Ave. Someone broke into caller's room and stole something from him. Suspect is a white male in his 20s, 5'8", 180-200 pounds, blue coat, blue hat and jeans.

WEDNESDAY, MARCH 20

VANDALISM/PROPERTY, 2:34 a.m., Presidential Pub, 29 Temple St. Laceration to the right hand. Officers determined the incident stemmed from vandalism that occurred at the Presidential Pub. Brewster notified.

MOTOR VEHICLE LARCENY, 7:39 a.m., Edgewood Cir. Caller said her vehicle was last seen in her driveway yesterday at 2:30 p.m.

LARCENY, 10:04 a.m., McDonald's, 473 Southern Arty. Two bags stolen in McDonald's parking lot. Caller stated a black backpack and black carry bag were taken between 9 and 9:30 a.m. from the parking lot. Caller is homeless and believes another homeless party may have taken it. No suspect. Caller stated the manager was not in so they couldn't get the video.

VANDALISM/PROPERTY, 4:19 p.m., Park St. National Grid dragged caller's car today to move it.

BREAKING AND ENTERING, 7:52 p.m., Newport Ave. Someone broke into caller's house and stole his laptop.

THURSDAY, MARCH 21

ATTEMPTED LARCENY, 9:23 a.m., Milton St. Motor vehicle. Frequent checks.

ASSAULT AND BATTERY, 1:05 p.m., 1515 Hancock St. Woman lying on ground in front of Social Security office requesting EMS. Female was combative. Officer followed ambulance to hospital. Female assaulted EMT. Party placed in custody from QMC. Fugitive from justice and assault and battery on ambulance personnel.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: Edgewood Circle.

CAR BREAKS: 270 Southern Artery

BREAKS AND ATTEMPTED BREAKS: Newport Avenue, Wollaston Avenue, 61 Hancock St.

If you have information on the above crimes, drug activity or any crime, please call the Quincy Police Detective Bureau at 617-745-5764 or log onto the following website: <http://tinyurl.com/ytf6td>.

To report suspicious drug activity, call the Drug Hotline at 617-328-4527. You will not be required to identify yourself, but it could help. To make an appointment to view the Registered Sex Offenders book, call Detective James Dentremon at 617-745-5755.

To contact the Crime Prevention Officer for tips or comments, my direct line is 617-745-5719. My e-mail address is dminton@ci.quincy.ma.us -- Lt. Dan Minton

Entries in the Quincy Police Crime Prevention Journal are compiled and submitted by the Quincy Police Department.

They are published by The Quincy Sun as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Quincy Police Crime Prevention Journal list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

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Houghs Neck Congregational

The Sunday morning worship service at the Houghs Neck Congregational Church, 310 Manet Ave. starts after the bell is rung at 10 a.m. by Andrew and Mallory Jacobs.

Cindy Milford, liturgist, will welcome and call to worship. Pastor Steven Vandergrift will lead the service and preach his sermon.

Jeff Craig and Maureen Flores will serve for the Diaconate. Steve Reed, minister of music, will direct the choir. A fellowship coffee hour hosted by Nancy Jacobs follows the service. All are welcome.

Thursdays at 7 p.m. in

the Gordon Room the new 6-part Bible study with Pastor Steve takes place.

Wednesday evenings at 7 p.m. choir rehearses with Steve Reed.

Yoga with Amy Ross is held in Fellowship Hall each Thursday at 7 p.m. Bring a mat, water and \$5.

An indoor yard sale to benefit the Seaside Social Club will be Saturday, April 6 from 9 a.m. to 1 p.m. Items including clothing may be dropped off on Friday, April 5 from 9 a.m. to noon.

Any questions or for pickup contact Nancy at 617-479-6441 or jacobson0511@gmail.com.

Indoor Yard Sale April 6 At HN Congregational Church

An indoor yard sale will be held at the Houghs Neck Congregational Church, 310 Manet Ave., Quincy, Saturday, April 6 from 9 a.m. to 1 p.m.

Kitchen and household items, dishware and glassware, toys, holiday decoration, books, clothing and more will be for sale. A

snack bar will also be open during the sale.

Items may be dropped off Friday, April 5 between 9 a.m. and noon.

If you need items picked up, or have questions, contact Nancy at

617-479-6441 or jacobson0511@gmail.com.

RELIGION

First Baptist Church Of Wollaston

Sunday morning worship begins at 10:30 a.m. at The First Baptist Church of Wollaston (FBCW), 81 Prospect Ave., Quincy.

A fellowship hour of conversation and light refreshments in the chapel will follow the service.

Prior to the worship service is an English Bible Class in Chapel at 9:15 a.m.; a Vietnamese Bible Class at 9 a.m. Contact Pastor Duc ducphamboston2015@gmail.com.

Serving the church will be greeter Chantal Parisien and family; and reader Jeff Mahn.

Pastor David Choi will preach his sermon, "Recover First Love" (1 John 4:17-19).

A contemporary worship service takes place from 12:30 to 2 p.m. including a Bible class. Contact wolla.dave@gmail.com for directions.

Looking for in-depth Bible discussions? Come and join the Thursday Bible Class

at 7 p.m.

Have fun of learning the Bible (the book of Daniel).

The FBCW Church Women will hold a meeting on Wednesday, April 3 in Fellowship Hall at 6:15 p.m. A potluck of appetizers and dessert will be served. The program for the evening will be provided by the Quincy Police on scams. For more information, contact the church office.

The church office is open from 10:30 a.m. to 5 p.m. Tuesday, Thursday and Friday. The phone number is 617-472-0824 or visit the church website www.FirstBaptistChurchOfWollaston.org for updates and activities.

All areas of the church are handicap accessible.

Bible Trivia: The words Calvary and Golgotha means what? Read Mark 15:22

Place of the Skeleton b. Place of the Skull c. Place of the Bone

Mindful Meditation Program At East Congregational Church

East Congregational Church, 610 Adams St., Milton, is offering a free 90-minute Introduction to Mindfulness Meditation facilitated by Christine O'Shaughnessy on Wednesday, April 7 at 7 p.m.

O'Shaughnessy, the founder of *Mindful Presence*, will discuss the effects that stress plays in people's

health and how mindfulness meditation into daily life can be an integral tool for stress management, relaxation training, addiction, anxiety, depression, insomnia, chronic pain and long-term illnesses. She has practiced Insight Meditation and yoga for almost 20 years, taught for 14 years, and is RYT200 certified.

First Presbyterian 'Family, Friend, Music' March 30

First Presbyterian Church, 270 Franklin St., in Quincy, will present "Family, Friends & Music," a Pops concert and silent auction, on Saturday, March 30.

Allen Thomas, director of Music at the church, will lead the program which will include performances by his private voice students, select members from the church, and invited members of the Quincy Choral Society. There will also be performances by Ross MacDonald, Meghan Hornblower, and Skye Swales all of whom

have performed with the Bay Colony Shakespeare Co.

The evening includes a silent auction and bake sale to help raise funds for the church's capital campaign.

The doors open and auction bidding begins at 6:30 p.m. with the concert following at 7:30 p.m. The event will be held in Horte Hall at the church.

Tickets are \$10 at the door. Reservations can be made by calling the church office (617-773-5575) Monday-Thursday from 11 a.m. to 3 p.m.

Quincy Religion Directory			
SERVICES & ACTIVITIES			
Catholic St. Mary's Church 95 Crescent St., Quincy • 617-773-0120 <i>Masses</i> Saturday, 4pm, Sunday 8 & 10:30am Tuesday/Thursday 9am Handicapped Accessible New Members Welcome!	Catholic Sacred Heart Church <i>"A Roman Catholic Community walking together in Faith, Worship, Education and Service"</i> 386 Hancock St., North Quincy, MA 02171 (617) 328-8666 Sunday Masses 4 pm (Saturday) 7:30 & 10:00 am and 6:00 pm Weekday Masses Monday - Friday 7 am Monday & Saturday 9 am Handicapped Accessible Confessions Sat. 3-3:45pm in Saint Joseph Oratory	Congregational HOUGH'S NECK CONGREGATIONAL CHURCH 310 Manet Avenue 617-479-8778 www.hncong.org Sunday Communion Worship Service at 10 a.m. Pastor Stephen Vandergrift will lead the service and preach his sermon All are welcome to attend	Congregational Wollaston Congregational Church United Church of Christ 48 Winthrop Avenue Quincy, Massachusetts Inclusive Family Worship at 10 a.m. Elizabeth J. Williams Pastor 617-773-7432 www.wollastonucc.org
ST. AGATHA CHURCH MILTON-QUINCY 432 Adams Street Milton, MA 02186 • 617-698-2439 Schedule of Masses: Saturday: 8:00AM and 4:30PM Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM Weekday Masses: 7:00 & 9:00AM Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ Air-Conditioned	St. Joseph's Church 550 Washington Street Quincy, MA 02169 • 617-472-6321 SUNDAY MASSES: 4 p.m. (On Saturday) 8:30 a.m. and 10:30 a.m. Weekday Masses: Mon., Tues., & Thurs. 9a.m. CONFESSIONS: Saturday, 2:30-3:30 pm Handicapped accessible & Handicapped parking, side entrance Air-conditioned	BETHANY CONGREGATIONAL CHURCH Spear & Coddington Streets Quincy Center, 617-479-7300 www.bethanycongregationalchurch.org 9:30AM Sunday Worship Service Rev. Patrick McCorkle will be preaching "Called to be Prodigals" Easter Holidays Open House Sat. April 6th • 12-3pm ALL ARE WELCOME! Fellowship following the service Church is handicap accessible	Unitarian Universalist United First Parish Church A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome. Worship Service & Church School: Sundays at 10:30 AM Followed by Fellowship & Refreshments Rev. Rebecca Froom 1306 Hancock St., Quincy www.ufpc.org
St. John The Baptist ROMAN CATHOLIC CHURCH 44 School St., Quincy 617-773-1021 Weekend Mass Schedule Saturday, 4:00 PM Sunday, 8:30 AM & 11:00 AM Sunday night, 5:00 PM Weekday Masses Wed., Fri., and Sat. 8:00 AM Confessions Wed. 8:30 - 9:00 AM Sat. 2:30 - 3:30 PM Handicapped Accessible	Holy Trinity Parish Come and Worship! Most Blessed Sacrament Church 1031 Sea St. WEEKDAY MASSES 9:00AM Tuesday and Thursday WEEKEND MASSES 4:30 PM Saturday and 8:30 AM Sunday Our Lady of Good Counsel Church 237 Sea St. WEEKDAY MASSES 9:00AM Monday and Wednesday WEEKEND MASSES 6:00PM Saturday and 10:30 AM Sunday CONFESSIONS: 3- 4PM Saturday Rev. Martin Dzengeleski- Pastor Phone: 617-479-9200 EMAIL: holytrinityquincy@gmail.com VISIT: www.holytrinityquincy.com	Quincy Point Congregational Church United Church of Christ 444 Washington St. (617) 773-6424 www.quincypointcongregationalchurch.org Sunday Worship and Sunday School at 10 am Elevator Access via Abbey Rd Rev. Kimberly Murphy, Pastor Rachel Hallenbeck, Minister of Music Angelina DeCristofaro, Youth Dir.	Church of Christ CHURCH OF CHRIST IN MILTON 330 Edge Hill Rd., Milton, MA 02186 • 617-274-2409 www.churchofchristinmilton.org Maurice Davis, Minister SUNDAY WORSHIP 8AM, 11AM and 6PM Sunday Bible Study 9:45AM Tuesday Bible Study 11:00AM Wednesday Bible Study 7:00PM 3rd Friday - Couples 7:30PM 4th Friday - Youth 7:30PM
Saint Ann's Church 757 Hancock St., Wollaston 617-479-5400 Mass Schedule: Sat. 4:00 PM / Sun. 9, 11 AM Daily Mass: Wednesday and Friday, 9 AM Confessions: Saturday 3-3:30PM Handicapped Accessible via Elevator	Methodist QUINCY COMMUNITY UNITED METHODIST CHURCH 40 Beale St., Wollaston 617-773-3319 10:30 AM Sunday Worship Rev. Rebecca E. Baumann	Salvationist THE SALVATION ARMY 6 Baxter St., Quincy • 617-472-2345 9:45AM CHRISTIAN EDUCATION 11AM WORSHIP SERVICE BRASS BAND MUSIC NOON-THURS. WOMEN'S FELLOWSHIP 6:30PM WEDS. BIBLE STUDY	Non-Denominational LIGHTHOUSE FELLOWSHIP 65 Newbury Ave., N. Quincy Worship & Children's Church 10am Pastor Mike Fehan 617-847-4444 Mid-week studies & youth group mjfehan@gmail.com

To Advertise in this Directory, Call 617-471-3100

OBITUARIES

Robert C. DelGreco, 71

Funeral services for Robert C. DelGreco, age 71, a lifelong Quincy resident, were held Monday in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mr. DelGreco died peacefully March 19 at the Pat Roche Hospice Home, in the comfort of his loving family.

He was born in Quincy to the late Carmine A. and Mary A. (Palumbo) DelGreco. He was raised in Quincy and was a graduate of Quincy High School.

Mr. DelGreco was proud to have served in the United States Navy during the Vietnam War. He received the National Defense Service Medal, Vietnam Service Medal with 4 bronze stars, and the Republic of Vietnam Campaign Medal with Device.

He was employed as a manager by the United States Postal Service for thirty-five years, working at the South Boston Postal Annex. He had been retired for several years.

Mr. DelGreco was a former active member of the George F. Bryant VFW Post in Quincy. Most of all, he was devoted to his family.

Beloved husband of Lois C. (Keith) Harkins-



ROBERT C. DELGRECO

DelGreco. Devoted father of Julie DelGreco of Florida and Tina O'Connell and her husband Brendan of Wareham. Loving brother of Paul A. DelGreco and his wife Linda of Hingham, Michael R. DelGreco and his wife Cheryl of Plymouth, James K. DelGreco of Weymouth, Kathleen Belt and her husband Barry of Quincy, Marianne Ward and her husband Richard of Durham, NC, and Carol Ann Barden and her husband Stewart of Dunedin, Fla. He is also survived by many nieces and nephews.

Interment with military honors at Massachusetts National Cemetery, Bourne.

Memorial donations may be made to the Pat Roche Hospice Home, c/o Norwell VNA and Hospice, 120 Longwater Drive, Norwell, MA 02061 or by visiting nvna.org.

Laurence F. Mirick, Jr., 75

A funeral for Laurence F. Mirick, Jr., age 75, of Quincy, was held March 22 in Sullivan Funeral Home, Hanover.

Mr. Mirick died March 16 at Beth Israel Deaconess in Plymouth.

He is survived by his son Jeremiah Mirick of Braintree, his wife Beverly Mignosa of Sandwich, and his brother Kenneth A. Mirick and his wife Deborah of Yorktown, VA. He was a beloved uncle of David, Jennifer, Valerie, Jacquelyn, Andrea, Seth, Sean and Holly. He was also a cherished grandfather of Sophia and Joshua.

Mr. Mirick was born in Sherman, Texas, to the late Virginia L. (Fowler) Mirick and Laurence F. Mirick, Sr. on July 23, 1943. He grew up in and went to school at North Quincy. Mr. Mirick served in the US Army and was a veteran of the Vietnam War for two terms before being honorably discharged in 1970.

He worked as a central office technician for Verizon where he earned his degree in communications through Massasoit Community Col-



LAURENCE F. MIRICK, JR.

lege. He worked there for over 40 years.

Mr. Mirick was also a mighty man of God involved in ministry with South Shore Assembly of God in Rockland and New Life Foursquare Church now known as Living Hope Foursquare Church of Hanover. He loved serving with others at his church and spending time with his grandchildren. He has had a major impact in many people's lives and will be greatly missed.

Pastor Jason Doescher of Living Hope Foursquare Church officiated the service.

Interment at Massachusetts National Cemetery, Bourne.

Virginia A. Behm, 86

A funeral service for Virginia A. (Nicholson) Behm, age 86, was held March 23 in Keohane Funeral Home, 785 Hancock St., Quincy.

Mrs. Behm died peacefully March 18.

Recently of Milton, "Ginny" was born in North Quincy, the youngest of seven children of the late James and Bertha Nicholson. A 1950 graduate of North Quincy High School, she enjoyed a career in the insurance and banking fields. She was devoted to family, and had a wonderful marriage to her late husband, John F. Behm.

Among her fondest memories was sailing her sloop "Fantasy," built by her talented husband John. Summers were spent cruising the New England coast. Mrs. Behm preferred to be at the helm, even in a squall, stood watch on nights to make sure the anchor didn't drag, and made a fabulous quahog chowder. Winters were spent skiing with her family in Maine and New Hampshire. This pleasure, which she pursued well into her seventies, also took her from the Alps of Europe to the Rockies. She was an enthusiastic traveler and enjoyed her nine grandchildren immensely.

Mrs. Behm is predeceased by her siblings Grace, Warren, George, Paul, Marjorie and Robert



VIRGINIA A. BEHM

Nicholson. She is survived by her children and their families: Constance and Rizkalla Mouchati of Milton, their sons, Alexandre, Antoine and Philippe; Jennifer and Claudy Mullon of Acton, their daughters Madeleine and Marielle; Gretchen and Kevin Kelly of Florida, their sons, Matt, his wife Nora, and Jimmy; Jonathan and Kathy Behm of Marshfield, their children, Julia and Chris. She also leaves behind many cherished nieces and nephews.

The family would like to acknowledge and thank Mrs. Behm's compassionate care providers from Celtic Angels, especially Ms. Mairead Finn, and those from the Queen Anne Nursing Home in Hingham.

Interment at Mount Wollaston Cemetery, Quincy.

Memorial donations may be made to the Parkinson's Foundation, 200 SE 1st St., Suite 800, Miami, FL 33131.

Robert F. Bent

A funeral Mass for Robert F. Bent of Rockland, formerly of Quincy, was celebrated March 22 in St. Bridget Parish, Abington.

Mr. Bent died March 18.

He proudly served in the U.S. Navy during WWII. He enjoyed woodworking and loved to travel by land, sea and air. Mr. Bent was happiest when involved in the lives of each generation of his family and loved to be at any and all family gatherings.

Beloved husband of 62 years to Catherine T. (Doherty) Bent of Rockland. Devoted father of Robert Bent and his wife Kate of Kensington, NH, William Bent and his wife Patti of Littleton, Patricia Norton and her husband John of Sandown, NH, Catherine Kilgallen and her husband Brian of Rockland, Daniel Bent and his wife Astrid of Marshfield, Maureen Thayer and her husband Bob of Pembroke, Joanne Ricciardi and her husband Jim of Rockland, and James Bent and his wife Nancy



ROBERT F. BENT

of Rockland. Cherished Gramp of 18 grandchildren and 8 great-grandchildren. Son of the late Harold and Mary Bent. Predeceased by 9 brothers and sisters: Warren (Bill), Russell, Eleanor James, Beverly Daly, Elizabeth Pontifex, Mary, Ralph, Dorothy Griffin and John. Also survived by many nieces and nephews.

Interment at Massachusetts National Cemetery, Bourne.

Funeral arrangements were made by McDonald Keohane Funeral Home, South Weymouth.

Memorial donations may be made to Wounded Warrior Project PO, Box 758517, Topeka, KS 66675-8517.

Margaret C. Goodwin, 99

Funeral services for Margaret C. "Margie" (Sullivan) Goodwin, age 99, a longtime Quincy resident, were held Tuesday in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mrs. Goodwin died peacefully March 22 at the Queen Anne Nursing Home in Hingham, in the comfort of her loving family.

She was born in Boston to the late Garrett T. and Catherine I. (Rohan) Sullivan. She was raised and educated in Boston's South End and had lived in Quincy for forty-eight years.

Mrs. Goodwin was employed as an executive secretary for the former Miller Produce Company in New Market Square, Boston, for twenty-five years. Previously, she had worked at the Massachusetts Eye and Ear Infirmary in Boston and the Internal Revenue Service, as well as Bell's Furniture Store in Dorchester and the Quincy Mental Health Center.

Mrs. Goodwin enjoyed reading. Most of all, she was dedicated to her family, especially her children and grandchildren.

Beloved wife of the late Clarence E. Goodwin. Devoted mother of Margaret C. "Peggy" Corliss and her husband William of



MARGARET C. GOODWIN

Hanover, Harold E. "Joe" Goodwin, Quincy Fire Department, Retired and his wife Gail of Punta Gorda, Florida.

Loving grandmother of Thomas M. Corliss of Hanover, Karen M. Parlee of Rockland, Kathleen A. Dougherty of Abington, Donna M. Botsch of Pembroke, Joseph H. Goodwin of Duxbury, and Christopher J. Goodwin of Pembroke. Cherished great-grandmother of sixteen great-grandchildren.

She was one of ten siblings and is survived by her sister, Frances Zoldos of Biloxi, Mississippi, as well as many nieces and nephews.

Private interment.

Memorial donations may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

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OBITUARIES

Tina Dittrich, 59

A celebration of the life of Tina (Bettina) Dittrich, age 59, of Quincy and The Villages, Fla., wife of Colette Charpentier, was held March 23 in the Boston Marriott Quincy.

Ms. Dittrich died unexpectedly at her home in Quincy on March 14.

She grew up in Merrimack, N.H., the youngest of six children born to Helen (Ludwig) and George Dittrich and was a graduate of Merrimack High School, Class of 1977. She served for many years in the New Hampshire Army National Guard prior to taking on her second career as the mailroom and copy manager for Ikon Office Solutions. After retiring from Ikon, Ms. Dittrich served as the executive director of the Centre Franco-Americain as well as the executive secretary of the Frederick Smyth Institute of Music both in Manchester, N.H.

Following her second retirement, Ms. Dittrich's passion for sunshine and golf led her and Colette to Florida, first residing in the Cape Coral area, then most recently in The Villages. In her life, to say Ms. Dittrich loved golf would be an understatement. She was awesome at golf and won many championships, but she also enjoyed frequent Sunday outings with Colette and Kit, whom she routinely bested while always remaining humble in her victories.



TINA DITTRICH

Ms. Dittrich excelled at all sports she played and loved the competition. Like her mother, she was an avid Red Sox fan. She and Colette often attended Spring Training games at JetBlue Stadium in Florida and home games at Fenway Park.

Ms. Dittrich will best be remembered for her love of life and adventure, which led her and Colette on many outings to places far and wide. Their most recent excursion to Alaska resulted in a face to face meeting with parts of Alaska no one tells you about in the brochures. Ms. Dittrich was always the practical one and the calming influence in the active life they shared.

Life wasn't always easy for Ms. Dittrich, having fought breast cancer twice. She was, however, extremely proud of being a two-time breast cancer survivor. We will miss Ms. Dittrich terribly, but will always remember the good times together and cherish the memories we have of our lives with her.

She is survived by her

wife and life partner of 29 years Colette Charpentier; her siblings and spouses: Charles and Donna Dittrich of Utica, NY, Christopher and Madeline Dittrich of The Villages, FL, Gary and Kathy Dittrich of Fairfield, CT, Kim Dittrich of Mason, TX, Melanie and Jeff Sinise of Bloomsbury, NJ; her father and mother-in-law Richard and Pauline Charpentier of Cocoa Beach, FL; her in-laws and spouses: Dee and Mark Griffiths of Dewitt, MI, Nicole and John Breckinridge of Goffstown, NH, Danielle and Bob Langdon of Gilbert, AZ, Richard Charpentier and Jessica Peterson of Sanford, ME, Charles Charpentier and Lindsay Suttengberg of Washington, DC; nieces and nephews: Curt and his wife Donna, Debbie, Daren, Amy, Mike, Heather, Jason, Kiersten, Emily, Darrin, Megan, Brian, Kallie, Mei Mei, Nicole, Brian, Matthew, Jenna, Katie, Allison, Andrea, Tyler, Emily, Rachel, Sam, Rebecca and Sebastian. She was preceded in death by her parents, Helen and George, and nephews Khyle and Evan.

Memorial donations may be made to the Dana-Farber Cancer Institute at dana-farber.org/gift.

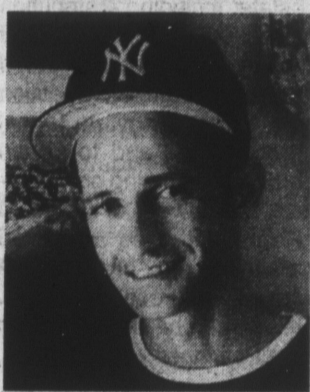
Funeral arrangements were made by Rivet Funeral Home & Crematorium, Merrimack, N.H.

Scott M. Nolet, 38

A funeral service for Scott M. Nolet, age 38, of Norton and formerly Quincy, was held Monday in Deware Funeral Home, 576 Hancock St., Quincy.

Mr. Nolet died March 18.

Cherished father of Michael Fernald and Gabriella Nolet. Devoted nephew of Marie King and her late husband Robert. Dear son of Frank Nolet and the late Eileen (O'Connell) Nolet. Beloved brother of Frank Nolet, Christopher Nolet, Kerri Keaney and the late William Keaney. Loving cousin of Alice Copeland, Marie Carusone, Kimberly Chase and Elaine Hersey. Companion of Kim Page. Also survived by many loving and caring aunts, uncles, cousins, nieces and nephews.



SCOTT M. NOLET

leen (O'Connell) Nolet. Beloved brother of Frank Nolet, Christopher Nolet, Kerri Keaney and the late William Keaney. Loving cousin of Alice Copeland, Marie Carusone, Kimberly Chase and Elaine Hersey. Companion of Kim Page. Also survived by many loving and caring aunts, uncles, cousins, nieces and nephews.

John P. Marshall, 83

A funeral Mass for John P. Marshall, age 83, of Holbrook, was celebrated Wednesday in St. Joseph Church, Holbrook.

Mr. Marshall died March 22.

Born, raised, and educated in Quincy, Mr. Marshall was a resident of Holbrook for 54 years. He worked for Smith Print in Norwell for 47 years and Ridder Golf Course for 12 years after his retirement. A youth hockey coach in Holbrook and Marshfield for many years,



JOHN P. MARSHALL

he also enjoyed golfing and skiing.

Beloved husband of Joyce (Gardner) Marshall. Loving father of Scott Marshall and his wife Kathleen

of Parkland, FL, and Jacqueline "Jacqui" McLean of Marshfield. Dear brother of the late Clifford H. Marshall. Also survived by his grandchildren: Marshall, Chad, Connor Mac, Tyler, and Connor Riley.

Interment at Union Cemetery, Holbrook.

Funeral arrangements were made by Hurley Funeral Home, Holbrook.

Memorial donations may be made to Season's Hospice, 597 Randolph Ave, Milton, MA 02186.

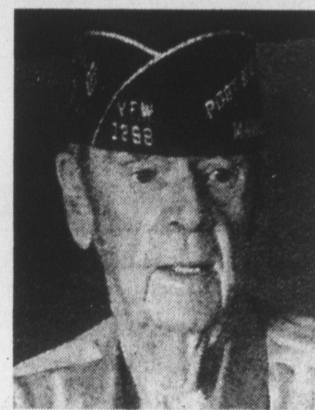
Andrew A. Morecroft, 83

A funeral service for Andrew A. Morecroft, age 83, of Quincy was held Sunday in the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Mr. Morecroft died March 16.

Born in Plymouth, N.H., where he was raised and educated, he also lived in Boston and Florida. A Korean War veteran, U.S. Marine Corps, he worked as a printer for the Boston Herald before retiring.

Mr. Morecroft was the father of Kevin Morecroft and his wife Bonnie of



ANDREW A. MORECROFT

Amesbury, Michael Morecroft of Berwick, Maine, Andrew Morecroft of Amesbury, Kathleen MacDonald of Texas, Teri Cox and her

husband Mark of Long Island, N.Y., James Morecroft and his wife Erin of Haverhill; and is also survived by his brothers, James and Steven, his sisters Nancy and Maureen, his former wife Beverly and her companion Paul Hickey of Berwick, Maine, many grandchildren, nieces and nephews, and his loyal friend Margo Cowell of Weymouth.

Memorial donations may be made to Wounded Warrior Project PO Box 758517, Topeka, KS 66675-8517 woundedwarriorproject.org.

Susan O'Hara

A memorial service for Susan O'Hara of Quincy was held March 23 in the First Congregational Church of Milton.

Mrs. O'Hara died March 18.

Beloved wife of Lenny O'Hara. Devoted mother of Daniel O'Hara of Quincy. Sister of Stephen Meneely and his wife Erika of Marshfield. Daughter of the late William F. and Mary C. Meneely. Daughter-in-law of Thomas O'Hara and



SUSAN O'HARA

his late wife Mary of Weymouth. Sister-in-law of Judy O'Hara of Quincy, Tommy O'Hara and his wife Sandy of Weymouth, Paul O'Hara and his wife Bridget of GA. She leaves her dogs, Cookie and Taz.

Private interment.

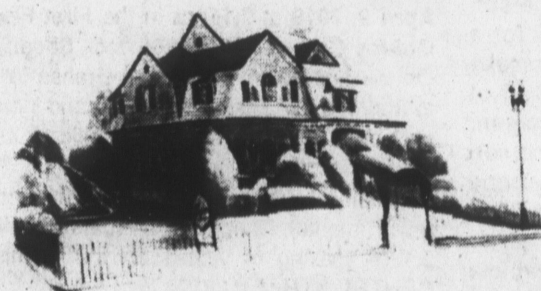
Memorial donations may be made to Seasons Hospice Foundation, 597 Randolph Ave., Milton, MA 02186.

Funeral arrangements were made by Dolan Funeral Home, Milton.

Professional Dignified Affordable

HAMEL-LYDON CHAPEL

Cremation Service of Massachusetts



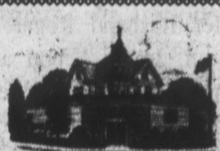
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OBITUARIES

LEGAL NOTICE

CITATION GIVING
NOTICE OF
CONSERVATOR'S
ACCOUNT

Docket No. NO12P2600PM
Commonwealth of
Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate
and Family Court
35 Shawmut Road
Canton, MA 02021
In the matter of:
Elton Huynh
Of: Quincy, MA
Protected Person/Disabled
Person/Respondent
To the named Respondent
and all other interested per-
sons, you are hereby notified
pursuant to Rule 72 of the
Supplemental Rules of the
Probate & Family Court, that
the 1st - 6th Allowance of
Accounts of

Loan P. Nguyen of Quincy,
MA as Conservator of the
property of said Respondent
has or have been presented
to the Court for allowance.

You have the right to
object to the account(s). If
you wish to do so, you or your
attorney must file a written
appearance and objection at
this court on or before 10:00
A.M. on the return date of
04/10/2019. This day is NOT
a hearing date, but a dead-
line date by which you have
to object to the account(s).
If you fail to file the written
appearance and objection
by the return date, action
may be taken in this matter
without further notice to you,
including the allowance of the
account(s).

Additionally, within thirty
days after said return day
(or within such other time
as the Court upon motion
may order), you must file a
written affidavit of objections
stating the specific facts and
grounds upon which each
objection is based and a
copy shall be served upon
the Conservator pursuant to
Rule 3 of the Supplemental
Rules of the Probate & Fam-
ily Court.

You have the right to send
to the Conservator, by regis-
tered or certified mail, a writ-
ten request to receive a copy
of the Petition and account(s)
at no cost to you.

IMPORTANT NOTICE

The outcome of this
proceeding may limit or
completely take away the
above-named person's
right to make decisions
about personal affairs or both.
The above-named person
has the right to ask for a
lawyer. Anyone may make
this request on behalf of
the above-named person.
If the above-named person
cannot afford a lawyer, one
may be appointed at State
expense.

WITNESS, Hon. Patricia
Gorman, First Justice of
this Court.

Date: March 7, 2019

PATRICK W. McDERMOTT
Register of Probate

3/28/19

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z19-15

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, April 9, 2019 at 7:15 PM** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169**, on the application of Ian McDermott, Manager of 142 Willard LLC for a Special Permit for multifamily use and dimensional Variances to construct a new 7-unit residential building in the Business B zoning district in violation of Title 17, Sections 4.1 (dimensional requirements, notes), 5.1.4 (parking setbacks) and 9.4 (special permit).

The parcel of land is located at 142 WILLARD STREET and is shown as Lot 9 on Assessors' plan no. 4073.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

3/21/19, 3/28/19

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z19-16

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, April 9, 2019 at 7:15pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of James Beatson & Caroline Krantz for a Variance to construct an addition and add a second story in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered 40 MONMOUTH STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

3/21/19, 3/28/19

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z19-17

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, April 9, 2019 at 7:15pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of Stanley Chin for a Variance to add additional attic/guest room space to the top floor in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered 34-36 JACKSON STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

3/21/19, 3/28/19

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z19-18

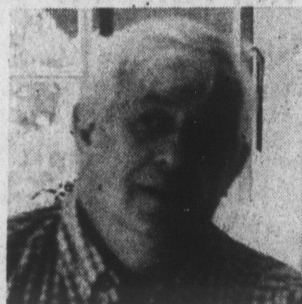
Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, April 9, 2019 at 7:15pm** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169**. On the application of Michael Grehan for a Variance/Finding to improve the existing structure and increase the number of units from 2 to 4 in violation of Title 17 as amended Chapter 3.4.3 (nonconforming), Chapter 3.4.4 (variance required), Chapter 4.3.6 (yard regulations), Chapter 4.1.1 (dimensional requirements), Chapter 5.1.4 (parking setbacks) and Chapter 5.1.16 (paving of yards) on the premises numbered 229 CENTRE STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

3/21/19, 3/28/19

Richard Holmes, 71



RICHARD HOLMES

A funeral Mass for Richard Holmes, age 71, of Quincy, will be celebrated at 10 a.m. Friday in St. Ann's Church, Quincy.

Mr. Holmes died unexpectedly on March 13.

Son of the late John and Dorothy Holmes. Brother of Peter Holmes and his wife Patricia of Naples, FL and Hull, and John Holmes and his wife Ginny of Braintree. He is also

survived by nephews Michael and James both of Pembroke, Joseph of Bedford, Brian of Dorchester and his niece Erin

LEGAL NOTICE

INFORMAL PROBATE
PUBLICATION NOTICE
Docket No. NO19P0498EA
Commonwealth of
Massachusetts
The Trial Court

Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:

Thomas H. Tingey

Date of Death:

February 20, 2018

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Oliver A. Spalding of Boston, MA.**

a Will has been admitted to informal probate.

Oliver A. Spalding of Boston, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

3/28/19

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy
ZONING BOARD OF APPEALS

CASE NO. Z19-19

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing** on **Tuesday, April 9, 2019 at 7:15 PM** in the **First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169**, on the application of 11-17 Newbury Street LLC, Michael Boyce, Manager for a Special Permit, Flood Plain Special Permit and dimensional variances to construct a new 6-story, 24-unit residential building in the Business C zoning district and Flood Plain overlay district in violation of Title 17, Section 4.1.2, Foot Note 2 (dimensional regulations), 5.1 (off-street parking regulations), 8.1 (flood plain) and 9.4 (special permit).

The parcel of land is located at 11 NEWBURY STREET, NORTH QUINCY and is shown as Lot D on Assessors' plan no. 6169.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

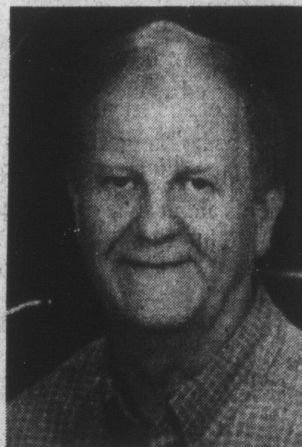
3/21/19, 3/28/19

Gabrielli of NJ.

A longtime employee of New England Telephone Company, Mr. Holmes enjoyed fishing and spending time with his family and spending his winters in Naples, FL. He will be sadly missed by all those who knew him.

Visiting hours are 4 to 8 p.m. Thursday in Keohane Funeral Home, 785 Hancock St., Quincy. A celebration of life service will be held there at 9:15 a.m. Friday.

Interment at Brookdale Cemetery, Dedham.

Gerald E.
Hart, 82

GERALD E. HART

A memorial service for Gerald E. Hart, age 82, of Weymouth will be held Saturday at 11 a.m. in the First Baptist Church of Weymouth.

Mr. Hart died March 13.

He was born in Oquossoc, ME then was raised in Quincy before settling in Weymouth where he has spent most of his life.

Mr. Hart worked with Morgan Memorial Goodwill since the age of 21 where he held many positions including dishwasher and clerk at the distribution center. He had been an usher at First Baptist Church for over 50 years. He also enjoyed playing the guitar, singing, bowling, and going out to eat. Most of all, Mr. Hart loved spending time with his family.

He was predeceased by his loving parents Henry H. and Mildred E. Hart. Mr. Hart is the loving brother of Betty Lundquist of Middleboro, Mary Brown of SC, Barbara Crane and her husband David of Southboro, Ruth Mitchell and her husband Roger of Kingston, Joyce Abbott and her husband William of Weymouth, and the late Harold Hart. He is also survived by many loving nieces, nephews and cousins.

Private interment at Evergreen Cemetery in Milo, ME at a later date.

Funeral arrangements were made by C. C. Shepherd Funeral Service, Weymouth.

Memorial donations may be made to the First Baptist Church of Weymouth, 40 West St., Weymouth, MA 02190.

More obituaries and news online at:
thequincysun.com

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Quincy Point Congregational Church

A Lenten wreath ceremony and worship service begin Sunday, March 31 at 10 a.m. at Quincy Point Congregational Church, 444 Washington St.

The children depart for Sunday School during Worship after their Lenten Bible Challenge. The church school is memorizing bible verses and they challenge the whole congregation to also. This week's verse is the first of two week's lesson on Psalm 23.

The church is accessible to all with an elevator and designated parking on the Abbey Road side of

the building. Light refreshments, coffee and fellowship follow worship in the downstairs Social Hall.

The Lenten DVD Bible Study series runs March 5 through April 16 at the 10 a.m. Tuesday Bible Study in Room 1 at QPCC. The DVD is *The Way, Walking in the footsteps of Jesus*, by Adam Hamilton. Newcomers to this group are welcome.

The Lenten Mission project this year is collecting toiletries for the children and teens that are helped via the McKinney Vento Project (Homeless Assistance Act) in the Quincy Public School

System. Items needed: deodorants for a male or female (any size), toothpaste (any size- no need for toothbrushes), dental floss, conditioner (no need for shampoo), small first aid kits, and small packs of tissues. Drop these items off any Sunday. A collection bin will be located in the downstairs Social Hall or an usher can take them. To drop off any items during the week, the church office is open from 9 a.m. to 2:30 p.m. Ring the doorbell by Dunkin Donuts or the doorbell on Abbey Road by the elevator accessible entrance.

Col. John Quincy Silver Tankard On Display At McIntyre Center Museum

An historic artifact of the city's past is now on permanent display in the museum space of the James R. McIntyre Government Center (old City Hall), 1305 Hancock St.

The silver "Quincy Tankard" once belonging to Colonel John Quincy, the great grandfather of John Quincy Adams, was purchased on auction by Quincy attorney and community philanthropist George Burke for \$160,000 in 2001.

He has offered it to the city on long-term loan because he says "it belongs to the people of Quincy."

The tankard was given to the United First Parish Church by Colonel John Quincy, the grandfather of Abigail Adams. The item was later sold on auction to help pay for church repairs.

On Wednesday morning, Burke was honored by Mayor Thomas Koch for sharing the tankard with the public.

"The City of Quincy was

named for Colonel John Quincy. George Burke has always been a generous contributor to the City and the tankard represents a tangible connection to our City's past," Koch said at the ceremony at the museum. "It will now have a place of prominence in the museum of Old Town Hall."

"We want to thank George for preserving this piece of local history," Koch said.

Council On Aging Events In April At The Kennedy Center

By MARIE FERENT

The Quincy Council on Aging has scheduled the following events at the Kennedy Center, 440 East Squantum St. in Quincy.

John Keenan Office Hours Tuesday, April 2

Meet and speak with state Sen. John F. Keenan. Keenan will be holding office hours at the Kennedy Center on April 2 from 11 a.m. to noon. Residents with questions or comments about state government are encouraged to stop by and chat with John.

Men's Luncheon

Wednesday, April 3rd At Noon

Join us for a luncheon for men 60 and older here at the Kennedy Center. The guest speaker is Raymond Flynn, former Boston Mayor and ambassador to the Vatican. Enjoy lunch, meet some new friends and discuss ideas and interests you have. This event is for men only. Call 617-376-1506 to register.

CarePatrol

Wednesday, April 17th At 10:30 a.m.

Deb Kerr, a Senior Care Advisor, from Care Patrol will be here to help guide you through the daunting task of finding an alternative senior living setting when the situation presents itself. She will explain the "ins and outs" of hospital stays, rehab, assisted living, and long term care. Snacks and beverages will be served. Space is limited. Call 617-376-1506.

Friends of the Kennedy Center Red Sox Home Opener Tuesday, April 9th At Noon

Join the Friends of the Kennedy Center for a fun filled afternoon. Enjoy the first home game on TV along with hot dogs and popcorn and door prizes. This is a FREE event sponsored by the The Friends of the Kennedy Center. For members only. Please call 617-376-1506 to register.

Reduced Fare Senior MBTA Passes

Friday, April 12th From 10 A.M. To Noon

Grace Buscher will be at the Kennedy Center to take photos and assist attendees with completing new reduced fare senior T pass applications. Applicants are required to bring a Massachusetts driver's license or photo identification. Registration is required. Call 617-376-1506 to register.

Eyes on Owls

Wednesday, April 17th At 1 P.M.

Join the Wilsons for an up close encounter, learn signs, field marks and naturalist's skills you can use with wild owls. This intergenerational program welcomes you to bring your grandchildren, nieces and nephews and encourages participation with the owls. Buy your ticket today! All children must be accompanied by an adult. \$3PP due at time of registration.

CarePatrol

Wednesday, April 17th At 10:30 A.M.

Deb Kerr, a Senior Care Advisor, from Care Patrol will be here to help guide you through the daunting task of finding an alternative senior living setting when the situation presents itself. She will explain the "ins and outs" of hospital stays, rehab, assisted living, and long term care. Snacks and beverages will be served. Space is limited. Call 617-376-1506 to register.

Red Sox Senior Ambassador Dick Flavin

Thursday, April 18th At 2 P.M.

Dick Flavin is the poet laureate and senior ambassador of the Boston Red Sox and voice of Fenway Park, serving as public address announcer for Red Sox day games. His television commentaries won seven New England Emmy Awards. He is a nationally known speaker and is a member

of the Massachusetts Broadcasters Hall of Fame. He wrote and starred in *According to Tip*, the acclaimed one-man play about legendary Speaker of the House Tip O'Neill. He is the New York Times bestselling author of *Red Sox Rhymes: Verses and Curses*, a collection of sixty-four humorous and nostalgic poems celebrating the Boston Red Sox. He lives in Quincy. Dick will also answer questions from the audience. This intergenerational program welcomes you to bring your grandchildren, nieces and nephews. Call 617-376-1506 to register for this free event.

Fashion Show

Monday, April 22nd At 1:30 P.M.

Join us for a free fashion show and demonstration with fashion expert Caryn Smith, owner of Caryn's Corner, a popular boutique of beautiful, trendy and comfortable clothing and stylish accessories. Clothing modeled on the runway will surely delight our guests. After the models strut their stuff on the runway, Caryn will demonstrate fashion trends and fashion 'how-tos.' Light refreshments. Registration required. Call 617-376-1506 to register.

Eat Well Age Well

Tuesday, April 9th At 10:30 A.M.

Presentation by Big Y's Consulting Dietician Kathy Jordan, MS, RDN, CPT. Come find out how your diet and lifestyle choices can help you feel and look younger and more energized while reducing the risk of chronic diseases. Space is limited. Registration is required. Call 617-376-1506 to register.

Square TMS

Wednesday, April 24th At 10:30 A.M.

Square TMS director Giovanni Marinelli and TMS Operation Andrea Saric will be conducting a presentation along with a Q&A session. TMS (transcranial magnetic stimulation) is an FDA approved, non-invasive treatment for depression in adults. Magnetic waves are used to help reactivate specific regions of the brain to help regulate the patient's mood more effectively. It is covered by most insurances, including Medicare and Medicaid. Refreshments will be provided.

INVITATION TO BID

CITY OF QUINCY, MASSACHUSETTS Department of Public Works

Thomas P. Koch
Mayor

Alfred J. Grazioso
Commissioner

INVITATION TO BID

The Department of Public Works for the City of Quincy, Massachusetts is seeking sealed bids for: **Catch Basin Clean Out Service** until **11:00 a.m. local time Thursday, April 11, 2019**, in the offices of the Purchasing Agent, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud.

The project consists of Catch Basin Cleanout services at various locations throughout the City of Quincy, on an as needed basis. All work under this contract shall be for a year with an extension provision.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the Office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM. Specifications will be available March 27, 2019.

Each bid shall be accompanied by a bid security in the amount of five percent (5%) of the total value of the bid in the form of a bid bond or certified/treasurer's check.

The bidding and award of this contract shall be in full compliance with Massachusetts General Laws, Chapter 30, Section 39M, as last revised. All applicable Federal, State and City of Quincy regulations in relation to Minority Business Enterprise, Women's Business Enterprise, Minority Work Force, Equal Employment Opportunity and subject to the minimum wage rates set under the Massachusetts Prevailing Wage Law Chapter 149, §26 to 27H and/or any applicable federal rates. The City reserves the right to waive any informality in or to reject any or all bids when such an action is deemed in the best interests of the City.

Non-responsive and/or unbalanced bids may be rejected.

Thomas P. Koch
Mayor

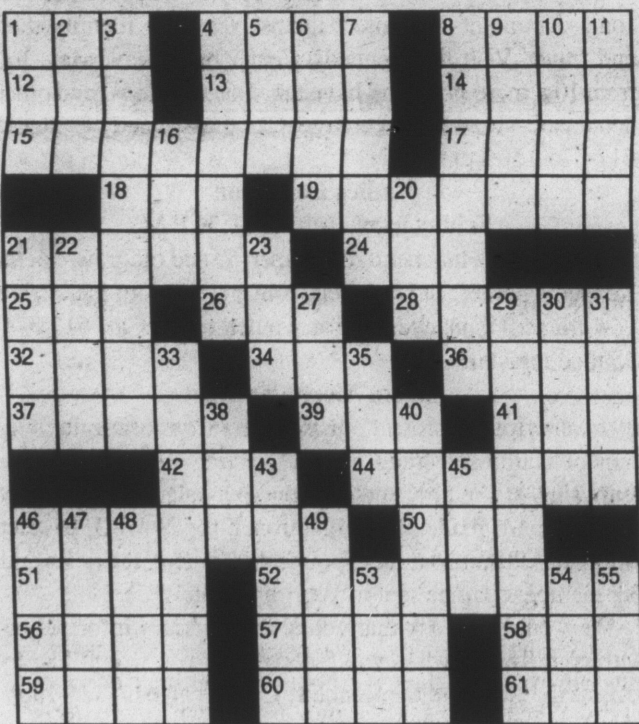
Alfred J. Grazioso
Commissioner of Public Works

3/28/19

SUN FUN PAGE

King Crossword

- ACROSS**
- Jewel
 - Appointment
 - Con job
 - Boxing legend
 - Big story
 - Major
 - Medieval entertainer
 - Anger
 - "— lazy river ..."
 - Extreme
 - Assault
 - Heavy weight
 - Hawaiian neckwear
 - With it
 - Complete range
 - Exam format
 - Illustrations
 - Soybean paste
 - Eastern potentate (Var.)
 - Lummo
 - Profit
 - Needlefish
 - Apienty
 - Graham of "Monty"
- DOWN**
- Leg, slangily
 - Yale student
 - Little details
 - Break off
 - Spring mo.
 - Layer
 - Brilliance
 - Older spelling for a South American country
 - Gator's cousin
 - Largest continent
 - Shoppers' mecca
 - Python
 - Bay State sch.
 - Humdinger
 - Alternatives to station wagons
 - Israeli airline
 - Carbon compound
 - Where (Lat.)
 - Roll up
 - Almost black
 - Knock
 - Hot tub
 - Pooch
 - Lotion additive
 - Expression
 - Sedona auto-maker
 - Expert
 - Labyrinth
 - beast
 - Addict
 - Carry
 - Humorous
 - hoax
 - Playground game
 - Aries
 - Kin
 - Japanese noodles
 - Actress
 - Ullmann
 - Staff leader?
 - Streaming video giant
 - Winged
 - 1492 craft
 - Penultimate mo.
 - Cagers' org.
 - Try the tea



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MAGIC MAZE • APRIL FOOLS' JOKES

V Z W T Q N K H D A X U R P M
R E T S K N A R P Y J G D D A
X V S Q N K T Y N I F D E A X
V T Q O M S N N R J H F C C A
E L B I L L U G Y E C W E U R
P N A L J F T O A H K I P F D
B Z X C V E S U R G T C T R Q
O M K I I H P (HOODWINK)
F D B Z Y M O U W V M T O R A
R Q O R E K O J D N L U N K T
I H F D C A F C Z X A O H X W

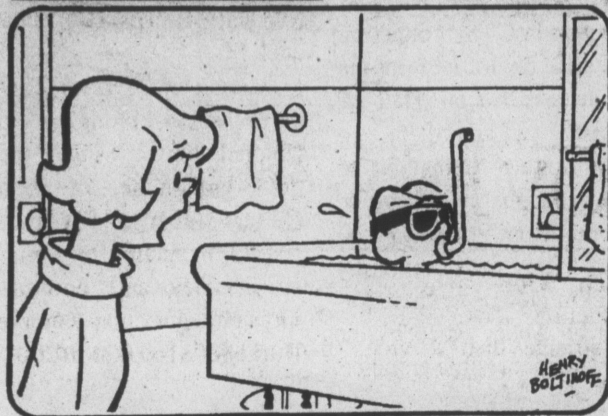
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- | | | | |
|-----------|----------|----------|----------|
| Antic | Funny | Hoodwink | Spoof |
| Comical | Gag | Humorous | Stunt |
| Deception | Gullible | Joker | Trickery |
| Dupe | Hoax | Ruse | |

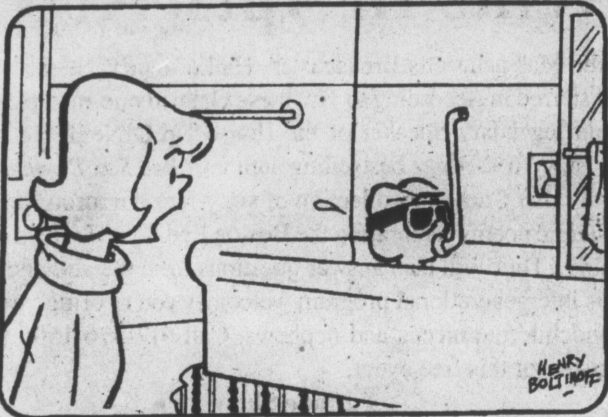
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Towel is missing. 2. Mom's hair is longer. 3. Snorkel is longer. 4. Water in tub is not visible. 5. Puddle is bigger. 6. Soap dish is higher.

Trivia test

by Fifi Rodriguez

- MOVIES:** Which film with a literary title won the 1999 Oscar for Best Picture?
- ANATOMY:** What gives red blood cells their color?
- FOOD & DRINK:** What spice gives Hungarian goulash its characteristic flavor?
- HISTORY:** Who were the two women who tried to assassinate President Gerald Ford on two separate occasions in 1975?
- ANIMAL KINGDOM:** What is a group of swine called?
- ASTRONOMY:** Which planet in our solar system (other than Earth) is known as the "Blue Planet"?
- LANGUAGE:** What does the Latin word "veto" mean?

- Answers
- "Shakespeare in Love"
 - Hemoglobin
 - Paprika
 - Sara Jane Moore and Lynette "Squeaky" Fromme
 - A sounder
 - Neptune
 - To forbid or prohibit
 - Bamboo
 - "The Chronicles of Narnia"
 - William Broad

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Wishing Well®

5 2 8 6 4 6 4 2 6 5 2 8 7
C A A B F I O C N H H S M
3 4 6 7 5 7 3 5 8 3 2 5 2
S L D O A R K R U I A M N
4 8 5 2 7 2 5 6 5 7 6 2 5
L C E G A E N I H L N O A
2 5 8 4 3 5 7 4 8 4 6 5 4
F N C O P C E W E Y G E O
6 2 6 5 6 2 8 6 2 6 8 2 8
O H F D T O S I M E S E F
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S U N I O L S U H R T H D
4 3 4 8 7 3 7 8 4 3 4 3 7
U H N A I G Y C N H G H

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) A suggestion from a colleague on how to work out a problem might not sit too well with you. But before you suspect his or her motives, why not just accept it as a friendly gesture?

TAURUS (April 20 to May 20) An associate might seek your counsel on a workplace dispute with another co-worker. Listen to what she or he has to say, but withhold advice until you've heard the other side of the story.

GEMINI (May 21 to June 20) Use your Twin gifts for creativity and practicality to score points in landing an opportunity that could open doors to a new career. Someone returns after a long absence.

CANCER (June 21 to July 22) Although things are pretty hectic through much of the week, some quiet time with loved ones helps restore balance. An unexpected visitor brings welcome news about a mutual friend.

LEO (July 23 to August 22) Getting used to change isn't always easy for the Big Cat. But make the adjustments gradually, and soon you'll hardly remember when things were any different from how they are now.

VIRGO (August 23 to September 22) Continue to stay the course you've chosen, and avoid distractions that could throw you off track. Some knowledgeable folks are happy to provide guidance if you need it.

LIBRA (September 23 to October 22) Although you earned plaudits from most co-workers for your recent stand on a workplace situa-

tion, you also raised the envy quotient among others. Tread carefully for now.

SCORPIO (October 23 to November 21) You feel more positive about that delayed project, and you're ready to pick it up on a moment's notice. However, you might need to re-motivate those who have since lost interest.

SAGITTARIUS (November 22 to December 21) Some welcome news should be coming your way. In the meantime, use that Sagittarius charm to convince some still-reluctant colleagues that your ideas have merit.

CAPRICORN (December 22 to January 19) Don't wait for a misunderstanding to work itself out. Instead, ask for a chance to explain the circumstances before those bruised feelings lead to an irreversible break.

AQUARIUS (January 20 to February 18) A physical problem should be checked out in order to avoid it going from just being a nuisance to something more serious. Your social life takes an unexpected but not unwelcome turn.

PISCES (February 19 to March 20) Yours might be the wisest sign in the Zodiac. But you still could benefit from the wisdom of a close friend who has suggestions on how to handle a perplexing personal problem.

BORN THIS WEEK: Your passion for doing the right thing inspires others to follow your well-trodden path toward justice.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: H equals Y

BQ HMP ALL JLCCBAD QPZLA
LZRKRUBKS QJMZ AMZLUDBKS,
WMPFC HMP WRFF UDLZ JMAL-
WMFMJLC SRALA?

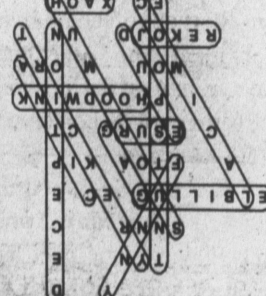
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— King Crossword —
Answers

Solution time: 25 mins.



Magic Maze
ANSWERS:



CryptoQuip

colored bases
could you call them rose
emanating from something
seemly shines not if

M
A
R

2
8

2
0
1
9

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- Glenn Close may have lost her seventh bid for an Oscar, for "The Wife," but she's about to pull out the big guns for next year. She'll finally recreate her Tony Award-winning performance as Norma Desmond in the Andrew Lloyd Webber big-screen musical "Sunset Boulevard." Close is finally the right age (72) to play the forgotten silent-film star, and after winning three Golden Globes, three Emmys (from 14 nominations) and three Tony Awards (one for Norma Desmond in 1994), and reviving "Sunset Boulevard" in 2016 to rave reviews, she's ready. Her 2017 film "The Crooked House," with Max Irons, Terence Stamp and Gillian Anderson, was released in England and Italy but had limited showings in the U.S. Now the Agatha Christie mystery is available on DVD and streaming services such as Amazon Prime.

Benedict Cumberbatch, who lost his Oscar bid in 2014 for the "Imitation Game," then joined the Marvel Universe as "Doctor Strange," can next be seen in "Avengers: Endgame" (due April 26). He is currently filming "Ironbark," co-starring Rachel Brosnahan, who has won an Emmy and two Golden Globes for "The Marvelous Mrs. Maisel." It's the true story of the British businessman who aided the CIA in penetrating the Soviet nuclear program during the Cold War. He and his Russian source, code named Ironbark, provided intelligence that ended the Cuban Missile Crisis in 1962.

Disney is so excited about

"Maleficent: Mistress of Evil" that it has moved up its premiere date. The sequel to the \$760 million blockbuster was originally set to open May 29, 2020, but that's been changed to Oct. 18, 2019. Speaking of sequels, "Suicide Squad 2," the follow-up to the \$746 million-grossing "Suicide Squad," will again star Jared Leto, Margot Robbie and Viola Davis, but Will Smith had to bow out due to a conflict with his next project. Smith has completed a cameo in the Indian comedy "Student of The Year 2" (due May 10), "Aladdin" (out May 24), "Spies In Disguise" (set for Sept. 13), "Gemini Man" (coming Oct. 4) and "Bad Boys for Life" (in theaters Jan. 17, 2020). He'll be replaced by Idris Elba in the "Suicide Squad" sequel.

Leto also will star in the "Spider-Man" spin-off "Morbius" in the title role, with Jared Harris and his "The Crown" co-star, former "Doctor Who" Matt Smith. Elba also appears in "Fast & Furious Presents: Hobbs & Shaw," with Dwayne Johnson, Eiza Gonzalez and Jason Statham.

Everyone wondered why Pauley Perrette, co-star in "NCIS" from 2003-18 would suddenly leave the hit show after 15 years. Now we know why. CBS has asked her to star in its new comedy show, "Broke," and having just turned 50 (March 27), it's time she makes her move. Pauley's fans are doing a pirouette over the news!

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GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ***
★ Moderate ★★ Difficult
*** GO FIGURE!

	÷		+		13
-		+		-	
	x		-		16
x		x		x	
	+		+		17
18		16		18	

1 2 3 5 6 7 8 9

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KOVELS' Antiques & Collecting

By Terry and Kim Kovel

French 'Vide Poche'

An auction catalog called this strange dish a vide poche. It's a French term, but the English translation -- "trinket box," "pin tray," "empty pocket" or "glove compartment" -- wasn't very helpful. It looks like a lopsided bowl made out of cloudy cameo glass with a bug, spiders and leaves molded on both inside and outside. The thick glass is brown, green and orange. It is 6 inches wide, 5 inches in diameter. The bottom has the signature "Daum Nancy" and a cross.

But we know what, where and why it was made. Do you empty your purse or pockets each night? This is a sophisticated storage dish for money and keys used in about 1900, a sort of storage dish for things needed frequently. Daum is a glassmaker who worked in Nancy, France from 1875. The company used the Cross of Lorraine as a mark. This vide poche was estimated at a New England auction for \$4,000 to \$6,000.

Q: How do you tell a reproduction from the original when it comes to a bank? I have a Jonah and the Whale cast iron bank. It reads "Shepard Hardware Co., 1890" on the bottom.

A: The Jonah and the Whale mechanical bank was made by Shepard Hardware Co. of Buffalo, New York. The patent for the design was issued in 1890. Reproduction banks usually are slightly smaller than the originals. Check any iron that has lost its paint. Old cast iron is darker than new cast iron. If

you see any rust, it's new cast iron. Paint on an older bank should show some wear. If the paint on your bank is too bright to be old, it probably is a reproduction. An old, authentic Jonah and the Whale bank sold at auction for \$1,650 in 2016. Reproductions sell for \$50 to \$75.

Q: How much is a book called "National Encyclopedia of Business and Social Forms" worth? It was published in Chicago by G.W. Borland & Co. in 1882. The book has a leather cover.

A: You can buy an 1880 edition of this book for \$30-\$85. The 1882 edition with hard cover, not leather, sells for \$15-\$37.

CURRENT PRICES

Mary Gregory, bell, amber cut to cranberry glass, girl, hills, Fenton, 6 inches, \$20. Rug, hooked, wide striped border, multicolor, grey center, black edge, c. 1900, 39 x 72 inches, \$70. Ceremonial hermit dance mask, painted and carved wood, bearded man, Mexico, 1950s, 10 x 6 inches, \$200.

Silver basket, reticulated, pierced swing handle, repousse, garlands, baskets, swags, Germany, 13 3/4 x 10 1/2 inches, \$600.

TIP: Most old majolica pieces have a colored bottom. The newer pieces have white bottoms.

For more collecting news, tips and resources, visit www.Kovels.com

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Strange BUT TRUE

* It was 20th-century French air force brigadier general and geopolitician -- and bearer of the nickname "father of the French atom bomb" -- Pierre Marie Gallois who made the following sage observation: "If you put tomfoolery into a computer, nothing comes out of it but tomfoolery. But this tomfoolery, having passed through a very expensive machine, is somehow ennobled and no one dares criticize it."

* Fashion historians claim that England's Queen Elizabeth I owned 3,000 of the elaborate dresses popular during her time.

* The Great Pyramid of Cheops in Egypt is so large that its base would cover 10 football fields.

* Without a bottle opener, a drunk homeless man in Belgrade, Serbia, was at a loss as to how to open his beer. So he hit upon the bright idea of using a hand grenade to pop the top. A live hand grenade, as it turned out. He popped his

own top as well, dying in the incident. It's not known how he got the grenade to begin with.

* Human skin is about 70 percent water, and the human brain is 80 percent water.

* At 140,000 square miles, the Papahānaumokuākea Marine National Monument, located (unsurprisingly) in Hawaii, is larger than all the other U.S. national parks put together.

* Those who study such things say that the European starling is one of the world's great mimics. They have the ability to imitate a surprisingly wide variety of sounds, including a dog's bark, a cat's meow, a cow's moo, the songs of 50 other bird species, the drumming of a woodpecker and a ringing telephone.

Thought for the Day: "The reason why so few good books are written is that so few people who can write know anything." -- Walter Bagehot

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Now here's a tip!

by Jo Ann Derson

* "I like to make cubed potatoes for breakfast. To keep it simple to cook in the morning, I boil a big batch on Sunday to use throughout the week. I keep them nice and white by adding a quarter cup of vinegar to the cooking water. You can't taste it at all, and there's no browning, even by Friday." -- J.D. in Florida

* When painting, use a wet travel-size bar of soap to coat the windows (glass only), smearing the soapy residue all over the glass. Let it dry. When you paint, any splatters will land on the soap, which can be easily wiped away when the paint is dry.

* "If you get a new contact via your cellphone, make sure you write it down in a good old-fashioned paper address book. These days, we never dial someone, so we never learn their phone number. If something happened to your phone, you

might lose the telephone numbers of people you want to stay in touch with, especially non-digitally inclined friends and relatives who might be older." -- E.U. in Indiana

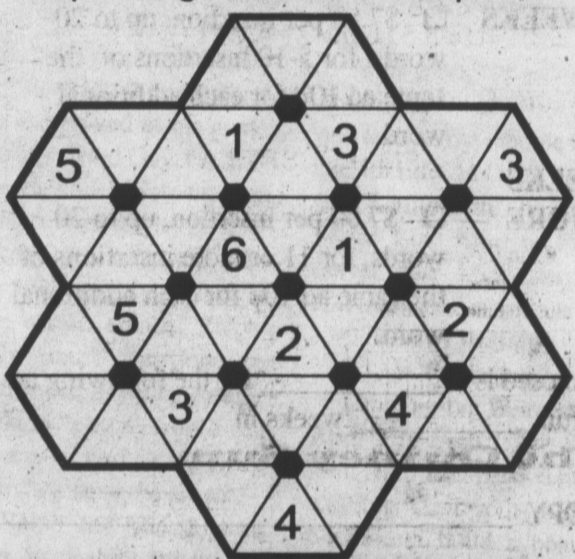
* Sink odor can be real problem, especially if you use a strainer in your sink. Sometimes, we forget to remove it and clean the drain underneath. Make it a point to clean and freshen your kitchen drains weekly by using this quick tip: Microwave several cups of water to boiling. Pour half down your drain, then dump in about 1/2 cup of baking soda. Follow up with a cup of full-strength vinegar (it should bubble and sputter). Wait three minutes, and then add the rest of the hot water. All clean! Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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STICKELERS

by Terry Stickels

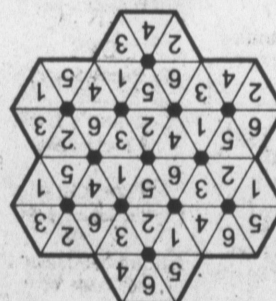
Match the words on the left with their meanings on the right.

1. palimpsest
 2. condole
 3. winnow
 4. perdurable
 5. luxate
- a. To express sympathy for a person who is suffering sorrow.
 - b. To dislocate, to put out of joint.
 - c. To drive or blow away by fanning.
 - d. A manuscript on which two or more successive texts have been written, each being erased to make room for the next.
 - e. Permanent, imperishable.

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SNOWFLAKES

solution



Go Figure!
answers

18	16	18
17	6	9
	x	x
16	5	3
	-	-
13	8	5

Stickelers Answer

1-d, 2-a, 3-c, 4-e, 5-b

CLASSIFIEDS

SERVICES	VENDORS WANTED	SERVICES	SERVICES	SERVICES	SERVICES																																																															
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The Quincy Sun CLASSIFIED AD FORM MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169 PAYABLE IN ADVANCE. Payment must accompany order. <table border="1"> <thead> <tr> <th>RATES</th> <th>INDEX</th> </tr> </thead> <tbody> <tr> <td>1 WEEK</td> <td><input type="checkbox"/> Services</td> </tr> <tr> <td>2-4 WEEKS</td> <td><input type="checkbox"/> For Sale</td> </tr> <tr> <td>5-10 WEEKS</td> <td><input type="checkbox"/> Autos</td> </tr> <tr> <td>11 WEEKS</td> <td><input type="checkbox"/> Boats</td> </tr> <tr> <td>OR MORE</td> <td><input type="checkbox"/> For Rent</td> </tr> <tr> <td></td> <td><input type="checkbox"/> Wanted</td> </tr> <tr> <td></td> <td><input type="checkbox"/> Help Wanted</td> </tr> <tr> <td></td> <td><input type="checkbox"/> Work Wanted</td> </tr> <tr> <td></td> <td><input type="checkbox"/> Pets</td> </tr> <tr> <td></td> <td><input type="checkbox"/> Lost & Found</td> </tr> <tr> <td></td> <td><input type="checkbox"/> Real Estate</td> </tr> <tr> <td></td> <td><input type="checkbox"/> Antiques</td> </tr> <tr> <td></td> <td><input type="checkbox"/> Flea Markets</td> </tr> <tr> <td></td> <td><input type="checkbox"/> Yard Sales</td> </tr> <tr> <td></td> <td><input type="checkbox"/> Instruction</td> </tr> <tr> <td></td> <td><input type="checkbox"/> Day Care</td> </tr> <tr> <td></td> <td><input type="checkbox"/> Personal</td> </tr> <tr> <td></td> <td><input type="checkbox"/> Miscellaneous</td> </tr> </tbody> </table> <p><input type="checkbox"/> Enclosed is \$_____ for the following ad to run _____ weeks in The Quincy Sun. COPY: _____</p> <p>NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.</p>						RATES	INDEX	1 WEEK	<input type="checkbox"/> Services	2-4 WEEKS	<input type="checkbox"/> For Sale	5-10 WEEKS	<input type="checkbox"/> Autos	11 WEEKS	<input type="checkbox"/> Boats	OR MORE	<input type="checkbox"/> For Rent		<input type="checkbox"/> Wanted		<input type="checkbox"/> Help Wanted		<input type="checkbox"/> Work Wanted		<input type="checkbox"/> Pets		<input type="checkbox"/> Lost & Found		<input type="checkbox"/> Real Estate		<input type="checkbox"/> Antiques		<input type="checkbox"/> Flea Markets		<input type="checkbox"/> Yard Sales		<input type="checkbox"/> Instruction		<input type="checkbox"/> Day Care		<input type="checkbox"/> Personal		<input type="checkbox"/> Miscellaneous																									
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CONDUCTOR YOICHI UDAGAWA and the Quincy Symphony Orchestra will present a free family concert that will feature Peter and the Wolf, narrated by local producer and host of QATV, Joseph Catalano, on Sunday, March 31 from 2:30 to 3:30 p.m. in the Lloyd Hill Auditorium of Quincy High School. Peter and the Wolf is a delightful musical composition for children written by Sergei Prokofiev. Catalano will tell the story of how Peter and his animal friends catch a big, grey, hungry wolf while the orchestra 'paints' a musical depiction of the scenes. The shortened concert experience offers an opportunity to introduce children of all ages to symphony orchestra music. Prior to the concert from 1:30 p.m. to 2:15 p.m., musical instruments will be available for the children to try in an "Instrument Petting Zoo." Also on the program is the Marriage of Figaro Overture by Wolfgang Amadeus Mozart and the first movement of Ludwig van Beethoven's Fifth Symphony. Free parking is available at the school located at 100 Coddington St.

Photo Courtesy Quincy Symphony Orchestra

April Events, Activities For Children At Crane Public Library

Cont'd From Page 12

period or event it takes place during and pick out a non-fiction book about that time period or event. No need to read the nonfiction cover-to-cover; Use your nonfiction book to give you some context for what's going on in your historical fiction book. You could even use one of our history databases! Join us in April to tell us all about the book you read and the time period!

Too busy to join us this month? Stop by the library anytime to find out what we'll be doing next and join us then.

Mother Goose Toy Time for ages 9 to 23 months

Come to the library on Tuesday, April 16th at 10 a.m. for a free playtime session with your baby, ages 9-23 months, full of age appropriate toys and activities plus socializing with other children and caregivers.

A fun time for all and a chance to practice large and small muscle development. This program is for children ages 9-23 months accompanied by an adult.

Children's Movie Matinee @ Adams Shore - Wreck-It Ralph double feature

Join us at the Adams Shore Branch on Tuesday, April 16th at 10 a.m. for a showing of Wreck-It Ralph and again at 2:30 p.m. for Ralph Breaks the Internet.

Wreck-It Ralph longs to be as beloved as his game's perfect Good Guy, Fix-It Felix. He sneaks into the game with a simple plan -- win a medal -- but soon wrecks everything nearly destroying the whole arcade. Ralph's only hope? Vanellope von Schweetz, a young trouble-making "glitch" from a candy-coated cart racing game. Can they save the arcade?

Ralph and Vanellope return in Ralph Breaks the Internet this time they need to travel to the Internet via the newly-installed Wi-Fi router in Litwak's Arcade to

retrieve the piece capable of saving Vanellope's game.

Each film Rated PG Runtime approximately 100 min Springtime Grab Bag Crafts @ North Quincy

Grab Bag Crafts is a self directed drop-in craft program for all ages. Mystery spring themed craft packs will be available from 2 to 4 p.m. on Tuesday, April 16th and Wednesday, April 17th. Stop by and spend some time crafting or take a grab bag home with you to work on later. All ages welcome most projects can be made by children as young as two with some parental help.

Dungeons and Dragons Encounters

New and experienced players ages 10 to 15 are invited to join us on Tuesday, April 16th at 7 p.m. in the Main Library Children's Room for this introduction to D&D 5th edition game play. Take on the role of a fantasy hero in this monthly Dungeons and Dragons game.

We will help you customize an Adventurer's League D&D character you can use both in our monthly adventures and at other D&D Organized Play. If this is your first time joining the group please arrive early, about 6:45 p.m., to create your character so we'll be ready to play when everyone else arrives.

Your group of adventurers will start out at level one and take on the module from the 5th Edition D&D Starter Set. Unravel the mysteries of the Lost Mine of Phandelver and what monsters and treasures lie within!

LEGO Building at Wollaston

Drop in on Wednesday, April 17th from 1:30 - 8:30 p.m. for free-play LEGO building. Grab some LEGO bricks and build a boat, a spaceship, a double-decker couch - anything you want, then toss them back and try to make something else. LEGOs must be returned by

the end of the program, sorry! Parents please note that regular LEGO, are intended for children ages 5 and older, DUPLO and other building toys will be available for younger children.

Food Lab Science

Do you love playing with your food? Children ages 5-8 accompanied by an adult are invited to join us on Thursday, April 18th at 10 a.m. for some messy food science as we make playdough out of marshmallows peeps!

Registration is required and is limited to Quincy residents. Registration begins Monday, April 1st at 9 a.m. online at thomascranepubliclibrary.org, by phone at 617-376-1300 ext. 4 or in person at the Main Library Children's Room. This program is for children ages 5-8.

DRESS TO GET MESSY. If allergies are a concern contact the children's room at 617-376-1300 x4 for a list of the ingredients used in this program.

Children's Movie Matinee @ NQ-

Mary Poppins Returns

Join us at the North Quincy Branch on Thursday, April 18th at 2 p.m. for a showing of Mary Poppins Returns.

Mary Poppins returns during Michael's most desperate hour to lend him a helping hand. With his house in danger of being repossessed, she whips up a little magic to remind him of the importance of family.

Rated PG Runtime 130 min

Preschool Discovery @ Adams Shore

Drop by the Adams Shore Library with your preschooler, ages 3-5, any time between 3 and 4 p.m. on Thursday, April 18th to do some fun simple science together. Activities, experiments and instructions will be provided for science you can do with your child.

Explore the Ocean.

This month we'll be sorting shells, getting a close look at sand, eating like whales, and maybe even making our own waves!

Join us for this new monthly science program at Adams Shore on the third Thursday of each month for science fun.

Concert with Rick Goldin

Join local musician, Rick Goldin, on Saturday, April 20th at 10:30 a.m. for a fun filled family concert.

Rick's "I like to Read" concert features songs about books, reading and going to the library. This highly participatory concert includes an appearance by Rick's singing animal puppets and will have the audience singing, dancing and laughing

along.

This is a concert the whole family will love but is especially suited to preschoolers accompanied by an adult.

Saturday Storytime @ North Quincy

Join children's librarian Cathy deVeer and Quinn Z. Bear at the North Quincy Branch, on Saturday, April 27th at 10 a.m. for a Spring Storytime full of stories, songs and more.

This program is for children ages 2-5 accompanied by an adult. No registration required.

Preschool Discovery @ North Quincy

Drop by the North Quincy Library with your preschooler any time between 11 a.m. and 12 p.m. on Sat-

urday, April 27th to do some fun simple science together. Activities, experiments and instructions will be provided for science you can do with your child.

Explore the Ocean.

This month we'll be sorting shells, getting a close look at sand, eating like whales, and maybe even making our own waves!

Celebrate Superhero Day

Celebrate Superhero Day, Saturday, April 27th with a special Superhero storytime at 10 a.m. After our stories participants will have a chance to design their own superhero mask and cape.

All programs sponsored and supported by the Friends of the Thomas Crane Public Library.

QUINCY SYMPHONY ORCHESTRA

Sunday, Mar. 31, 2019 at 2:30 pm

Lloyd Hill Performing Arts Center
at Quincy High School
100 Coddington St, Quincy, MA 02169

Family Concert

Instrument Petting Zoo 1:30 - 2:15 pm

MOZART
Marriage of Figaro Overture

BEETHOVEN
Symphony No. 5, 1st mvt

PROKOFIEV
Peter and the Wolf
Joe Catalano of QATV narrator

Admission to QSO classical concerts is free, however a suggested donation of \$20/\$15 for seniors/students is greatly appreciated.

FAMILY
CONCERT 2019



For more information about the upcoming season:
call 800-579-1618 or
visit us at www.quincysymphonyorchestra.org



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Quincy Mutual Group Adams National Historic Park Quincy Police Department
South Shore YMCA Quincy Retired Teachers Association Star Market/Shaw's Supermarkets

Quincy Credit Union
State Street Corporation
South Shore Bank
Quincy Education Association
Quincy Symphony Orchestra
Quincy Fire Department
Quirk Auto Dealers

**Our
Staff and Students
Appreciate
Your Generosity!**

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Roche Brothers Supermarkets
The Ink Spot
Quincy Lodge of Elks
The Tirrell Room
Quincy Rotary Club
MountainOne Bank

Brewster Ambulance Service Quincy After-School Child Care, Inc. South Shore Hospital
Stephen J. Wessling Architects Stop and Shop Companies Bank of Canton Cape Breton Company
Cradles to Crayons Norfolk County District Attorney TD Bank Tiles by Perfection
Quincy Lions Club BlueCross BlueShield of MA Boston Scientific Corporation W. B. Mason
New England Aquarium Common Market Restaurants Dependable Cleaners National Grid
Granite Telecommunications Granite Medical Group Montilios Bakery Twin Rivers Technologies
Century 21 Abigail Adams George G. Burke, Esq. Callahan Construction Quincy College
Quincy Access Television Mass Bay Credit Union Peak Physical Therapy and Sports Performance
South Shore Career Centers Quincy Chamber of Commerce Horace Mann Companies

Partners Providing Pathways

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